

**ALLIED PROGRAMS AND SERVICES**

**Community Disaster Response Crisis Counseling**

NJ Disaster Mental Health Helpline	877-294-4357
Ocean County Department of Human Services	732-506-5374
Psychiatric Emergency Screening Services	732-886-4474

**Substance Use Disorder Hotlines**

Hope Sheds Light	855-850-4673
MHA NJ Connect For Recovery	855-652-3737
NJ Addiction Services Hotline—Rutgers UBHC	844-276-2777
Reach NJ reachnj.gov/	844-732-2465

**Substance Use Disorder Services**

Bright Harbor Healthcare	732-575-1111
Integrity House—Toms River	973-623-0600
Iron Recovery and Wellness Center	609-394-8988
Ocean County Health Department	732-341-9700
Preferred Behavioral Health Group	732-367-4700
St. Francis Counseling Services	609-494-1554

**Benefit and Entitlement Programs**

Medicare and Medicaid (www.cms.gov)	800-633-4227
NJ Family Care (www.njfamilycare.org)	800-701-0710
NJ Helps self screen for 28+ social services www.NJHelps.org	732-349-1500
Ocean County Board of Social Services	732-349-1500
Social Security Administration (www.ssa.gov)	800-772-1213
Temporary Disability: For information and to submit a claim visit myleavebenefits.nj.gov	
US Department of Veteran's Affairs (www.va.gov)	800-827-1000

**Health Care Services, Information & Education**

CHEMED Health Center	732-364-6666
www.chemedhealth.org	1771 Madison Ave., Lakewood
Ocean County Health Department*	732-341-9700
www.ochd.org	175 Sunset Ave., Toms River
*Email info@ochd.org for a Health Department Resource Guide	
Ocean Health Initiatives, Inc.	732-363-6655
www.ohinj.org	Toms River   Stafford   Lakewood

**Emergency Housing/Homeless Services**

Affordable Housing Alliance	732-389-2958
Just Believe, Inc.	732-279-6157
NJ Housing Resource Center	877-428-8844
www.nj.gov/njhrc	
Ocean County Board of Social Services	732-349-1500
After Hours/Weekends, please call 2-1-1	
The Hope Center	732-341-4447

**ADDITIONAL MENTAL HEALTH PROGRAMS**

(most programs require referral and certain eligibility)

**Partial Care Programs**

Advanced Behavioral Care Services	732-961-9666
Bright Harbor Healthcare	732-575-1111
Center for Vocational Rehabilitation	732-544-1800
Community Resource Center	732-255-9102
New Future Dreams	732-886-7128
Preferred Behavioral Health Group	732-367-4700
RWJBarnabas Behavioral Health Center	732-914-1688
Taylor Care	609-879-2233

**Residential Services**

Bright Harbor Healthcare	732-575-1111
Community Enterprises Corporation	732-637-5189
NJ Supportive Housing Connection	844-216-6988
Preferred Behavioral Health Group	732-367-4700
Resources for Human Development	732-920-5000
Triple C Housing	732-658-6636

**Programs of Assertive Community Treatment (PACT)**

Bright Harbor Healthcare	732-575-1111
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**Integrated Case Management Services (ICMS)**

Preferred Behavioral Health Group	732-323-3664
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**Supported Employment Training**

Center for Vocational Rehabilitation	732-544-1800
Community Resource Center	732-255-9102
Ocean County Career Center	732-240-5995
PathStone Corporation	732-849-3705
Pathways to Success	848-480-0913
Preferred Behavioral Health Group	732-367-5439

**Intensive Family Support Services (IFSS)**

Bright Harbor Healthcare	732-575-1111
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**Senior Services**

Ocean County Senior Services	732-929-2091
Preferred Behavioral Health Group	732-367-4700
RWJBarnabas Behavioral Health Center	800-300-0628

**Justice Involved Services**

Preferred Behavioral Health Group	732-323-3664
Bright Harbor Healthcare - On Point Program	732-269-4849
Psychiatric Emergency Screening Services	732-886-4474
NJ Reentry Corporation	848-238-7000

There is hope.



If you or someone you know  
needs support now:  
Call or text 9-8-8  
or  
chat 988lifeline.org



24/7 CALL, TEXT, CHAT

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DEPARTMENT OF HUMAN SERVICES  
MENTAL HEALTH (MH) UNIT**

1005 HOOPER AVENUE  
TOMS RIVER, NJ 08754  
732-506-5374 | OCEANDHS.ORG

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**JUNE 2025**

THIS DIRECTORY AIMS TO PROVIDE INFORMATION REGARDING  
COMMUNITY RESOURCES. RESOURCES LISTED ARE NOT EVALUATED  
NOR DO THE PROVISIONS OF INFORMATION ABOUT A RESOURCE  
CONSTITUTE ENDORSEMENT. OMISSION OF A RESOURCE DOES NOT  
SIGNIFY DISAPPROVAL.

# Ocean County Mental Health Resource Directory

**2025 Edition**



**Crisis Services**

<b>Suicide &amp; Crisis Lifeline</b> <i>Call or text to connect with a trained counselor</i>	<b>9-8-8</b> <i>www.988lifeline.org</i>
<b>Community Medical Center Crisis Center</b> <i>www.rwjbh.org</i>	<b>732-557-8000</b> 99 Route 37 West, Toms River
<b>CONTACT of Monmouth &amp; Ocean Counties</b>	<b>732-240-6100</b>
<b>Ocean Medical Center Crisis Center</b> <i>www.oceanmedicalcenter.com</i>	<b>732-836-4664</b> 425 Jack Martin Blvd., Brick
<b>Psychiatric Emergency Screening Services</b> <i>www.rwjbh.org</i>	<b>732-886-4474</b> 600 River Ave., Lakewood
<b>Southern Ocean Medical Crisis Center</b> <i>www.southernoceanmedicalcenter.com</i>	<b>609-978-8972</b> 1140 Rt. 72 West, Manahawkin
<b>St. Francis Counseling - Sexual Assault Hotline</b> <i>www.stfranciscenterlbi.org</i>	<b>609-494-1090</b>
<b><u>Early Intervention Support Services</u></b>	
<b>CREST</b> <i>www.brightharbor.org</i>	<b>732-240-3760</b> Toms River   Manahawkin
<b>Legacy Treatment Services</b>	<b>848-221-3022</b> 2224 Whitesville Rd., Toms River
<b><u>Inpatient Services</u></b>	
<b>Carrier Clinic</b> <i>www.carrierclinic.org</i>	<b>800-933-3579</b> P.O. Box 147, Belle Mead
<b>Hampton Behavioral Health</b> <i>www.hamptonhospital.com</i>	<b>800-603-6767</b> 650 Rancocas Rd., Westampton Twp.
<b>Jersey Shore University Medical Center</b> <i>www.jerseyshoreuniversitymedicalcenter.com</i>	<b>732-776-4369</b> 1945 Rt. 33, Neptune
<b>Northbrook Behavioral Health</b> <i>www.northbrookbhh.com</i>	<b>856-374-6500</b> 425 Woodbury-Turnersville Rd., Blackwood
<b>Princeton House Behavioral Health</b> <i>www.princetonhcs.org</i>	<b>888-437-1610</b> 741 Mt. Lucas Rd., Princeton

**Mental Health Hotlines**

<b>Suicide &amp; Crisis Lifeline</b> <i>Call or text to connect with a trained counselor</i>	<b>9-8-8</b> <i>www.988lifeline.org</i>
<b>2nd Floor Youth Helpline</b> <i>Call or text to connect with a trained counselor</i>	<b>888-222-2228</b> <i>www.2ndfloor.org</i>
<b>CONTACT of Monmouth &amp; Ocean Counties</b>	<b>732-240-6100</b>
<b>MHANJ Peer Recovery Warm Line</b>	<b>877-292-5588</b>
<b>NJ Cop2Cop</b>	<b>866-267-2267</b>
<b>NJ Mental Health Cares</b> <i>njmentalhealthcares.org</i>	<b>866-202-4357</b>
<b>NJ Vet2Vet</b>	<b>866-838-7654</b>
<b>Perinatal Mood &amp; Anxiety Disorder</b>	<b>800-328-3838</b>
<b>RWJBarnabas Health Access Center</b>	<b>800-300-0628</b>

**Children’s Behavioral Health Services**

<b>PerformCare</b> <i>www.performcarenj.org</i>	<b>877-652-7624</b> <i>For NJ youth, this line is the single point of access to a wide array of behavioral health, I/DD, and SUD services</i>
<b>Bright Harbor Healthcare</b> <i>www.brightharbor.org</i>	<b>732-575-1111</b> Bayville   Brick   Manahawkin   Toms River
<b>Catholic Charities Family Growth Program</b>	<b>800-360-7711</b>
<b>Lakewood Community Services Corp.</b> <i>www.thelcsc.org</i>	<b>732-886-6964</b> Lakewood
<b>Ocean Family Support Organization (FSO)</b> <i>www.oceanfso.org</i>	<b>732-569-6334</b> 36 Washington St., Suite 2, Toms River
<b>Ocean Partnership For Children</b> <i>www.oceanpartnership.org   www.oceanresourcenet.org</i>	<b>732-202-1585</b> 36 Washington St., Suite 1, Toms River
<b>Preferred Behavioral Health Group</b> <i>www.preferredbehavioral.org</i>	<b>732-367-4700</b>
<b>St. Francis Counseling Service</b> <i>www.stfranciscenterlbi.org</i>	<b>609-494-1554</b> 4700 Long Beach Blvd., Long Beach
<b>YMCA of Greater Monmouth</b>	<b>732-290-9040</b>

**Outpatient Counseling & Psychiatry Services**

<b>Bright Harbor Healthcare</b> <i>www.brightharbor.org</i>	<b>732-575-1111</b> Bayville   Brick   Manahawkin   Toms River
<b>Lakewood Community Services Corp.</b> <i>www.thelcsc.org</i>	<b>732-886-6964</b> Lakewood
<b>Ocean Insight Center</b>	<b>732-930-1020</b> 1749 Hooper Ave., Suite 202, Toms River
<b>Preferred Behavioral Health Group</b> <i>www.preferredbehavioral.org</i>	<b>732-367-4700</b> 700 Airport Rd., Lakewood
<b>Stepping Stones at RWJBarnabas Health</b> <i>www.rwjbh.org</i>	<b>800-300-0628</b> 1691 Rt. 9, Toms River
<b>St. Francis Counseling Service</b> <i>www.stfranciscenterlbi.org</i>	<b>609-494-1554</b> 4700 Long Beach Blvd., Long Beach
<b><u>Intensive Outpatient Treatment &amp; Support Services (IOTSS)</u></b>	
<b>Preferred Behavioral Health Group</b> <i>www.preferredbehavioral.org</i>	<b>732-267-1510</b> 725 Airport Rd., Suite 7G, Lakewood
<b><u>Co-Occurring Services (Mental Illness &amp; Substance Abuse)</u></b>	
<b>Advanced Behavioral Care</b>	<b>732-961-9666</b> 501 Prospect St., Bldg. 1A Suite 8, Lakewood
<b>Bright Harbor Healthcare</b> <i>www.brightharbor.org</i>	<b>732-575-1111</b> 160 Rt. 9, Bayville
<b>New Future Dreams, Co-Occurring Partial Care</b>	<b>732-886-7128</b> 127 7th St., Lakewood
<b>Preferred Behavioral Health Group</b> <i>www.preferredbehavioral.org</i>	<b>732-367-4700</b> 700 Airport Rd., Lakewood

*Looking for other services? Visit [www.oceandhs.org](http://www.oceandhs.org) for an online version of this and other resource guides.*

<b><u>Projects for Assistance in Transition from Homelessness (PATH)</u></b>	
<b>Bright Harbor Healthcare</b>	<b>732-575-1111</b>
<b>Preferred Behavioral Health Group</b>	<b>732-367-4700</b>
<b><u>Self Help Centers &amp; Consumer-Led Programs</u></b>	
<b>Brighter Days Community Wellness Center</b> 268 Bennetts Mills Rd., Jackson	<b>732-534-9960</b>
<b>Journey to Wellness Program</b> 25 South Shore Dr., Toms River	<b>732-244-0940</b>
<b>National Coalition for Mental Health Recovery</b> <i>www.ncmhr.org</i>	<b>202-642-4480</b>
<b>New Jersey Self-Help Clearinghouse</b> <i>www.njgroups.org</i>	<b>800-367-6274</b>
<b><u>Family Support /Advocacy Groups</u></b>	
<b>National Alliance on Mental Illness (NAMI)</b> <i>www.naminj.org</i>	<b>732-244-4401</b> P.O. Box 1436, Toms River
<b>Ocean Family Support Organization (FSO)</b> <i>www.oceanfso.org</i>	<b>732-569-6334</b> 36 Washington St., Suite 2, Toms River
<b><u>Advocacy Resources</u></b>	
<b>Community Health Law Project</b> <i>www.chlp.org</i>	<b>732-380-1012</b> 250 Washington St., Suite 5, Toms River
<b>Mental Health Association of NJ</b> <i>www.mhanj.org</i>	<b>973-571-4100</b> 673 Morris Ave., Suite 100, Springfield
<b>South Jersey Legal Services</b> <i>www.lsnj.org/sjls</i>	<b>800-496-4570</b> 215 Main St., Toms River
<b><u>Information &amp; Referral Resources</u></b>	
<b>CONTACT of Ocean and Monmouth Counties</b> <i>www.contactoceanmonmouth.org</i>	<b>732-240-6105</b>
<b>NJ211.org</b> , or dial 2-1-1 from a landline or mobile phone	
<b>NJ Div. of Mental Health &amp; Addiction Services</b> <i>https://www.state.nj.us/humanservices/dmhas/home/</i>	<b>800-382-6717</b>
<b>New Jersey Self-Help Clearinghouse</b> <i>www.njgroups.org</i>	<b>800-367-6274</b>
<b>Ocean Resource Net</b>	<i>www.oceanresourcenet.org</i>