



CHILDREN'S BEHAVIORAL HEALTH SERVICES IN OCEAN COUNTY

- I. Traumatic Loss Coalition
- II. Community Mental Health Centers
- III. Family Support Organization
- IV. Mobile Response & Stabilization Services
- V. Psychiatric Emergency Screening Services
- VI. CCIS Hospitalization
- VII. Contracted Systems Administrator
- VIII. Case Management
- IX. Ocean Resource Net

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TRAUMATIC LOSS COALITION (TLC)



Karen Bright

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TRAUMATIC LOSS COALITION (TLC)

- Coordinated response to traumatic loss incidents in the community and support/backup to existing district crisis teams
- Training on suicide risk assessment, managing sudden traumatic loss and crisis, and development of crisis management plans, etc.
- Assistance to school districts in developing protocols and materials/handouts
- E-mailing List – email OceanTLC@aol.com to join

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TRAUMATIC LOSS COALITION (TLC)

- Referrals: Call
 - Karen Bright/PESS at 1-866-904-4474
 - County Dept of Human Services at 732-506-5374
 - State TLC at UMDNJ at 732-235-2810
- TLC and Emergency Response Committee meets on the 3rd Wednesday
- Volunteer and get training for NJ Disaster Response Crisis Counselor Certification at www.njdrcc.org
- TLC statewide training calendar:
<http://ubhc.umdj.edu/brti/TLC.htm>

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COMMUNITY MENTAL HEALTH CENTERS

Ocean Mental Health Services

Preferred Behavioral Health of NJ
and Preferred Children's Services

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PREFERRED BEHAVIORAL HEALTH OF NJ (PBH)

Leisha Thompson

- SAIL Partial Care Program
- RIPTIDE Intensive Outpatient Program
- Outpatient Counseling and Psychiatric Services

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PBH – SAIL PARTIAL CARE

- Intensive treatment program 4 days per week during after school hours
- Referrals: Call 732-367-1710
- Eligibility: Between 13 and 18 years of age
- Activities available:
 - Psychiatric evaluations & assessments,
 - medication monitoring, - Substance abuse prevention & education
 - individual & group counseling, - case management,
 - family therapy, - information & referral,
 - social/recreational activities, - transportation,
 - psychoeducation, - specialized summer programming



PBH – RIPTIDE PROGRAM

- Intensive substance abuse outpatient program 4 days per week
- Referrals: Call 732-367-1710
- Eligibility: Between 13 and 18 years of age
- Activities available:
 - Substance abuse assessments - Case management
 - Psychoeducation - Information & referral
 - Individual & group counseling - Social/recreational activities
 - School component: certified special ed teacher on-site - Transportation
 - Family therapy - Specialized summer program
 - Monthly parent group - Psychiatric evaluation if needed

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PBH – OUTPATIENT AND PSYCHIATRIC SERVICES

- Counseling and psychiatric services
- Referrals: Call 732-367-4700
- Eligibility: Resident of Ocean County
- Activities available: Individual, family and group counseling, psychiatric evaluations, and medication monitoring
- Some insurances accepted, Medicaid, NJ Family Care, and sliding fee scale available

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OCEAN MENTAL HEALTH SVCS (OMHS)

Terri Broo

- Bayside Partial Care Program
- Outpatient Counseling and Psychiatric Services
- Turnaround Substance Abuse Services
- Ocean Academy

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OMHS – BAYSIDE PARTIAL CARE

- Intensive treatment program 5 days per week during after school hours
- Referrals: Call 732-349-1977 x203
- Eligibility: Between 12 and 17 years of age
- Activities available:
 - Psychiatric evaluations & assessments,
 - medication monitoring, - substance abuse assessment & treatment,
 - individual & group counseling, - case management,
 - family therapy, - information & referral,
 - social/recreational activities, - transportation,
 - psychoeducation, - specialized summer program



OMHS – OUTPATIENT AND PSYCHIATRIC SERVICES

- Counseling and psychiatric services
- Referrals: Call 732-575-1111 for Access Worker
- Eligibility: Resident of Ocean County
- Activities available: Individual, family and group counseling, psychiatric evaluations, and medication monitoring
- Some insurances accepted, Medicaid, NJ Family Care, and sliding fee scale available



OMHS – TURNAROUND SUBSTANCE ABUSE SERVICES

- Outpatient substance abuse counseling for youth and young adults
- Referrals: Call 732-349-1977 x170
- Eligibility: Adolescents aged 12 – 17 and their caregivers, Young adults aged 18 – 24 years
- Activities: Substance abuse screening and assessments, and psycho-education

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OMHS – OCEAN ACADEMY

- A out-of-district school environment for students with emotional and behavioral needs
- Referrals: Call 732-505-2260
- Eligibility: Classified students age 8 – 19 whose emotional and behavioral challenges impact their academic performance. Atlantic, Burlington, Middlesex, Monmouth and Ocean Counties.
- Activities: Education and individual, group, family counseling, case management, as indicated by the student's IEP

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FAMILY SUPPORT ORGANIZATION

Janet Simmons

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FAMILY SUPPORT ORGANIZATION (FSO)

- Peer to Peer Support
 - One to One support for parents by parents
 - Available to families involved with the CMO
 - Referrals through Perform Care: 1-877-652-7624
- Statewide Parent Advocacy Network (SPAN) Family Resource Specialist
 - Educational advocacy and advice
 - Available on Mondays 609-693-4121
- “Warm” line
 - Open to all families
 - Not a crisis hotline or counseling
 - Call 609-693-4121
- Educational trainings and workshops
 - Visit calendar at www.ocfso.org

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FAMILY SUPPORT ORGANIZATION (FSO)

- Support groups
 - Open to all families
 - Refreshments and childcare usually available
 - 2nd & 4th Tuesdays, 7–9p at the Emmanuel Baptist Church in Bayville
 - 2nd Wednesdays, 6:30 – 8:30p at Ocean Partnership, Brick
 - Stipend for volunteer parent facilitator
 - Call FSO at 609-693-4121

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FSO – YOUTH PARTNERSHIP

- Youth aged 13 to 18 with social, emotional or behavioral challenges
- Parents refer to Nicole Kelly, Youth Coach Leader, at 609-693-4121
- Support groups and social, volunteer and educational opportunities
- Group meets on the 1st, 2nd & 4th Wednesdays monthly, 6:30- 8:30 pm at Christ Episcopal Church, Toms River

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MOBILE RESPONSE & STABILIZATION SERVICES (MRSS)

Judy De Francesco
Beige Malcolm

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MOBILE RESPONSE & STABILIZATION SERVICES

- Immediate outreach to children with urgent behavioral issues within 1 hour of call
- Immediate de-escalation, assessment and safety planning
- Up to 8 weeks of crisis stabilization services: ongoing assessment, intervention and linkage to appropriate resources

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MOBILE RESPONSE & STABILIZATION SERVICES

- Referrals: Call PerformCare at 877-652-7624
- Questions/More Info: local office at 732-244-3002
- Available 24/7/365
- Parents/Guardians must make the call, but school personnel can assist and give information
- PerformCare determines if case meets eligibility requirements, then transfers the case to local MRSS office
- Local office will dispatch immediately within 1 hour, or within 24 hours at family's request

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MOBILE RESPONSE & STABILIZATION SERVICES

Eligibility:

- Age 5 – 17, with exceptions
 - Up til 21st bday if involved before 18th bday
- Behavioral issues that place the child at risk for losing their placement
- Diagnosis or classification not required

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PSYCHIATRIC EMERGENCY SCREENING SVCS (PESS)

Karen Bright

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PSYCHIATRIC EMERGENCY SCREENING SERVICES (PESS)

- PESS assesses people in crisis to determine danger to self or others *due to mental illness*
 - Assesses need for psychiatric hospitalization
 - Ages 6 to 106
 - Does not include addiction, behavioral issues, developmental issues
- Crisis workers or certified screeners available at every hospital 24/7
- Mobile Outreach capacity
- Off-site capacity for children at Barnabas Behavioral Health (Shoreline) with appointment
- Referrals: **Call ahead** to 866-904-4474 or 732-886-4474
- Utilization by all schools across the county

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PSYCHIATRIC EMERGENCY SCREENING SERVICES (PESS)

- Calling ahead is **VERY** important, because:
- Another less invasive service may be more appropriate
- To triage to most appropriate & fastest location for screening (Kimball, Community, Barnabas Behavioral, school, home, etc.)
- To gather vital collateral info from school
 - Why is the child referred? What are the concerns? How is the child performing academically, socially, with attendance? Do they visit the nurse often? Etc.
 - If not offered, assessment will go on without it. Or the family will wait longer in the ER while calls are made.

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PSYCHIATRIC EMERGENCY SCREENING SERVICES (PESS)

- Prefer to see children out of ER
- 4 Family Child Clinicians
 - Most days at least 1 is scheduled
- There is no screening law for children 17 & under
- Parental consent is required
 - Only if there is significant risk, DYFS may need to be contacted if parents refuse screening
- There is no commitment law for children 17 & under
- Parents must agree with hospitalization

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PSYCHIATRIC EMERGENCY SCREENING SERVICES (PESS)

- PESS cannot provide information without signed parental consent to release information
 - For drug screens, children 14+ must also sign release
 - Threats to others may necessitate legal action and referral to Prosecutor or Police – “Duty to Warn”
- PESS cannot guarantee safety
 - A letter will not be given to the school or parents stating that someone will be safe in the future

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CCIS PSYCHIATRIC HOSPITALIZATION



Debra Johnson-Soviero

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CCIS PSYCHIATRIC HOSPITALIZATION

- Regional Acute Inpatient Unit - Monmouth Medical Center
- Referrals from PESS/Emergency Services only
- Intensive treatment & stabilization to males/females 5 -17 years old who (at admission) are at risk for harming themselves, others &/or property
- A psychiatric assessment is completed. Using various treatment modalities the child/adolescent is stabilized and discharged with community supports
- Treatment team: Child/Adolescent Psychiatrist, Charge Nurse, Psychiatric Social Worker, Clinical Pharmacist, Mental Health Associates and Insurance Case management
- Average Length of Stay: 5 to 7 days
- Regional Response Coordinator is available to families during and after discharge for resource education and systems advocacy
- For info, Contact Debbie Johnson Soviero at 732-923-6927 ²⁹



CCIS PSYCHIATRIC HOSPITALIZATION

CCIS Educational Tutoring

- Classroom style with certified teacher
- Must be approved by district *beforehand*
- Also requires parent/guardian signed approval
- Parental approval for tutoring will not substitute for release of records
- Release signed by parents should be fax to assigned social worker at 732-923-6926
- All hospital records must be requested through: Medical Records, Monmouth Medical Center, 200 Second Ave., Long Branch, NJ 07740 ³⁰

SYSTEM OF CARE

Perform Care of NJ

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PERFORM CARE, CONTRACTED SYSTEMS ADMINISTRATOR

- PerformCare is the Contracted Systems Administrator (CSA) for the DCBHS System of Care (used to be Value Options)
- Acts as the gatekeeper for services, authorizes Mobile Response and needs assessments
- Toll Free: 1-877-652-7624 (same number)
- Also maintains statewide information management system

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PERFORM CARE, CONTRACTED SYSTEMS ADMINISTRATOR

- Parents or guardians must initiate the referral
- School personnel can be “on the line” to assist families and provide information
- Mobile Response may be dispatched in 1 hour
- Needs Assessment performed by licensed clinician within 10 days
- Recommendation for level of care and a Treatment Plan made within 5 days of assessment
- Level of care may include: outpatient counseling, mentoring, case management, residential treatment, etc.

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SYSTEM OF CARE CASE MANAGEMENT



**Victoria Azzopardi &
Brianna Starkey**
Care Management Organization &
Youth Case Management

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CASE MANAGEMENT – YCM AND CMO

- Case or Care Management
 - Develops a treatment plan
 - Links families to relevant and appropriate services
 - Helps coordinate and monitor those services
 - Can be creative in developing a plan to support a youth and family's needs and strengths
- Call PerformCare to refer: 1-877-652-7624
- Moderate (YCM) or High (CMO) intensity of services

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CASE MANAGEMENT – YCM AND CMO

YCM

CMO

Ages 5 to 17 (up til 21 st bday if involved before 18 th bday)	
"May" have DSM-IV diagnosis	
Child Family Team model	
Moderate intensity	High intensity
~22 cases/ caseworker	10 cases/ care manager
No cap	Maximum 200 slots
3 to 6 month stay	6 to 18 month stay

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OCEAN RESOURCE NET



Victoria Azzopardi

www.OceanResourceNet.org

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