







# The Road Back: Restoring Economic Health through Public Health



◀◀ If health metrics develop unfavorably, measures from the maximum restrictions stage or stages 1, 2, 3 may be reinstated

	Maximum restrictions	STAGE 1	STAGE 2	STAGE 3	New normal
<b>What is happening?</b>	Strict social distancing Non-crucial industries closed	Restrictions relaxed on low-risk activities that may be easier to safeguard	Moderate-risk activities restarted with safeguarding	Higher-contact activities restarting with significant safeguarding	Widespread use of vaccine or life-saving treatment In-person work can resume for all Measures from previous stages may be swiftly reinstated if health conditions deteriorate
<b>Which precautions apply across stages?</b>	Work that can be done from home should be done from home	Clinically high-risk individuals who can stay at home should do so	Residents and businesses should follow state and federal safeguarding guidelines:  Wash hands regularly  Respect social distancing  Disinfect workplaces  Wear masks in public  Limit gatherings  No mass gatherings		
<b>Which businesses are open?</b>	Crucial industries with safeguarding and modifications, e.g., emergency healthcare, essential construction with social distancing	Easiest to safeguard work activities with safeguarding and modifications, e.g., non-essential construction with protections, curbside retail	More work activities allowed with safeguarding and modifications, e.g., outdoor dining, limited personal care	Most work activities allowed at physical locations with safeguarding & modifications	
<b>Which social activities are allowed?</b>	<ul style="list-style-type: none"> <li>Socialization only with household members, family, caretakers, romantic partner</li> <li>Only leave home for limited reasons such as essential shopping and exercise</li> </ul>	<ul style="list-style-type: none"> <li>Outdoor recreation (e.g., hiking) and beach visits allowed with social distancing</li> <li>Other limited activities may be allowed with significant restrictions, e.g., drive-in activities</li> </ul>	<ul style="list-style-type: none"> <li>More activities with proper safeguards, capacity limitations, and sanitation protocols may reopen, e.g., libraries and museums</li> </ul>	<ul style="list-style-type: none"> <li>Higher-density settings may be considered with safeguards, e.g., limited entertainment, bars with limited capacity</li> </ul>	
<b>Are childcare and education operating?</b>	<ul style="list-style-type: none"> <li>Child care open for children of essential workers</li> <li>K-12 and higher education engaged in distance learning</li> </ul>	<ul style="list-style-type: none"> <li>Child care may expand with capacity restrictions</li> <li>K-12 and higher education engaged in distance learning</li> </ul>	<ul style="list-style-type: none"> <li>Child care may expand with capacity restrictions</li> <li>Potential for some in-person learning with modifications in K-12 and higher education</li> <li>Summer school and summer camps may have limited in-person engagement if health conditions improve</li> </ul>	<ul style="list-style-type: none"> <li>Child care likely open for most</li> <li>K-12 and higher education may operate in person with reduced capacity</li> <li>Day and summer camps likely open for all with safeguards and modifications</li> </ul>	
<b>Is public transit available?</b>	<ul style="list-style-type: none"> <li>Public transit with enhanced safeguards (e.g., regular vehicle disinfection) encouraged only for essential workers</li> <li>Service may be modified with off peak travel encouraged</li> <li>Personal protection measures, e.g., social distancing, face coverings</li> </ul>	<ul style="list-style-type: none"> <li>Public transit with enhanced safeguards (e.g., regular vehicle disinfection) encouraged only for those who cannot work from home</li> <li>Service may be modified with off peak travel encouraged</li> <li>Personal protection measures, e.g., social distancing, face coverings</li> </ul>	<ul style="list-style-type: none"> <li>Public transit with enhanced safeguards (e.g., regular vehicle disinfection) encouraged only for those who cannot work from home</li> <li>Service may be modified with off peak travel encouraged</li> <li>Personal protection measures, e.g., social distancing, face coverings</li> </ul>	<ul style="list-style-type: none"> <li>Public transit with enhanced safeguards (e.g., regular vehicle disinfection) is no longer discouraged for any passengers</li> <li>Service may be modified with off peak travel encouraged</li> <li>Personal protection measures, e.g., social distancing, face coverings</li> </ul>	
<b>How do I take care of my loved ones and myself?</b>	<ul style="list-style-type: none"> <li>I stay at home as much as possible and check in virtually with my loved ones</li> <li>When I have to go outside, I wear a mask and stay 6ft away from others</li> <li>I call a doctor in the event of fever, cough, or shortness of breath</li> </ul>	<ul style="list-style-type: none"> <li>I stay at home as much as possible and check in virtually with my loved ones</li> <li>When I have to go outside, I wear a mask and stay 6ft away from others</li> <li>I have access to elective healthcare</li> <li>I call a doctor in the event of fever, cough, or shortness of breath</li> </ul>	<ul style="list-style-type: none"> <li>I continue to stay at home for the majority of my time</li> <li>I engage in small social activities with a limited circle of friends and family</li> <li>I can engage in some outdoor activities with social distancing</li> <li>I call a doctor in the event of fever, cough, or shortness of breath</li> </ul>	<ul style="list-style-type: none"> <li>I follow all safety guidelines posted in public spaces, e.g., I anticipate and respect capacity limits at my local restaurants</li> <li>I call a doctor in the event of fever, cough, or shortness of breath</li> </ul>	

## WHAT DRIVES STAGES?



**Health indicators:**  
New cases; hospitalizations; use of ICU; use of ventilators



**Availability of testing and contact tracing capacity per 100,000 residents**



**Healthcare system resiliency (beds, health workers, PPE)**



**Ability to effectively safeguard workplaces**



**Safeguarded child care, education, transit availability**



**Compliance of individuals and employers**