OKAY To compost



Fruits/veggies, Nutshells, Egg Shells, Tea Bags, Coffee Grounds, Leaves, Wood Chips, Grass Clippings, Paper, Shredded Paper, Chipboard, Cotton cloths.





Dairy products, Oily foods, cooking oil, baked goods and pastries, meat, bones, fish scraps, dog or cat waste, plastic looking items, receipts.



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Ocean County Board of Chosen Freeholders

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What is Compost?

Compost looks like soil. If you let vegetables, fruits, leaves, and grass rot in a pile, they will turn in to compost.

Why is it Good to Compost?

It's good for the Planet because:

- The nutrients on the compost will help the plants and the soil.
- Reduces the waste that will go to the Landfill.
 - You can put compost in your garden to help plants grow!

How can I compost?

You can fill outdoor bins with leaves, grass, and dead plants and don't forget your veggie scraps!

Worm Composting

Yes! You can also use the help of worms to compost, it is called vermicomposting. Red worms need a dark bin as home, damp shredded newspaper as their blanket, and food scraps as food. They will work their magic and create Compost!



Greens



Browns





Some other things you can compost

Halloween pumpkins - bunny and hamster waste - toilet paper tubes, flowers, natural fabric like cotton.

Smaller pieces break down faster and remember to cover the last layer with dry material like paper, leaves or hay.

