



TOMS RIVER - OCEAN COUNTY CHAMBER OF COMMERCE

*Invites you to attend*

## **SUPERSTORM SANDY SEMINAR SERIES**

### **Transitioning to the New Normal**

- Understanding the impacts of Traumatic events on community
  - Health means of coping
    - Ways to support
  - Healing process following natural disaster
    - How do I begin the rebuilding process?
- How do I begin raising, rebuilding or repairing in play?
  - How do I pay for it all?
- Are there grants and incentives to help me?

Presented by:

Susan Calavano, *Mental Health Advisor*  
*Ocean Mental Health Initiatives*  
& Brian Murphy, *Engineer*

Monday, March 25, 2013

5:30 p.m. - 7:30 p.m.

at

**Aqua Blu Kitchen & Cocktails Restaurant**  
3410 Route 37, Toms River, NJ

***SEMINAR IS FREE TO ATTEND***

