

ALLIED PROGRAMS AND SERVICES

Community Disaster Response Crisis Counseling

NJ Disaster Mental Health Helpline	877-294-4357
Ocean County Department of Human Services	732-506-5374
Psychiatric Emergency Screening Services	732-886-4474

Substance Use Disorder Hotlines

Hope Sheds Light	855-850-4673
MHA NJ Connect For Recovery	855-652-3737
NJ Addiction Services Hotline—Rutgers UBHC	844-276-2777
Reach NJ reachnj.gov/	844-732-2465

Substance Use Disorder Services

Bright Harbor Healthcare	732-575-1111
Integrity House—Toms River	973-623-0600
Iron Recovery and Wellness Center	609-394-8988
Ocean County Health Department	732-341-9700
Preferred Behavioral Health Group	732-367-4700
St. Francis Counseling Services	609-494-1554

Benefit and Entitlement Programs

Medicare and Medicaid (www.cms.gov)	800-633-4227
NJ Family Care (www.njfamilycare.org)	800-701-0710
NJ Helps self screen for 28+ social services www.NJHelps.org	732-349-1500
Ocean County Board of Social Services	732-349-1500
Social Security Administration (www.ssa.gov)	800-772-1213
Temporary Disability: For information and to submit a claim visit myleavebenefits.nj.gov	
US Department of Veteran's Affairs (www.va.gov)	800-827-1000

Health Care Services, Information & Education

CHEMED Health Center	732-364-6666
www.chemedhealth.org	1771 Madison Ave., Lakewood
Ocean County Health Department*	732-341-9700
www.ochd.org	175 Sunset Ave., Toms River
*Email info@ochd.org for a Health Department Resource Guide	
Ocean Health Initiatives, Inc.	732-363-6655
www.ohinj.org	Toms River Stafford Lakewood

Emergency Housing/Homeless Services

Affordable Housing Alliance	732-389-2958
Just Believe, Inc.	732-279-6157
NJ Housing Resource Center	877-428-8844
www.nj.gov/njhrc	
Ocean County Board of Social Services	732-349-1500
After Hours/Weekends, please call 2-1-1	
The Hope Center	732-341-4447

ADDITIONAL MENTAL HEALTH PROGRAMS

(most programs require referral and certain eligibility)

Partial Care Programs

Advanced Behavioral Care Services	732-961-9666
Bright Harbor Healthcare	732-575-1111
Center for Vocational Rehabilitation	732-544-1800
Community Resource Center	732-255-9102
New Future Dreams	732-886-7128
Preferred Behavioral Health Group	732-367-4700
RWJBarnabas Behavioral Health Center	732-914-1688
Taylor Care	609-879-2233

Residential Services

Bright Harbor Healthcare	732-575-1111
Community Enterprises Corporation	732-637-5189
NJ Supportive Housing Connection	844-216-6988
Preferred Behavioral Health Group	732-367-4700
Resources for Human Development	732-920-5000
Triple C Housing	732-658-6636

Programs of Assertive Community Treatment (PACT)

Bright Harbor Healthcare	732-575-1111
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Integrated Case Management Services (ICMS)

Preferred Behavioral Health Group	732-323-3664
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Supported Employment Training

Center for Vocational Rehabilitation	732-544-1800
Community Resource Center	732-255-9102
Ocean County Career Center	732-240-5995
PathStone Corporation	732-849-3705
Pathways to Success	848-480-0913
Preferred Behavioral Health Group	732-367-5439

Intensive Family Support Services (IFSS)

Bright Harbor Healthcare	732-575-1111
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Senior Services

Ocean County Senior Services	732-929-2091
Preferred Behavioral Health Group	732-367-4700
RWJBarnabas Behavioral Health Center	800-300-0628

Justice Involved Services

Preferred Behavioral Health Group	732-323-3664
Bright Harbor Healthcare - On Point Program	732-269-4849
Psychiatric Emergency Screening Services	732-886-4474
NJ Reentry Corporation	848-238-7000

There is hope.



If you or someone you know
needs support now:
Call or text 9-8-8
or
chat 988lifeline.org



24/7 CALL, TEXT, CHAT

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DEPARTMENT OF HUMAN SERVICES
MENTAL HEALTH (MH) UNIT**

1005 HOOPER AVENUE
TOMS RIVER, NJ 08754
732-506-5374 | OCEANDHS.ORG

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JUNE 2025

THIS DIRECTORY AIMS TO PROVIDE INFORMATION REGARDING
COMMUNITY RESOURCES. RESOURCES LISTED ARE NOT EVALUATED
NOR DO THE PROVISIONS OF INFORMATION ABOUT A RESOURCE
CONSTITUTE ENDORSEMENT. OMISSION OF A RESOURCE DOES NOT
SIGNIFY DISAPPROVAL.

Ocean County Mental Health Resource Directory

2025 Edition



Crisis Services

Suicide & Crisis Lifeline <i>Call or text to connect with a trained counselor</i>	9-8-8 <i>www.988lifeline.org</i>
Community Medical Center Crisis Center <i>www.rwjbh.org</i>	732-557-8000 99 Route 37 West, Toms River
CONTACT of Monmouth & Ocean Counties	732-240-6100
Ocean Medical Center Crisis Center <i>www.oceanmedicalcenter.com</i>	732-836-4664 425 Jack Martin Blvd., Brick
Psychiatric Emergency Screening Services <i>www.rwjbh.org</i>	732-886-4474 600 River Ave., Lakewood
Southern Ocean Medical Crisis Center <i>www.southernoceanmedicalcenter.com</i>	609-978-8972 1140 Rt. 72 West, Manahawkin
St. Francis Counseling - Sexual Assault Hotline <i>www.stfranciscenterlbi.org</i>	609-494-1090
<u>Early Intervention Support Services</u>	
CREST <i>www.brightharbor.org</i>	732-240-3760 Toms River Manahawkin
Legacy Treatment Services	848-221-3022 2224 Whitesville Rd., Toms River
<u>Inpatient Services</u>	
Carrier Clinic <i>www.carrierclinic.org</i>	800-933-3579 P.O. Box 147, Belle Mead
Hampton Behavioral Health <i>www.hamptonhospital.com</i>	800-603-6767 650 Rancocas Rd., Westampton Twp.
Jersey Shore University Medical Center <i>www.jerseyshoreuniversitymedicalcenter.com</i>	732-776-4369 1945 Rt. 33, Neptune
Northbrook Behavioral Health <i>www.northbrookbhh.com</i>	856-374-6500 425 Woodbury-Turnersville Rd., Blackwood
Princeton House Behavioral Health <i>www.princetonhcs.org</i>	888-437-1610 741 Mt. Lucas Rd., Princeton

Mental Health Hotlines

Suicide & Crisis Lifeline <i>Call or text to connect with a trained counselor</i>	9-8-8 <i>www.988lifeline.org</i>
2nd Floor Youth Helpline <i>Call or text to connect with a trained counselor</i>	888-222-2228 <i>www.2ndfloor.org</i>
CONTACT of Monmouth & Ocean Counties	732-240-6100
MHANJ Peer Recovery Warm Line	877-292-5588
NJ Cop2Cop	866-267-2267
NJ Mental Health Cares <i>njmentalhealthcares.org</i>	866-202-4357
NJ Vet2Vet	866-838-7654
Perinatal Mood & Anxiety Disorder	800-328-3838
RWJBarnabas Health Access Center	800-300-0628

Children’s Behavioral Health Services

PerformCare <i>www.performcarenj.org</i>	877-652-7624 <i>For NJ youth, this line is the single point of access to a wide array of behavioral health, I/DD, and SUD services</i>
Bright Harbor Healthcare <i>www.brightharbor.org</i>	732-575-1111 Bayville Brick Manahawkin Toms River
Catholic Charities Family Growth Program	800-360-7711
Lakewood Community Services Corp. <i>www.thelcsc.org</i>	732-886-6964 Lakewood
Ocean Family Support Organization (FSO) <i>www.oceanfso.org</i>	732-569-6334 36 Washington St., Suite 2, Toms River
Ocean Partnership For Children <i>www.oceanpartnership.org www.oceanresourcenet.org</i>	732-202-1585 36 Washington St., Suite 1, Toms River
Preferred Behavioral Health Group <i>www.preferredbehavioral.org</i>	732-367-4700
St. Francis Counseling Service <i>www.stfranciscenterlbi.org</i>	609-494-1554 4700 Long Beach Blvd., Long Beach
YMCA of Greater Monmouth	732-290-9040

<u>Outpatient Counseling & Psychiatry Services</u>	
Bright Harbor Healthcare <i>www.brightharbor.org</i>	732-575-1111 Bayville Brick Manahawkin Toms River
Lakewood Community Services Corp. <i>www.thelcsc.org</i>	732-886-6964 Lakewood
Ocean Insight Center	732-930-1020 1749 Hooper Ave., Suite 202, Toms River
Preferred Behavioral Health Group <i>www.preferredbehavioral.org</i>	732-367-4700 700 Airport Rd., Lakewood
Stepping Stones at RWJBarnabas Health <i>www.rwjbh.org</i>	800-300-0628 1691 Rt. 9, Toms River
St. Francis Counseling Service <i>www.stfranciscenterlbi.org</i>	609-494-1554 4700 Long Beach Blvd., Long Beach
<u>Intensive Outpatient Treatment & Support Services (IOTSS)</u>	
Preferred Behavioral Health Group <i>www.preferredbehavioral.org</i>	732-267-1510 725 Airport Rd., Suite 7G, Lakewood
<u>Co-Occurring Services (Mental Illness & Substance Abuse)</u>	
Advanced Behavioral Care	732-961-9666 501 Prospect St., Bldg. 1A Suite 8, Lakewood
Bright Harbor Healthcare <i>www.brightharbor.org</i>	732-575-1111 160 Rt. 9, Bayville
New Future Dreams, Co-Occurring Partial Care	732-886-7128 127 7th St., Lakewood
Preferred Behavioral Health Group <i>www.preferredbehavioral.org</i>	732-367-4700 700 Airport Rd., Lakewood
<i>Looking for other services? Visit www.oceandhs.org for an online version of this and other resource guides.</i>	

<u>Projects for Assistance in Transition from Homelessness (PATH)</u>	
Bright Harbor Healthcare	732-575-1111
Preferred Behavioral Health Group	732-367-4700
<u>Self Help Centers & Consumer-Led Programs</u>	
Brighter Days Community Wellness Center 268 Bennetts Mills Rd., Jackson	732-534-9960
Journey to Wellness Program 25 South Shore Dr., Toms River	732-244-0940
National Coalition for Mental Health Recovery <i>www.ncmhr.org</i>	202-642-4480
New Jersey Self-Help Clearinghouse <i>www.njgroups.org</i>	800-367-6274
<u>Family Support /Advocacy Groups</u>	
National Alliance on Mental Illness (NAMI) <i>www.naminj.org</i>	732-244-4401 P.O. Box 1436, Toms River
Ocean Family Support Organization (FSO) <i>www.oceanfso.org</i>	732-569-6334 36 Washington St., Suite 2, Toms River
<u>Advocacy Resources</u>	
Community Health Law Project <i>www.chlp.org</i>	732-380-1012 250 Washington St., Suite 5, Toms River
Mental Health Association of NJ <i>www.mhanj.org</i>	973-571-4100 673 Morris Ave., Suite 100, Springfield
South Jersey Legal Services <i>www.lsnj.org/sjls</i>	800-496-4570 215 Main St., Toms River
<u>Information & Referral Resources</u>	
CONTACT of Ocean and Monmouth Counties <i>www.contactoceanmonmouth.org</i>	732-240-6105
NJ211.org , or dial 2-1-1 from a landline or mobile phone	
NJ Div. of Mental Health & Addiction Services <i>https://www.state.nj.us/humanservices/dmhas/home/</i>	800-382-6717
New Jersey Self-Help Clearinghouse <i>www.njgroups.org</i>	800-367-6274
Ocean Resource Net	<i>www.oceanresourcenet.org</i>