

# WELCOME BACK

October 30, 2009

BEHAVIORAL HEALTH SERVICES,  
CHILD PROTECTIVE SERVICES AND  
EDUCATION SYSTEMS PARTNERSHIP

Behavioral Health  
Module



---

---

---

---

---

---

---

---

# AGENDA

## BEHAVIORAL HEALTH TRAINING

- I. Video "Waves of Change"
- II. Community Mental Health Centers
- III. Family Support Organization
- IV. Traumatic Loss Coalition
- V. Psychiatric Emergency Screening Services and CCIS Hospitalization
- VI. Mobile Response & Stabilization Services
- VII. Contracted Systems Administrator
- VIII. Intensive In-Community Services
- IX. Behavioral Assistance
- X. Case Management
- XI. Ocean Resource Net

2

---

---

---

---

---

---

---

---

# PACKETS

- I. Powerpoint
- II. PESS Do's and Don'ts
- III. SAMHSA Fact Sheets:
  - I. ADHD, Anxiety, Bipolar, Conduct Disorder, Major Depression, Schizophrenia
  - II. How to Pay for Mental Health Services
  - III. Warning Signs in Teens
  - IV. How Do You Feel? Coloring Book
- IV. Training Evaluation Form (green)
- V. Pre-test (blue)

3

---

---

---

---

---

---

---

---

## OUR GOAL

To inform you of the public behavioral health services that are available, and the methods by which they can be accessed.

4

---

---

---

---

---

---

---

---

## WAVES OF CHANGE

<http://www.youtube.com/watch?v=W3Uf3XhllzQ>

Northern Kentucky youth reduce the stigma surrounding children's mental health by sharing their own experiences and discussing how others should be treated

5

---

---

---

---

---

---

---

---

## COMMUNITY MENTAL HEALTH CENTERS

Ocean Mental Health Services

Preferred Behavioral Health of NJ and Preferred Children's Services

6

---

---

---

---

---

---

---

---

# PREFERRED BEHAVIORAL HEALTH OF NJ (PBH)

Leisha Thompson

- SAIL Partial Care Program
- RIPTIDE Intensive Outpatient Program
- Outpatient Counseling and Psychiatric Services

7

---

---

---

---

---

---

---

---

## PBH – SAIL PARTIAL CARE

- Intensive treatment program 5 days per week during after school hours
- Referrals: Call 732-367-1710
- Eligibility: Between 12 and 18 years of age
- Activities available:
  - Psychiatric evaluations and assessments,
  - medication monitoring,
  - individual and group counseling,
  - family therapy,
  - social/recreational activities,
  - psychoeducation,
  - Substance abuse prevention and education
  - case management,
  - information and referral,
  - transportation,
  - specialized summer programming

8

---

---

---

---

---

---

---

---

## PBH – RIPTIDE PROGRAM

- Intensive substance abuse outpatient program 5 days per week
- Referrals: Call 732-367-1710
- Eligibility: Between 13 and 18 years of age
- Activities available:
  - Substance abuse assessments
  - Psychoeducation
  - Individual and group counseling
  - School component with certified special ed teacher on-site
  - Family therapy
  - Monthly parent group
  - Case management
  - Information & referral
  - Social/recreational activities
  - Transportation
  - Specialized summer programming
  - Psychiatric evaluation if needed

9

---

---

---


---

---

---

---

---



### PBH – OUTPATIENT AND PSYCHIATRIC SERVICES

- Counseling and psychiatric services
- Referrals: Call 732-367-4700
- Eligibility: Resident of Ocean County
- Activities available: Individual, family and group counseling, psychiatric evaluations, and medication monitoring

10

---

---

---


---

---

---

---

---



### OCEAN MENTAL HEALTH SVCS (OMHS) Susan Calavano

- Bayside Partial Care Program
- Outpatient Counseling and Psychiatric Services
- Theraplay
- Turnaround Substance Abuse Services
- Ocean Academy

11

---

---

---


---

---

---

---

---



### OMHS – BAYSIDE PARTIAL CARE

- Intensive treatment program 4 days per week during after school hours
- Referrals: Call 732-349-1977 x203
- Eligibility: Between 12 and 17 years of age
- Activities available:
  - Psychiatric evaluations and assessments,
  - medication monitoring,                      - substance abuse assessment and treatment,
  - individual and group counseling,                      - case management,
  - family therapy,    - information and referral,
  - social/recreational activities,                      - transportation,
  - psychoeducation,    - specialized summer programming

---

---

---


---

---

---

---

---



### OMHS – OUTPATIENT AND PSYCHIATRIC SERVICES

- Counseling and psychiatric services
- Referrals: Call 732-349-5550 for Access Worker
- Eligibility: Resident of Ocean County
- Activities available: Individual, family and group counseling, psychiatric evaluations, and medication monitoring

13

---

---

---

---

---

---

---

---



### OMHS – THERAPLAY

- Individual and group treatment for very young, emotionally disturbed children and their caregivers
- Referrals: Call 732-349-3535
- Eligibility: Children ages 3 – 6 years
- Activities: Play therapy, parent training and support groups, individual therapy and family services

14

---

---

---


---

---

---

---

---



### OMHS – TURNAROUND SUBSTANCE ABUSE SERVICES

- Outpatient substance abuse counseling for youth and young adults
- Referrals: Call 732-349-5550
- Eligibility: Adolescents aged 12 – 17 and their caregivers, Young adults aged 18 – 24 years
- Activities: Substance abuse screening and assessments, group counseling and psycho-education

15

---

---

---


---

---

---

---

---



### OMHS – OCEAN ACADEMY

- A out-of-district school environment for students with emotional and behavioral needs
- Referrals: Call 732-505-2260
- Eligibility: Classified students age 8 – 19 whose emotional and behavioral challenges impact their academic performance. Atlantic, Burlington, Middlesex, Monmouth and Ocean Counties.
- Activities: Education and individual, group, family counseling, case management, as indicated by the student's IEP

16

---

---

---

---

---

---

---

---

## FAMILY SUPPORT ORGANIZATION



### Annie Hercules

17

---

---

---

---

---

---

---

---



### FAMILY SUPPORT ORGANIZATION (FSO)

- Peer to Peer Support
  - One to One support for parents by parents
  - Available to families involved with the CMO
  - Referrals through Perform Care: 1-877-652-7624
- “Warm” line
  - Open to all families
  - Not a crisis hotline or counseling
  - Call 732-281-5770
- Educational trainings and workshops
  - Visit calendar at [www.ocfso.org](http://www.ocfso.org)

18

---

---

---

---

---

---

---

---

## FAMILY SUPPORT ORGANIZATION (FSO)

- Support groups
  - Open to all families
  - Refreshments and childcare usually available
  - 2<sup>nd</sup> & 4<sup>th</sup> Tuesdays, 7 – 9p at the FSO in Toms River
  - 1<sup>st</sup> & 3<sup>rd</sup> Wednesdays, 6:30 – 8:30p at the LEH Senior Center
  - 1<sup>st</sup> Thursdays & 4<sup>th</sup> Mondays, 6 – 8p at the Seaside Heights Community Center
  - Stipend for volunteer parent facilitator
  - Call FSO at 732-281-5770

19

---

---

---

---

---

---

---

---

## FSO – YOUTH PARTNERSHIP

- Youth aged 13 to 18 with social, emotional or behavioral challenges
- Parents refer through FSO: 732-281-5770
- Support groups and social, volunteer and educational opportunities
- Group meets on the 2<sup>nd</sup> & 4<sup>th</sup> Wednesdays monthly, 6:30- 8:30 pm

20

---

---

---

---

---

---

---

---

## 15 MINUTE BREAK



21

---

---

---

---

---

---

---

---

# TRAUMATIC LOSS COALITION (TLC)

Karen Bright

22

---

---

---

---

---

---

---

---

## TRAUMATIC LOSS COALITION (TLC)

- Coordinated response to traumatic loss incidents in the community and support/backup to existing district crisis teams
- Training on suicide risk assessment, managing sudden traumatic loss and crisis, and development of crisis management plans, etc.
- Assistance to school districts in developing protocols and materials/handouts
- E-mailing List

23

---

---

---

---

---

---

---

---

## TRAUMATIC LOSS COALITION (TLC)

- Referrals: Call
  - Karen Bright/PESH at 1-866-904-4474
  - County Dept of Human Services at 732-506-5374
  - State TLC at UMDNJ at 732-235-2810
- TLC and Emergency Response Committee meets on the 3<sup>rd</sup> Wednesday
- Volunteer and get training for NJ Disaster Response Crisis Counselor Certification at [www.njdrcc.org](http://www.njdrcc.org)
- TLC statewide training calendar: <http://ubhc.umdni.edu/brti/TLC.htm>

24

---

---

---

---

---

---

---

---

# PSYCHIATRIC EMERGENCY SCREENING SVCS (PESS)

Joe Cuffari  
Karen Bright

25

---

---

---

---

---

---

---

---

# PSYCHIATRIC EMERGENCY SCREENING SERVICES (PESS)

- PESS evaluates people in crisis to determine the level of dangerousness
- PESS screenings are available at every hospital
- Mobile Outreach capacity
- Referrals: Call ahead to 1-866-904-4474 or 732-886-4474
- "Duty to Warn"
- There is no commitment law for kids

26

---

---

---

---

---

---

---

---

# MOBILE RESPONSE & STABILIZATION SERVICES (MRSS)

Judy De Francesco  
Beige Malcolm

27

---

---

---

---

---

---

---

---

**MOBILE RESPONSE & STABILIZATION SERVICES**

- Immediate outreach to children with urgent behavioral issues within 1 hour of call
- Immediate de-escalation, assessment and safety planning
- Up to 8 weeks of crisis stabilization services: ongoing assessment, intervention and linkage to appropriate resources

28

---

---

---

---

---

---

---

---

**MOBILE RESPONSE & STABILIZATION SERVICES**

- Referrals: Call PerformCare at 877-652-7624
- Questions/More Info: local office at 732-244-3002
- Available 24/7/365
- Parents/Guardians must make the call, but school personnel can assist and give information
- PerformCare determines if case meets eligibility requirements, then transfers the case to local MRSS office
- Local office will dispatch immediately within 1 hour, or within 24 hours at family's request

29

---

---

---

---

---

---

---

---

**MOBILE RESPONSE & STABILIZATION SERVICES**

Eligibility:

- Age 5 - 17, with exceptions
- Behavioral issues that place the child at risk for losing their placement
- Diagnosis or classification not required

30

---

---

---

---


---

---

---

---

15  
MINUTE  
BREAK



32

---

---

---

---


---

---

---

---

SYSTEM OF CARE:  
CSA, IIC, BA, YCM, CMO



Victoria Azzopardi &  
Brianna Starkey  
Care Management Organization &  
Youth Case Management

33

---

---

---

---

---

---

---

---

PERFORM CARE, CONTRACTED  
SYSTEMS ADMINISTRATOR

- PerformCare is the Contracted Systems Administrator for the DCBHS System of Care (used to be Value Options)
- Acts as the gatekeeper for services, authorizes Mobile Response and needs assessments
- Toll Free: 1-877-652-7624 (same number)
- Also maintains statewide information management system

34

---

---

---

---

---

---

---

---

## PERFORM CARE, CONTRACTED SYSTEMS ADMINISTRATOR

- Parents or guardians must initiate the referral
- School personnel can be “on the line” to assist families and provide information
- Mobile Response may be dispatched in 1 hour
- Needs Assessment performed by licensed clinician within 10 days
- Recommendation for level of care and a Treatment Plan made within 5 days of assessment
- Level of care may include: mentoring, behavioral assistance, intensive in-community services, case management, residential treatment, etc.

35

---

---

---

---

---

---

---

---

## INTENSIVE IN-COMMUNITY SERVICES (IIC)

- Referrals go through Perform Care
- Performed by various independent practitioners and agencies
- Short term with diminishing intensity
- Clinical rehabilitation support in areas of behavioral, social, educational and vocational functioning
- Individualized
- In home or In the community

36

---

---

---

---

---

---

---

---

## BEHAVIORAL ASSISTANCE (BA)

- Referrals go through Perform Care
- Performed by various independent practitioners and agencies
- Short term
- Positive behavioral support for target behaviors as per Plan of Care
- Individualized
- In home or In the community

37

---

---

---

---

---

---

---

---

## CASE MANAGEMENT – YCM AND CMO

- Case or Care Management
  - Develops a treatment plan
  - Links families to relevant and appropriate services
  - Helps coordinate and monitor those services
  - Has some capacity to finance services and supports if not available thru Medicaid or otherwise
- Call PerformCare to refer: 1-877-652-7624
- Moderate (YCM) or High (CMO) intensity of services

38

---

---

---

---

---

---

---

---

---

---

## CASE MANAGEMENT – YCM AND CMO

YCM	CMO
Ages 5 to 17 (up to 21 if involved before 18 <sup>th</sup> birthday)	
“May” have DSM-IV diagnosis	
Child Family Team model	
Moderate intensity	High intensity
~22 cases/ caseworker	10 cases/ care manager
No cap	Maximum 200 slots
3 to 6 month stay	6 to 18 month stay

39

---

---

---

---

---

---

---

---

---

---

# OCEAN RESOURCE NET

---

Victoria Azzopardi

[www.oceanresourcenet.org](http://www.oceanresourcenet.org)

40

---

---

---

---

---

---

---

---

---

---