REGISTRATION BEGINS THURSDAY, JUNE 5th

Your guide to Programs, Events, Classes & More

2025 SUMM R PROGRAM GUIDE



Ocean County Board of Commissioners Robert S. Arace – Chairman of Parks and Recreation

John P. Kelly - Director Frank Sadeghi - Deputy Director, Robert S. Arace, Jennifier Bacchione, Virginia E. Haines

Mary J. Bavais **Director of Parks and Recreation**

COVER STORY: Jones Road Wildfire

The Jones Road Wildfire started mid-morning on April 22 in the Forked River Mountain Wilderness Area. Fueled by strong winds and extremely dry conditions over the past 6 months this fire quickly grew in size. Initial attempts by the New Jersey Forest Fire Service to contain the fire within control lines failed, and they were forced to start providing structure protection to the houses on Wells Mills Road. The gusty winds pushed the fire further east threatening the Garden State Parkway and the neighboring communities in Waretown and Lacey Townships. Over the next forty-eight hours the fire consumed 15,300 acres forcing residents to evacuate and initiating the response for hundreds of first responders to coordinate the efforts to protect residents and property within the path of this destructive fire.

"The Jones Road Wildfire was a sobering reminder of the power of nature and the importance of preparedness," said Ocean County Commissioner Robert Arace. "In just 48 hours, over 15,000 acres were consumed, forcing evacuations and endangering homes, roadways, and entire neighborhoods."

Historically fires of this nature in the Pines are not uncommon, and many of the species of plants that grow in this area rely on fire. The Pitch Pine is one of the most fire adapted species in the world. The thick bark on the tree keeps the vital infrastructure safe and most fires will not kill the tree. With a fire of this magnitude there will be significant tree mortality, but another adaptation of the Pitch Pine is that their cones open up from the heat and release seeds to the now burned cleared ground completing the cycle of life. The underbrush consisting of laurel, inkberry, blueberry, and scrub oak will quickly return. Within weeks of a fire like this the pine trees that survived will start sending out epicormic sprouts and the signs of life will be visible. The Pine Barrens landscape will return to this area, think of this devastating fire as "Natures Reset Button".

Large scale events like this raise many questions from residents, first responders, and parks and recreation professionals. Could this have been prevented? Could something have been done differently? How do we keep this from happening again? These are all valid questions, and difficult to answer due to the many variables that affect fire behavior.

One thing that can be done is forest management. Ocean County Parks and Ocean County Planning have been working with a forestry consultant to develop a Forest Stewardship Plan for the Forked River Mountain Wilderness Area. That plan is nearly completed and pending approval from the New Jersey Pinelands Commission. Once approved the plan includes thinning the overstocked forest which will open the canopy and reduce the wildfire risk. The plan also includes the addition of large-scale fire breaks which when completed will give another anchor point for fire personnel to slow or stop an advancing fire front. Another benefit of thinning is that it greatly increases the safety of the first responders going in and fighting the fire, the reduced tree density allows them to use tactics to fight the fire more aggressively without putting them in a more dangerous situation. The main focus of the plan submitted to the Pinelands Commission is forest health. Wildfire risk reduction is an added benefit. While we may be a late in preventing the most recent devastation Ocean County is determined to be prepared to help prevent an incident of this magnitude in the future.

"The coordinated response by our firefighters, forest fire service, and local emergency personnel was nothing short of heroic," said Commissioner Robert Arace. "I want to extend my deepest gratitude to every individual who put themselves in harm's way to protect others. Their actions saved lives, homes, and entire communities."

The true measure of a community is how it reacts during times of chaos, and Ocean County proved why we are the best county in the state of New Jersey. The outpouring of love and appreciation during this event were truly remarkable. Residents dropping off donations of water and snacks, businesses dropping off food to keep the first responders strong and prepared to do their job were greatly appreciated. Even as much as a simple thank you or a hand wave let them know how grateful we are for their hard work.

"In the face of crisis, the residents of Ocean County once again showed what true community looks like," Arace said. "Their generosity and appreciation meant everything to the first responders who worked tirelessly to protect us."

The County of Ocean would once again like to thank all of the first responders for the tireless work they did to help protect and save our community during this tragic event.

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PLEASE BE ADVISED;
MAIL-IN REGISTRATION FORMS RECEIVED
BEFORE THE REGISTRATION DATE OF
THURSDAY, JUNE 5th WILL BE RETURNED

Newsletter Editors:

Michelle Urban & Carolyn Hofmann The Ocean County Parks & Recreation Newsletter is sponsored by the

Ocean County Board of Commissioners and is prepared by the

Ocean County Parks & Recreation Department Contributors: Active Recreation, Environmental Staff

The Natural Lands Trust Fund Program TR Ridgway Branch North



TR Ridgway Branch North is an 87.85 acre parcel located on Ridgway Road in Manchester. This beautiful area of land is located directly adjacent to Manchester Park making a wonderful location for all nature lovers to explore.

This parcel was originally marked for 404 homes before it was purchased for preservation. This acquisition is also located within the Pinelands allowing the County to continue to preserve this precious landscape.

In this area nature lovers of all ages can explore this forested area. This parcel is excellent for birdwatching, and looking for unique reptiles.



LINKS:

WEB PAGE: https://www.planning.co.ocean.nj.us/frmEPNaturalLandTrust INTERACTIVE MAP: https://bit.ly/3peBDz7

FREE WEEKEND PROGRAMS

CATTUS ISLAND COUNTY PARK

These programs will be first-come first served basis.

Scales and Tales

Join a park naturalist as they dispel the myths and fears of native reptiles. You will see some of our live snakes and turtles up close and personal. Learn what makes these native species so special, and why they are such an important part of the ecosystem. This program is sure to inspire all young nature lovers.

*No registration required.

LOCATION: Cooper Environmental Center, Cattus Island County Park, Toms River

DATE: Saturdays and Sundays

TIME: 1:30 -2:00 pm FEE: FREE AGE: All

Cattus Island Nature Walks

Be a part of a 40-year Ocean County tradition! Join a park naturalist and follow in the footsteps of such legendary local environmentalists as A. Morton and Betty Cooper, Dorothy Hale and Pete McClain. Be prepared to discover the fascinating and diverse wonders of the natural world.

*No registration required.

LOCATION: Cooper Environmental Center, Cattus Island County Park, Toms River

DATE: Saturdays and Sundays

July 5 & 6 Osprey Watch
July 12 & 13 Salt Marsh Safari

July 19 & 20 Butterfly and Bog Garden Stroll

July 26 & 27 Life in a Mosquito Ditch

August 2 & 3 Hummingbirds at Home

August 9 & 10 Osprey Watch

August 16 & 17 Butterfly and Bog Garden Stroll

August 30 & 31 Life in a Mosquito Ditch

September 6 & 7 Naturalist Choice

September 13 &14 Butterfly and Bog Garden Stroll

September 20 & 21 Salt Marsh Safari September 27 & 28 Farewell to the Osprey

Discovery Backpacks at Cattus Island

Cattus Island County Park has discovery backpacks that may be borrowed for FREE*. The packs include: a pair of binoculars, field guides, an audio guide to bird sounds, a dip net, tools for catching and observing insects, and a list of suggested activities and games. The packs are appropriate for groups of children of any age.

*A member of the group must provide a driver's license for the staff to hold until the pack is returned.

Tour Cattus Island by Bike

Cattus Island has a small amount of bikes to loan out for use within the park. The bicycles are FREE* to use. Twenty-six inch adult bikes and twenty inch children's bikes and helmets are available. Helmets are required. You may borrow a bike for 2 hours, seven days a week between 10:00am and 2:00pm. Bicycles may not be taken out of the park. No baby/toddler seats are permitted. * A member of the group must provide a driver's license for the staff to hold until the bike is returned.

FREE WEEKEND PROGRAMS

CLOVERDALE FARM COUNTY PARK

Monthly Bird Walks

Learn how Cloverdale Farm County Park's bird population changes month by month. This informative one hour bird walk is perfect for all levels of birders. Please be prepared to walk a mile, wear comfortable sneakers or boots, dress for the weather, and bring a pair of binoculars. If inclement weather, the program will be canceled.

LOCATION: Program Room, Cloverdale Farm County Park, Barnegat

DATES: July 12

August 16 September 6 TIME: 8:00 - 9:00 am

FEE: Free, no registration required

AGE: 9 years - Adult

Armchair Birding

During this program, we will set up our chairs on the back porch of our visitor center to watch the birds at the feeders. A Naturalist will be at your side to help with bird identification. This program is great for beginning birders and those who may have limited mobility. **Please bring a camp chair.**

LOCATION: Program Room, Cloverdale Farm County Park, Barnegat

DATES: Saturdays,

July 12 August 16 September 6

TIME: 9:30 - 10:30 am

FEE: Free, no registration required. AGES: 12 years - Adult

Calling All Artists! Cloverdale Farm's Plein Air Weekend

Some of the most awe-inspiring works of art are associated with nature. Vincent Van Gogh's Starry Night, Claude Monet's Water Lilies, John James Audubon's watercolors of North American birds, and Albert Bierstadt and Georgia O'Keeffe's paintings of land-scapes all have left impressions upon our hearts. Cloverdale Farm County Park is opening its gates to all types of artists from dawn to dusk. Bring your own blank canvases and medium materials and get ready to create in this plein air-style (outside in open air) event. Keep in mind your eco footprint. Anything you bring in must be brought back home with you, including solvents or paint water, so be sure to pack containers and plastic bags.

LOCATION: Entire Park, Cloverdale Farm County Park, Barnegat

DATES: Friday, August 1 - Sunday, August 3

Friday, September 5 - Sunday, September 7

TIME: 8:00 am - 6:00 pm

FEE: Free AGES: All; children must be accompanied by adult

Solving STEM Problems With LEGOs

Science, technology, engineering, and math, or STEM, are the foundations for many practical problem-solving skills that are useful in life. Fostering a love and respect for STEM can be much easier when it's made a little more creative and fun. Join us at Cloverdale, where we will be using LEGOs and our brains to create simple contraptions to solve practical STEM-related problems.

LOCATION: Program Room, Cloverdale Farm County Park, Barnegat

DATES: Saturday, July 19 Saturday, August 24

TIME: 9:00 -10:00 am

FEE: Free AGES: 5 years - Adult

FREE WEEKEND PROGRAMS

CEDAR BRIDGE TAVERN

Kids Craft Days at Cedar Bridge

Get inspired by the art, history, and nature all around us with kids craft days! LOCATION: Cedar Bridge Tavern Historic Site, 200 Old Half-Way Road, Barnegat

DATE: Sunday, July 6, August 17, September 14

TIME: 1:00 - 2:00 pm

FEE: FREE AGE: ALL

JAKES BRANCH COUNTY PARK

Live Animal Talks

Come in and meet the animals of Jakes Branch County Park. Visitors will get an upclose look at the parks inhabitants and learn about each species.

Talks will last approximately 20 minutes

LOCATION: Nature Center, Jakes Branch County Park, Beachwood

DATES: Sundays, beginning July 6 - September 21

TIME: 1:30 pm AGE: All

Discovery Nature Walks at Jakes Branch

Join a park naturalist on these brief but informative nature walks through Jakes Branch.

Weather permitting walks will not exceed 30 minutes.

LOCATION: Nature Center, Jakes Branch County Park, Beachwood

DATES: Sundays, July 6 - September 21

TIME: 2:00 pm AGE: All

Drop In and Discover

What will you discover about nature when you drop by and join us for a FREE activity and craft?

LOCATION: Nature Center, Jakes Branch County Park, Beachwood

DATE: Saturdays, beginning July 5 – September 20

TIME: 1:30 - 3:00 pm, ongoing AGE: 3 - 5 years

Summer Reading Book Swap

Part of summer is the joy of summer reading. If you have some books you have read and no longer wish to keep, Jakes Branch is hosting a book swap! Book swaps are a great way to give your books a second life with someone else, and is also a great way to beat the low resale value that many books have. Participants in the swap can bring books they want to exchange with other participants. In order for swaps to be successful, all participants must bring at least one book.

Any questions please email: jlozzi@co.ocean.nj.us

Let's have all books find good homes!

LOCATION: Classroom, Jakes Branch County Park, Beachwood

DATE: Saturday, July 12 TIME: 10:00 am - 12:00 pm

Summer Picnic Party

Kick off the summer with a party at John C. Bartlett Jr. County Park at Berkeley Island. This beautiful park offers amazing views of the Barnegat Bay and a spray park for the kids. We will have a live band performing along with some food trucks and many games and activities for all to enjoy including, corn hole, bocce, horseshoes, and giant twister. Sit back and relax, bring a few chairs or a blanket, and enjoy an evening on the Barnegat Bay. This event is rain or shine.

LOCATION: John C. Bartlett Jr. County Park at Berkeley Island, Berkeley Twp.

DATE: Thursday, June 26......PIC2025

TIME: 5:00 - 8:30 pm

FEE: FREE AGE: All

Naturalist Encounters

Come and visit a Naturalist at Mantoloking Bridge County Park. Each encounter will feature information on a specific Barnegat Bay topic. The Naturalist will be available during a two-hour period. Just drop in to discover more about the topic of the week and participate in a simple make-and-take project. Rain will cancel this program.

LOCATION: Mantoloking Bridge County Park, Brick

TIME: 10:00 am- 12:00 pm

DATE: Tuesday, July 1......Oysters, Clams, and Other Shelled Friends

DATE: Wednesday, July 16......Crabs and Crabbing DATE: Tuesday, July 22.....Boats and Boating

DATE: Wednesday, August 6......Fishing

DATE: Wednesday, August 20......Crabs and Crabbing

FEE: FREE AGE: 5 - 10 years

"Night of the Stars" at Jakes Branch
Spend the night under the stars with A.S.T.R.A., The Astronomical Society of the Toms River Area. Whether you're a budding astronomer or simply a casual stargazer, this night is for you. Volunteer members of the club will be on-site to share their out-of-this-world knowledge and answer your questions about the great unknown. They will have telescopes that will leave your mind reeling in amazement for days from the views you see. If you have your own telescope, feel free to bring it along and come a little early. The club members will be happy to give you pointers on how to find the planets and locate constellations. No registration required.

****ENDING TIME APPROXIMATE. WEATHER PERMITTING!****

LOCATION: Sports Field Parking Lot, Jakes Branch County Park, Beachwood

DATE: Saturday, July 19 TIME: 9:00 - 11:00 pm DATE: Saturday, August 16 TIME: 9:00 - 11:00 pm

DATE: Saturday, September 27

TIME: 8:00 - 10:00 pm

FEE: Free AGE: All

"In-Seine" Fridays

Go "in-seine" with this fun Friday morning adventure. We will take a van tour to Cattus Island's bay beach area. Upon arriving at the beach, our naturalist will explain the fine art of seining. You will see a seining demonstration and get a close up view of native bay species. No registration required. This program is weather dependent. Swimming is not permitted.

LOCATION: Cooper Environmental Center, Lobby, Cattus Island County Park, Toms

DATE: Fridays, July 11 - August 29

TIME: 10:00-11:00 am

AGE: All FEE: Free

World Snake Day Celebration

The Cooper Environmental Center is celebrating World Snake Day!! Come celebrate these fascinating creatures with a craft and workshops. No registration required.

LOCATION: Cooper Environmental Center, Exhibit Room & Lecture Room, Cattus Island County Park

DATE: Friday, July 11

TIME: 10:00 am - 3:00 pm Drop-in Snake Craft

11:00-11:45 am Snake Lecture 1:30-2:30 pm Snake Feeding

FEE: Free AGE: All

NEW! Create a Nature Journal and Head Out on the Trail!

Join us for a hands-on nature journaling adventure where children will create their own hand-bound journals before setting off on a guided trail exploration. Along the way, we'll stop to sketch, press flowers, and record any other important discoveries! Please be prepared to walk up to 1 mile. **Dress for the weather, wear comfortable sneakers or boots, and use bug spray.**

TIME: 10:00 am - 12:00 pm

FEE: \$5.00 per person AGE: 8 years – Adult

Non-Profit Groups & Vendors Wanted Beach Ball Blast

Our 13th Annual Beach Ball Blast is rapidly approaching. This premier event hosted by the Ocean County Parks and Recreation Department usually draws a large crowd of all ages. The evening will include a variety of food trucks, vendors, and music. Non-profit groups are invited, free of charge, to use this event as a fundraiser by providing various activities, information, or food. We are also accepting food and craft vendors for a small fee. All vendors must be family-friendly and provide a summer/beach theme and/or product. If you are interested in participating, please contact Jake at 732-506-9090 x 5964 or email him at JHaug@co.ocean.nj.us

LOCATION: OC Parks Administration Bayfront Field. 1198 Bandon Road, Toms River DATE: Thursday, July 24.....BEACH25

TIME: 5:00 - 8:30 pm

FEE: Free AGE: AII

Family STEM LEGO Challenge

During this program, we will be teaming up adults versus children to see who can build the biggest and best LEGO creations. The challenge may be a tower, a catapult, or a car. Our LEGO building challenges are endless and so are the hurdles you will face. Game on!

LOCATION: Program Room, Cloverdale Farm County Park, Barnegat

DATES:

TIME: 9:00 -11:00 am

FEE: \$5.00 per team (one child & one adult)

AGES: 5 years - Adult

Freshwater Fishing 101

In this introductory program, the Cloverdale staff and volunteers will introduce you to the common types of rods and reels used in freshwater fishing, and what bait, lures and tackle are required for different fishing situations. You will also learn to tie some basic knots used to attach tackle to your line. By the end of this program, you will be casting away and having a great time!

LOCATION: Program Room, Cloverdale Farm County Park, Barnegat

DATES:

 Wednesday, July 2.
 .266466 – 6D

 Friday, August 29.
 .266466 – 6E

TIME: 8:30 -11:00 am

FEE: \$5.00 per person AGES: 8 years - Adult

NEW! Paint and Plant the Start of Your Own Garden

Explore the heirloom garden at historic Cedar Bridge Tavern. Come see, touch, and smell the herbs, vegetables, and flowers that were grown on site when Cedar Bridge was a thriving tavern and agricultural farmstead in the Pine Barrens. Participants will design and paint a small pot and plant Marigold flower seeds to start their own garden!

LOCATION: Cedar Bridge Tavern Historic Site, 200 Old Half-Way Road, Barnegat
DATE: Sunday, August 3......269112 – 9A

TIME: 10:00 - 11:30 am

FEE: \$5.00 per person AGE: 4 years - Adult

NEW! Hiking Treasures: Light Sensitive Printmaking

Head out on the nature path to find nature's gifts: flowers, leaves, pinecones, feathers-the sky is the limit! Once your exploration is complete, you'll arrange them on our specialty light-sensitive paper and watch the sun work its magic to create stunning silhouette prints of your trail treasures. Every group should take home at least 2 prints.

LOCATION: Cedar Bridge Tavern Historic Site, 200 Old Half-Way Road, Barnegat DATE: Saturday, August 9.......269466 – 9B

TIME: 10:00 am - 12:00 pm

FEE: \$5.00 per person AGE: 5 years – Adult

Wilderness Wednesdays Drop-in

Planning a hike, camping trip, or just looking to learn something new? Stop by to pick up some valuable skills that can make your outdoor adventures safer and more enjoyable. Each week will be a different, family-friendly topic with a drop-in activity. **Be prepared to spend some time outdoors. Insect repellent is recommended. Children must be accompanied by an adult.**

LOCATION: Program Room, Wells Mills County Park, Waretown

DATE: Wednesdays

July 2 Map & Compass Basics
July 9 Edible & Medicinal Plants

July 16 Collecting Safe Drinking Water

July 23 Knot Tying

July 30 Elements of Fire Making

TIME: 1:00 - 3:00 pm

FEE: Free- No registration required AGE: 10 years – Adult

Sunset and Songs Bonfires

Hey Baby Boomers and beyond, come and relax around a bonfire and listen to the nostalgic tunes played by the Basement Musicians. A group of family men from central and south Jersey, they will be performing the best of the 50's, 60's and 70's classic rock, country and folk music from greats like John Denver, Elvis, Johnny Cash, Roy Orbison, The Beatles, Neil Diamond, Willie Nelson and more! Pack a chair, blanket snacks and a laid back attitude!

LOCATION: A. Paul King County Park, Manahawkin

DATE: Saturday, August 23 TIME: 7:30 – 9:00 pm

FEE: FREE AGES: All

GIANT Flea Market

The Giant Flea Market is BACK! It's time to clean out those closets and earn some extra cash. New and used items may be sold. This event is held rain or shine. Register now, as this event sells out quickly!

LOCATION: Beach Complex parking lot, Ocean County Park, Lakewood

DATE: Sunday, September 14GIANT25

TIME: Set up begins at 7:15 am. Sell from 9:00 am to 1:00 pm

FEE: \$15.00 for two parking spots (one to sell your stuff, and one to park your vehicle). No other vehicles are allowed in the lot. Early registration ends Friday, September 12th. For anyone registering on the day of the flea market, the cost will increase from \$15.00 to \$40.00 per unit if space is still available.

NOTE: Pre-registration is highly recommended, visit our website at oceancountyparks.org or email Jake at JHaug@co.ocean.nj.us for an application.





TEACHERS!...Borrow-A-Naturalist

Calling all Ocean County teachers. Sick of fluorescent lights? Tired of cutting through the red tape to run a field trip? Invite a naturalist to do a nature walk on your school's grounds. Most of Ocean County's schools are located in some of the richest and most unique natural areas in the county. The naturalist can also answer questions and provide program ideas. Perfect for all grade levels.

Contact Christopher Claus at (732) 506-5122 or cclaus@co.ocean.nj.us for more information or to set up an appointment.

SUMMER BOAT TOURS

Barnegat Bay At Twilight

Few things are as beautiful as a Barnegat Bay sunset. The ribbons of color racing across the sky are reflected in the rippling water. No place allows you to bear witness to this sight better than a seat on Ocean County Park's Bay Cruiser II. As day surrenders to night, darkness allows for a new perspective on the shoreline and sky. Please join us for a relaxed cruise along the shores of Cattus Island. A naturalist will be on board to answer questions and interpret the sights and sounds of twilight.

LOCATION: Boat Dock, County Parks Administration Office, Toms River DATE/TIME:

Tuesday, June 24	7:00 - 8:30 pm FULL	262096 – 2A
Tuesday, July 1	7:00 - 8:30 pm FULL	
Tuesday, July 8	7:00 - 8:30 pm	
Thursday, July 10	7:00 - 8:30 pm FULL	
Friday, July 18	7:00 - 8:30 pm	
Tuesday, July 22	7:00 - 8:30 pm FULL	
Friday, July 25	6:30 - 8:00 pm	262096 – 2G
Tuesday, July 29	6:30 - 8:00 pm	262096 – 2H
Friday, August 1	6:30 - 8:00 pm	262096 – 21
Tuesday, August 5	6:30 - 8:00 pm	262096 – 2J
Thursday, August 7	6:30 - 8:00 pm	262096 – 2K
Tuesday, August 12	6:30 - 8:00 pm	262096 – 2L
Friday, August 15	6:30 - 8:00 pm	262096 – 2M
Thursday, August 21	6:00 - 7:30 pm	262096 – 2N
Friday, August 22	6:00 - 7:30 pm	262096 – 20
Tuesday, August 26	6:00 - 7:30pm	262096 – 2P
Wednesday, August 27	6:00 - 7:30pm	
FEE: \$14.00 per persor	1	AGE: 4 years – Adult



Early Bird" OrnithologyBarnegat Bay supports one of the largest and most diverse breeding colonies of birds in the state. Our boat will get you as close as ecologically possible to tidal marsh islands where osprey, gulls, terns, herons, and egrets nest. Join us as we observe the acrobatic maneuvers of Ospreys as they catch their food and hear the rapid calls of Belted Kingfishers while in flight.

LOCATION: Boat Dock, County Parks Administration Office, Toms River DATE:

Friday, June 27262	2066 – 3B
Thursday, July 3262	
Monday, July 14	
Thursday, July 31262	
Monday, August 18	
TIME: 7:00 - 9:00 am	

DATE: FRIDAY, AUGUST 20.......262096 - 2R TIME: 1:00 - 2:30 pm

FEE: \$14.00 per person AGE: 4 years - Adult

SUMMER BOAT TOURS

Metedeconk Cruise

The Metedeconk River has a rich cultural and natural history. It is the second largest river to feed the Barnegat Bay Estuary and flows through the densest development in Ocean County. This tour will leave from Trader's Cove Marina in Bricktown and travel past the Forsythe Wildlife Refuge and Herring Island on the way to the mouth of the mighty Metedeconk River. A naturalist will be on board to point out the sights and answer questions.

PICK-UP: Trader's Cove Marina, Mantoloking Road, Brick Township

DATE:

TIME: 9:00 – 10:30 am

FEE: \$14.00 per person AGE: 4 years – Adult

Barnegat Bay Lunch Cruise (ALL FULL)

Sit back and enjoy the sights along Barnegat Bay as we head to our dining locale. What a great way to spend a day or treat a friend!

Participants will be responsible for paying for their lunch and gratuity.

LOCATION: Boat Dock, County Parks Administration Office, Toms River

DATE:

Monday, June 16Lunch at MJ's Restaurant..262044 – 2AMonday, July 7Lunch at MJ's Restaurant..FULL..262044 – 2BMonday, July 21Lunch at MJ's Restaurant..FULL..262044 – 2CWednesday, August 6Lunch at MJ's Restaurant..FULL..262044 – 2D

TIME: 11:00 am - 3:00 pm

TIME: 11:30 am – 3:00 pm

FEE: \$14.00 per person AGE: 4 years - Adult

PICK-UP: Trader's Cove Marina, Mantoloking Road, Brick Township

DATE:

TIME: 11:00 am - 3:00 pm

FEE: \$14.00 per person AGE: 4 years – Adult

Barnegat Bay Dinner Cruise

Quite simply, a Barnegat Bay Dinner Cruise is the perfect night out. Sit back with your loved ones and enjoy the sights along Barnegat Bay as we head to our dining locale. After a wonderful meal, we will head back to port enjoying the setting sun as the day fades away and the harbor lights illuminate our pathway home. **Participants will be responsible for paying for their dinner and gratuity.**

LOCATION: Boat Dock, County Parks Administration Office, Toms River

DATE: Monday, June 23 Dinner at Water Street......262044 – 2J

TIME: 4:30 - 8:30 pm

DATE: Monday, June 30 Dinner at Water Street.....FULL........262044 – 2K

TIME: 4:30 - 8:30 pm

DATE: Wednesday, July 9 Dinner at Water Street.....FULL........262044 – 2L

TIME: 4:30 - 8:30 pm

DATE: Monday, August 4 Dinner at Water Street.....FULL.........262044 – 2M

TIME: 4:00 - 8:00 pm

DATE: Tuesday, August 19 Dinner at Water Street.....FULL........262044 – 2N

TIME: 3:30 - 7:30 pm

FEE: \$14.00 per person AGE: 4 years - Adult

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KAYAKING

Estuary Kayak Tours

Explore the salt marsh and Silver Bay as our staff guide you on our 2-person sit-upon kayaks. Kayaks, paddles, and PFDs will be provided for our participants. Please plan on arriving 15 minutes prior to the tour. **Please wear water shoes or old sneakers, and clothes that can get wet.** This program is weather dependent.

LOCATION: Boat Dock, County Parks Administration Office, Toms River

DATE: Wednesdays

July 2	FULL	262306 – 2A
		262306 – 2B
		262306 – 2C
July 30		262306 – 2D
		262306 – 2E
		262306 – 2F

TIME: 9:00 - 10:30 am FEE: \$5.00 per person

KAYAK TOURING TRIPS

Age: 14 years – Adult

On all kayak trips, you must have **previous kayak paddling experience** – **preferably in** a "sit-in" style kayak. Expect to paddle anywhere from 3-5 hours on ALL trips. We will supply the kayaks and all related gear. All trips are subject to change per the discretion of the trip leaders. It is the participant's responsibility to consult the ratings listed below for each trip and match their skills accordingly. On all trips come expecting to get wet.

Please read the following considerations BEFORE signing up for a program:

- All participants who choose to bring their own boat must have a kayak that measures at least 12 feet in length and is a "sit-in" style boat. *** NO Sit On Top Kayaks ***
- Please avoid cotton clothing. Synthetic-fiber clothing is preferred. Come prepared with water shoes. No flip-flops or Crocs.
- It is strongly recommended that participants have practiced a wet exit (turning the kayak over, releasing spray skirt and swimming out of boat) PRIOR to signing up for a trip. As with all recreation programs, we reserve the right to deny a participant entry into a program if we deem the participant is not physically fit, does not match the skill level of the program or is ill-prepared. A participant will be turned away the day of the trip if the criteria listed here is not met.

If you have specific questions or concerns regarding any of the kayak programs please call Jakes Branch County Park at 732-281-2750.

****ALL RETURN TIMES APPROXIMATE****

RATING SYSTEM

- A. Prior experience demonstrating a wet exit is preferred
- B. Prior participation in either OCPR Beginner Kayaking class OR participation in 2 OCPR trips required
- C. Full day trip 4 to 5 hours pack lunch/snacks/water
- D. Trip will be in mostly protected waters. May experience small waves and current/tide, obstacles/portages. Boats and other watercraft may be present.
- E. May experience larger waves and/or stronger current/tide. Trip will have more open water paddling; possible portages/obstacles. Boats and other watercraft may be present.
- F. Open water paddling: Possible large waves and strong current/tides. Boats and other watercraft may be present.
- G. Cold Water Trip: Wetsuits recommended. NO cotton clothing. Must bring a full change of clothes in a waterproof bag
- H. Spray skirts required
- I. Plan to eat in your boat or exit on uneven ground for the lunch stop.
- J. NO BATHROOM FACILITIES ALONG ROUTE

KAYAK TOURING TRIPS

Nacote Creek

This downstream and back paddle through the wildlife management area never disappoints. Little boat traffic and much in the way of scenery, this is a gem of a trip.

Pack a lunch, sunscreen, insect repellent and plenty of water.

PICK UP: Parking Lot, Tip Seaman County Park, Tuckerton

DATE: Saturday, July 19.......265126 – 5A

DEPARTURE/RETURN: 9:00 am - 3:00 pm

RATING: A, B, C, E, J, I

FEE: \$25.00 per person / \$10.00 if bringing own boat AGE: 16 years - Adult

Late Afternoon on the Lower Wading River

This down and back paddle on this quiet, slow moving river is sure to please. We will paddle through an upper portion of the river which will eventually give way to wide open views of the lower river basin just a few miles before it empties into the Mullica.

Pack a snack or lite dinner, plenty of water, sunscreen and insect repellent.

PICK UP: Soccer Lot, Freedom Fields County Park, Little Egg Harbor

DEPARTURE/RETURN: 3:00 - 7:30 pm

RATING: A, B, D, J, I

FEE: \$25.00 per person / \$10.00 if bringing own boat AGE: 16 years - Adult

Sunset – Moonrise Kayak Ramble

Join us for this relaxing paddle down Parker Run. Once out of the creek we will explore the shoreline of Parker Cove as the moonlight lights up the water.

PICK UP: Parking Lot, Tip Seaman County Park, Tuckerton

DEPARTURE/RETURN: 7:30 - 9:30 pm

RATING: A, B, D, J

FEE: \$25.00 per person / \$10.00 if bringing own boat AGE: 16 years - Adult

Great Bay Boulevard

This vast wildlife management area is teaming with birdlife. We will make our way along its shores and duck into a creek or two depending on the tides.

Pack a lunch, plenty of water, sunscreen and insect repellent.

PICK UP: Parking Lot, Tip Seaman County Park, Tuckerton

DATE: Saturday, August 16......265126 – 5D

DEPARTURE/RETURN: 9:00 am - 2:30 pm

RATING: A, B, C, E-F, I, J

FEE: \$25.00 per person / \$10.00 if bringing own boat AGE: 16 years - Adult

Trip Leaders Choice

Like a little mystery? Our trip leader will select a fabulous location sure to please all.

Pack a lunch, sunscreen, insect repellent and plenty of water.

PICK UP: Soccer Lot, Freedom Fields County Park, Little Egg Harbor

DATE: Wednesday, August 27......265126 – 5E

DEPARTURE/RETURN: 9:00 am - 2:30 pm

RATING: A, B, D, J

FEE: \$25.00 per person / \$10.00 if bringing own boat AGE: 16 years - Adult



KAYAK TOURING TRIPS

Graveling Point

This lovely area off the end of Mystic Island should provide beautiful views and diverse bird life. This is open water paddling so please be prepared for wind, waves and light boat traffic. We will hug the shoreline and maybe duck in a creek or two. Pack a lunch, plenty of water, sunscreen and insect repellent.

PICK UP: Parking Lot, Tip Seaman County Park, Tuckerton

RATING: A, B, C, E-F, I, J

FEE: \$25.00 per person / \$10.00 if bringing own boat AGE: 16 years - Adult

"Just the Basics" Kayak Touring Course
For those who want to "wet" their appetite and learn the basics of kayaking, this class is for you! The class will emphasize safety, paddling techniques, paddling gear and other related equipment. We will include both "classroom" and on-the-water instruction. Participants are strongly encouraged to complete a wet exit from their kayak (turning the kayak over and swimming out) as part of the safety portion of the class.

All of our boats are SINGLE PERSON sea kayaks – also referred to as touring kayaks – designed for open water paddling conditions. They average between 14 and 16 ½ feet in length and are all decked or "sit-in" style boats. We will be practicing using spray skirts. *Avoid wearing cotton clothing. Quick-drying fabrics such as a bathing suit or nylon water shorts are preferred. If you have a wet suit you may bring that. Please come prepared with water shoes/sandals (no flip-flops or Crocs.) Other items to bring: towel, sunscreen, bug repellent, and a change of clothes. Pack your lunch.

PICK UP: Parking Lot, A. Paul King County Park, Manahawkin

DEPARTURE/RETURN: 9:00 am - 3:30 pm

RATING: A

FEE: \$25.00 per person AGE: 16 years - Adult

STANDUP PADDLEBOARDING

Introduction to Stand Up Paddleboarding

Have you ever wanted to try paddleboarding? This introductory class will give you the basics on this amazing sport. We will review the types of paddleboards and equipment needed. We will then venture out into the lagoon to learn how to paddle. Paddleboard, paddle, and PFDs are provided. You must be able to swim and must be able to kneel for long periods. Please wear bathing suit, water shoes, and bring water. This class is weather and wind dependent. Paddleboards are rated with a weight limit of

LOCATION: Boat Dock, County Parks Administration Office, Toms River

Monday, August 11......262123 – 2B

TIME: 9:00-10:30 am

FEE: \$10.00 per person AGE: 14 years - Adult

Stand Up Paddleboarding Marsh Ecology Tour Explore the salt marshes of Cattus Island County Park via paddleboarding. Adventure

through the ditches and ponds of the salt marsh taking in a unique perspective of the marsh ecology. Must have taken Introduction to Paddleboarding or have paddleboarding experience.

LOCATION: Cooper Environmental Center Lobby, Cattus Island County Park, Toms

FEE: \$10.00 per person AGE: 14 years - Adult

RIVER PADDLING

There's no better way to see the natural areas of our state than on the water! With our canoe instructors and naturalist guides, you can enjoy a guided tour with environmental/ historical interpretation along the way. We provide one canoe for every two people or a limited number of single person river kayaks. The \$14 fee includes a canoe or river kayak, paddle, life vest and transportation. If you bring your own canoe or kayak, the fee is \$10 per person. Kayaks appropriate for smaller rivers are welcome. Please pack a lunch and wear appropriate clothing that can get wet and/or dirty. Quick drying fabrics are best. If you have never canoed before or would like to sharpen your skills, sign up for a class (listed below when in season). Registration is required. Please consult the ratings below and be sure to select a trip that matches your skill level. *Children must be 11 years or older and accompanied by an adult to participate. Each child ages 11-13 must be in a canoe with an adult. Older children may rent a kayak. We recommend you arrive 20 minutes prior to departure time. All return times are approximate. If you have any questions, please call Wells Mills County Park at 609-971-3085. Staff reserves the right to deny a participant entry into a program if they are deemed physically unfit or inadequately prepared to participate in said program. Be prepared for portages (carrying your boat over obstacles) on all trips.

Please consult the ratings below and be sure to select a trip that matches your skill level. Canoe Difficulty Rating

- A. Continual paddling for several hours
- B. Must negotiate quick river turns
- C. Must paddle in open water and be able to handle wind, waves and/or tide
- D. May encounter portages (must be able to lift your boat over obstacles)
- E. Many portages
- F. DANGER! Cold water. Please bring a change of clothes in a waterproof bag
- G. General paddling experience required
- H. River paddling experience required

** YOU MUST HAVE RIVER PADDLING EXPERIENCE AND BE ABLE TO NEGOTI-ATE RIVER TURNS TO PARTICIPATE ON RIVER TRIPS**

NEW We now have a limited number of river kayaks to rent in addition to our canoes for our river trips. Please indicate which type of vessel you would like by using the corresponding registration number below. We will provide you with a PFD and kayak paddle. All other rules above apply.

Great Egg Harbor River (Weymouth to Lake Lenape) - 8 miles

Traveling to Atlantic County

We will start our trip at historic Weymouth Furnace, which was also a paper mill at one time. The waters will be narrow and swift at first and then gradually slow and widen as it approaches Lake Lenape.

PICK-UP: Parking Lot, Wells Mills County Park, Waretown

DATE: Monday, July 14

CANOE (rental) or BRING OWN BOAT......264126 – 4A

RIVER KAYAK (rental).......264126 – 4B

DEPARTURE/RETURN: 8:00 am - 4:00 pm

RATING: A, B, C, D, G, H

FEE: \$14.00 per person, \$10.00 if bringing own boat AGES: 11 years - Adult

RIVER PADDLING

Middle Batsto (Quaker Bridge to Mill Pond) - 5.5 miles

Traveling to Burlington County

PICK-UP: Parking Lot, Wells Mills County Park, Waretown

DATE: Thursday, July 24

DEPARTURE/RETURN: 8:00 am - 5:00 pm

RATING: A, B, C, D, G, H

FEE: \$14.00 per person, \$10.00 if bringing your own boat AGES: 11 years - Adult

Cedar Creek (Ore Pond – Trestle) - 6.5 miles

PICK-UP: Parking Lot, Wells Mills County Park, Waretown

DATE: Tuesday, July 29

DEPARTURE/RETURN: 8:00 am - 2:00 pm

RATING: A, B, D, G, H AGE: 11 years - Adult

FEE: \$14.00 per person, \$10.00 if bringing your own boat

Wading River (Hawkins Bridge - Beaver Branch) - 9.5 miles

Traveling to Burlington County

PICK-UP: Parking Lot, Wells Mills County Park, Waretown

DATE: Thursday, August 28

RIVER KAYAK (rental)......264126 – 4H

DEPARTURE/RETURN: 8:30 am - 3:30 pm

RATING: A, B, D, F, H AGE: 11 years - Adult

FEE: \$14.00 per person, \$10.00 if bringing your own boat

RIVER PADDLING JAUNTS

Would you like to go canoeing but not paddle for as long as our regular trips? Then try our canoeing jaunts. The mileage will be shorter and we should end our day a little earlier but the rating of the river will not change from our longer stretches. Please have river canoeing experience when signing up for these trips. Bring water and a snack or lunch in case the trip takes longer than expected. See general canoeing description and ratings above for important information.

Landing Creek - 4 miles

Traveling to Atlantic County

PICK-UP: Parking Lot, Wells Mills County Park, Waretown

DATE: Friday, July 18

DEPARTURE/RETURN: 8:00 am - 2:00 pm

RATING: A, B, D, G, H

FEE: \$12.00 per person, \$8.00 if bringing your own boat AGE: 11 years - Adult

Wading River Jaunt (Evans Bridge – Beaver Branch) - 4.5 miles

Traveling to Burlington County

PICK-UP: Parking Lot, Wells Mills County Park, Waretown

DATE: Wednesday, August 13

DEPARTURE/RETURN: 8:00 am - 1:30 pm

RATING: A, B, D, G, H

FEE: \$12.00 per person, \$8.00 if bringing your own boat AGE: 11 years - Adult

CANOE PROGRAMS

Twilight Canoe Nature Float on Wells Mills Lake

LOCATION: Nature Center, Wells Mills County Park, Waretown

DATE: Friday, August 15......264126 – 4M

TIME: 6:00 - 7:30 pm Rating: A, C, G

FEE: \$6.00 per person AGE: 10 years - Adult

JAUNTS

Crossley Preserve Extension

The 2, 948 acres of Crossley that was once the site of the Crossley Clay Works was eventually sold to the NJ Natural Lands Trust. Walking on a portion of the former Pennsylvania RR, the trail takes us through diverse and scenic habitats.

PICK UP: Parking Lot, Jakes Branch County Park, Beachwood

DATE: Friday, September 5......265530 – 5E

DEPARTURE/RETURN: 9:00 am - 12:00 pm

RATING/MILEAGE: Flat - 4 miles

FEE: \$8.00 per adult / \$6.00 per child (ages 9-16) AGE: 9 years - Adult

Jaunt to Reevestown Cemetery

Join the Cedar Bridge Tavern staff on a two mile nature walk through the forest and woods roads to explore the nearby historic Reevestown Cemetery. **The terrain will be uneven and may be wet in some sections.**

LOCATION: Cedar Bridge Tavern Historic Site, 200 Old Half-Way Road, Barnegat DATE: Thursday, September 11......269236 – 9A

TIME: 10:00 am - 12:00 pm

FEE: \$8.00 per adult/ \$6.00 per child (ages 9-16) AGE: 9 years - Adult

WALKS

Full Moon Hike

Experience the diverse beauty of Cloverdale under the light of the full moon. Please be prepared to hike 2 miles on varied terrain. Dress for the weather, wear comfortable sneakers or boots.

LOCATION: Program Room, Cloverdale Farm County Park, Barnegat

TIME: 8:00 - 9:30 pm

FEE: \$5.00 per person AGES: 9 years – Adult

Good Luck Point Moonlight Walk

This out and back walk will traverse through open marsh and into the woods. Views over the marsh and bay are sure to please.

PICK UP: Parking Lot, Jakes Branch County Park, Beachwood

DEPARTURE/RÉTURN: 8:00 – 9:30 pm

FEE: \$6.00 per person AGE: 10 years - Adult

Wednesday Wanders

These wanders are for those that don't quite want to do the mileage of a jaunt but want something a bit more than a nature walk. All wanders will be between 2 and 3 miles. You can expect mostly flat conditions, possible sugar sand and wet spots. Sturdy footwear is recommended.

PICK UP: Parking Lot, Jakes Branch County Park, Beachwood

DATES: Wednesday, September 10, NJ Pulverizing......265530 – 5B

DEPARTURE/RETURN: 9:00 - 11:00 am

FEE: \$6.00 per person AGE: 10 years - Adult

WALKS

Jakes Branch Ecology Walk and Talk

Join a Park Naturalist as we discuss the Natural and Human history of Jakes Branch County Park. We will first go through a PowerPoint presentation highlighting the species and historic points of the park followed by a nature walk to observe them up close. Walk will not exceed 3 miles.

LOCATION: Program Room, Jakes Branch County Park, Beachwood

Saturday, September 13.......265530 – 5D

TIME: 10:30 am – 12:00 pm

FEE: \$6.00 per person AGE: 14 years - Adult

VAN TOURS

Our Ocean County Parks van tours are held throughout the year. Each trip focuses on a specific theme. Here are some things to keep in mind when signing up for a van tour:

- Pack a lunch (unless otherwise noted). We will try to stop at a picnic/park area to eat, when available.
- Dress for the weather. Layering is best as in most cases we will be in and out of the van.
- Be prepared for some walking (amount of walking will be indicated by the trip description)
- We often travel on rough unpaved roads to accomplish the goals of the trip. Be sure to wear your seatbelt.
- · Read each description carefully so that you are adequately prepared.
- Bug spray with DEET is recommended for our outdoor programs.
- Those under the age of 18 must be accompanied by an adult unless otherwise specified.

Please arrive 15 minutes prior to departure. All return times are approximate. Seating is first come, first choice. Following the van is not permitted.

Colonial and Beach Nesting Birds of the Jersey Shore

Traveling to Ocean, Atlantic, Cape May & Cumberland Counties

Herons, egrets, ibis and other long-legged wading birds nest in colonies up in trees. Oystercatchers, skimmers and terns nest in colonies on sandy beaches. Come enjoy this summer spectacle of birds, which includes some rare and endangered species. Be prepared for beach walks up to one mile. Pack a lunch and dress for the weather.

Bring binoculars.

PICK-UP: Parking Lot, Wells Mills County Park, Waretown

DEPARTURE/RETURN: 9:00 am - 4:00 pm

FEE: \$14.00 per person AGE: 9 years -Adult



VAN TOURS

Family Fossil Adventure Van Trip

Traveling to Monmouth County

We will be traveling to a fossil formation in Monmouth County where fossils were deposited during the late Cretaceous Period. During this trip we will walk a narrow trail to a Monmouth County fossil stream where we will have to climb down the bank to the stream. We will then walk in the stream searching for fossils with a trowel and sieve. Wear old sneakers or water shoes. NO sandals, flip flops or crocs please! Be able to walk on uneven ground, climb over downed trees and be able to descend and ascend muddy, slippery stream banks. Pack a lunch, water, a change of shoes, a towel, a small bag to store your findings, and garden trowel with a blade no longer than 6 inches, if you have one. We will have some to borrow. You will be allowed 5 fossils each. Children must be accompanied by an adult.

PICK-UP: Nature Center Parking Lot, Jakes Branch County Park, Beachwood

DEPARTURE/RETURN: 9:00 am - 2:00 pm

AGE: 9 years - Adult FEE: \$14.00 per person

Shorebirds at Brigantine

Traveling to Atlantic County

This is a great time to see early migrants at the Forsythe National Wildlife Refuge's Brigantine Unit. We will drive the 8-mile auto-loop in search of shorebirds and other water-loving birds. Pack a lunch, dress for the weather and bring binoculars. Most viewing will be done sitting in the van. Long sleeves and insect repellent are recommended for short walks outside.

PICK-UP: Parking Lot, Wells Mills County Park, Waretown

DATE: Thursday, August 7......264516 – 4D

DEPARTURE/RETURN: 9:00 am - 2:00 pm

FEE: \$14.00 per person AGE: 9 years -Adult



Brick, NJ (732) 920-8899

LECTURES

Honey Bees of Cattus Island

A power point presentation will illustrate the history, biology, social organizations, and utility of the European Honey Bee. Participants will learn about the different kinds of bees, their jobs, and be introduced to the world of hobby bee-keeping.

LOCATION: Cooper Environmental Center lecture room, Cattus Island County Park,

Toms River

TIME: 2:00 - 3:00 pm

FEE: \$5.00 per person AGE: 12 years – Adult

NEW! 175 Years of Ocean County

Did you know Ocean County did not exist until 1850? Delve into the political intrigue behind the formation of the County and learn about Ocean County's "founding father," Joel Haywood of West Creek with Ocean County's official Historian, Tim Hart.

LOCATION: Cedar Bridge Tavern Historic Site, 200 Old Half-Way Road, Barnegat DATE: Sunday, July 13......269166 – 9A

TIME: 2:00 - 3:00 pm

FEE: \$5.00 per person AGE: ALL

Fire in the Pine Barrens

Join a park naturalist as we discuss the many facets of fire ecology. Plant and soil interactions, fire behavior and ecological succession will all be covered. After, we will take a short walk to observe different fire-adapted plants. Walk will not exceed 1 mile.

LOCATION: Program Room, Jakes Branch County Park, Beachwood

TIME: 11:00 am – 12:00 pm

FEE: \$5.00 per person AGE: 14 years - Adult

NEW! Water, Woods, Roads

Explore the relationship between environment, transportation, and industry in the Pine Barrens. Discuss with Ocean County Historian Tim Hart how humans have harnessed natural resources to advance local society over time.

LOCATION: Cedar Bridge Tavern Historic Site, 200 Old Half-Way Road, Barnegat DATE: Sunday, July 27......269166 – 9B

TIME: 2:00 - 3:00 pm

FEE: \$5.00 per person AGE: ALL

NEW! Islands of Barnegat Bay... or Maybe Not

What is the true definition of the "Barnegat Bay"? Uncover how the shifting sands and major storms in our coastal region have changed the land and waterscape over time. Learn about the local islands that have come and gone.

LOCATION: Community Center, Tip Seaman County Park, Tuckerton

AGE: ALL

TIME: 2:00 - 3:00 pm FEE: \$5.00 per person

LECTURES

Floriography: the Victorian Language of Flowers

These days, social media and texts make it easy to let someone know how you feel about them. Back in the late 1800s, though, directly expressing your feelings was frowned upon. So what did those straight-laced Victorians do? They developed a "language" of combining flowers to let that special someone know how they were feeling...whether it was love, compassion, jealousy, or even "I can't stand the very thought of you!" Learn to use flowers to express your emotions with this fun and informative presentation.

LOCATION: Cooper Environmental Center, Lecture Room, Cattus Island County Park,

Toms River

DATE: Monday, August 11......262166 – 2D

TIME: 2:00 - 3:00 pm FEE: \$5.00 per person

AGE: 16 years - Adult

AGE: 12 years - Adult

The Mystery of Monarchs

Monarch butterflies are one of the most iconic species of Lepidoptera in the world. However, in recent years, their numbers have plummeted, causing a huge push to save this unique species. Discover the world of the monarch butterfly; from their multi-generational migration to their unique lifecycle that relies on poisonous plants and their significance in culture around the world. We will also cover how to start a monarch friendly garden and how to raise monarch butterflies at home. Live monarchs and caterpillars will be present to view as well as preserved specimens to get a super up-close look at these amazing creatures.

LOCATION: Classroom, Jakes Branch County Park, Beachwood

TIME: 11:30 am – 12:30 pm

FEE: \$5.00 per person AGE: All

Cattus Island Living Shoreline/Marsh Restoration Project

Cattus Island is the most significant salt marsh and the largest breakwater in the northern portion of Barnegat Bay. The overall goal of this project is to restore critical shoreline areas of Cattus Island County Park to address significant erosion and prevent extreme wetlands and habitat loss in the Barnegat Bay. Some areas of the park have lost more than 300 feet over the past 85 years. This erosion is likely to increase over time, if the shoreline, and especially the northeast peninsula known as "Page's Point," is not stabilized. This power point presentation is an overview of the changes along the shoreline and the plans for restoration.

LOCATION: Cooper Environmental Center, Lecture Room, Cattus Island County Park, Toms River

TIME: 6:00 - 7:00 pm FEE\$ 5.00 per person



PARENT & CHILD FUN

Story Telling and Activity

Join your child as we gather around, read a few stories and engage in an activity or a craft related to the stories.

Story reading will begin promptly at 10:00

LOCATION: Classroom, Jakes Branch County Park, Beachwood

TIME: 10:00 - 11:00 am FEE: Free AGE: 3 - 5 years

Trees Are Terrific

Summer is here and the days are hot! Thank goodness we have trees to provide us with shade and cool us down. We will read stories about why trees are important and who plants them. You will be very surprised!

DATE: Tuesday, July 29

Amazing Pond Life

We will read stories about who and what lives in and around the pond, followed by a short walk to the pond at Jakes Branch. What will you discover?

DATE: Tuesday, August 12

Nature's Smells and Textures

Nature is full of a variety of smells and textures. We will explore different scents. Sweet, sour, vibrant, stinky. What is your favorite? How many can you identify? Nature has so many textures. Rough, smooth, hard, soft, crinkly. Can you identify them by touch?

DATE: Tuesday, September 16

Maker Mondays Kids Craft Drop In

Nature Crafts and activities are an easy way to inspire kids to develop a love and appreciation of the outdoors. Drop by with your child any time between 10 and 11 am and help them create their own natural wonder!

LOCATION: Nature Center, Jakes Branch County Park, Beachwood

DATE: Mondays,

July 7 Fun With Frogs
July 21 Crabby Craft
August 4 Wonderful Weather
August 18 Interesting Insects
September 8 Farm Friends
September 22 Welcome Fall

TIME: 10:00 - 11:00 am

FEE: FREE AGE: 3 – 5 years



The following programs are designed for preschool children without parent participation. These are drop-off programs only. Please Note: Children must be potty-trained. Please dress for the weather as many of the classes will be held outside.

It's a Pizza

If you like pizza, then you are invited to a pizza party! There will be cheesy pizza crafts, games with garnish galore and we will finish with our own hand made pizza pie!

PLEASE LIST ANY FOOD ALLERGIES AT TIME OF REGISTRATION

LOCATION: Program Room, Parks Administration Office, Toms River

DATE: Tuesday, July 1......261021 – 1A

TIME: 10:00 am - 12:00 pm

FEE: \$5.00 per child AGE: 3 - 5 years

Little Ace's Tennis

This program is designed to teach children the basics of the game of tennis. Children will get a feel for a racket and will learn the basic groundstrokes and footwork for the game. Drills and games will be incorporated so that kids will have loads of fun learning a new sport. Rackets will be provided. **Please wear sneakers and bring a drink.**

LOCATION: Tennis Courts 1 & 2, Beaver Dam County Park, Point Pleasant

TIME: 9:00 – 10:00 am

FEE: \$5.00 per child AGE: 3 - 5 years

Color Wave

Stories, games and crafts galore, while we explore, all the colors of the rainbow.

LOCATION: Program Room, Parks Administration Office, Toms River

DATE: Wednesday, July 2......261021 – 1B

TIME: 10:00 - 11:00 am

FEE: \$5.00 per child AGE: 3 - 5 years

Happy Birthday America

America's birthday is July 4th and we're celebrating. Red, white and blue crafts, stories and games are all part of the fun. No birthday is complete without a slice of birthday cake!

PLEASE LIST ANY FOOD ALLERGIES AT TIME OF REGISTRATION

LOCATION: Program Room, Parks Administration Office, Toms River

TIME: 10:00 - 11:00 am

FEE: \$5.00 per child AGE: 3 - 5 years

Starry, Starry Night

Gaze at the stars, the moon and the planets. We will explore outer space through stories, games and crafts.

LOCATION: Program Room, Parks Administration Office, Toms River

DATE: Tuesday, July 8261021 – 1D

TIME: 10:00 - 11:00 am

FEE: \$5.00 per child AGE: 3 - 5 years

Builder Buddies

"Can we build it, yes we can!" Calling all builder buddies for an hour of fun building crafts and playing games.

LOCATION: Program Room Parks Administration Office, Toms River

DATE: Wednesday, July 9......261021 – 1E

TIME: 10:00 - 11:00 am

FEE: \$5.00 per child AGE: 3 - 5 years

The following programs are designed for preschool children without parent participation. These are drop-off programs only. Please Note: Children must be potty-trained. Please dress for the weather as many of the classes will be held outside.

Undersea Adventures

Travel with us to explore the amazing undersea world. We will make sea creature crafts, play sea creature games and listen to stories.

LOCATION: Program Room, Parks Administration Office, Toms River

DATE: Thursday, July 10......261021 – 1F

TIME: 10:00 - 11:00 am

FEE: \$5.00 per child AGE: 3 - 5 years

Down on the Farm

Oink, Moo and Cock-a-Doodle Doo! A farm is a noisy, busy place and our little farmers will be busy making animal farm crafts and listening to stories about life on a farm.

LOCATION: Program Room, Parks Administration Office, Toms River

DATE: Tuesday, July 22......261021 – 1G

TIME: 10:00 - 11:00 am

FEE: \$5.00 per child AGE: 3 - 5 years

Indoor Tennis for Preschoolers

Come join in on the tennis fun! In this beginner's Pre-K class, we will lay the groundwork for tennis by learning the fundamentals of the sport. We will go over forehands, backhands, and volleys and play a variety of lively games. Rackets will be available. Please wear sneakers and bring a drink. **This class is indoors, so please dress appropriately.**

LOCATION: Beach Complex, Ocean County Park, Lakewood

DATE: Tuesday, July 22.......263021 – 3B

TIME: 1:00 – 2:00 pm

FEE: \$5.00 per child AGE: 3 – 5 years

Snowballs in July

Come and cool down with us as we imagine snow in July! We will make cool crafts, and listen to snow stories. We will end up with a cool summer treat!

PLEASE LIST ANY FOOD ALLERGIES AT TIME OF REGISTRATION

LOCATION: Program Room, Parks Administration Office, Toms River

DATE: Wednesday, July 23......261021 – 1H

TIME: 10:00 -11:00 am

FEE: \$5.00 per child AGE: 3 - 5 years

High Five

Hands up for fun! Using your child's handprints and cutouts, we will create all kinds of fun and other colorful crafts.

LOCATION: Program Room, Parks Administration Office, Toms River

DATE: Thursday, July 24......261021 – 1I

TIME: 10:00 -11:00 am

FEE: \$5.00 per child AGE: 3 - 5 years

Watermelon Picnic

What a Melon! Let's have some fun with picnic games, stories and crafts. We will finish with a true summer treat, a slice of Watermelon.

PLEASE LIST ANY FOOD ALLERGIES AT TIME OF REGISTRATION

LOCATION: Program Room, Parks Administration Office, Toms River

TIME: 10:00 - 11:00 am

FEE: \$5.00 per child AGE: 3 - 5 years



Ocean County has the largest population of veterans in New Jersey. Our goal is to create a Veterans in Nature series of programs each season. These programs are designed to provide an outdoor experience for our military veterans. Studies show that nature based programs can help veterans with stress, anxiety, focusing, resilience and PTSD. Veterans Services Department will have a representative available to assist our veterans and to provide information on necessary resources they may need.

Veterans may bring one non-veteran guest and will need to provide their military ID for registration.

Barnegat Bay Dinner Cruise

Quite simply, a Barnegat Bay Dinner Cruise is the perfect night out. Sit back with your loved ones and enjoy the sights along Barnegat Bay as we head to our dining locale. After a wonderful meal, we will head back to port enjoying the setting sun as the day fades away and the harbor lights illuminate our pathway home. Participants will be responsible for paying for their dinner and gratuity. Limit to one Veteran and one guest. LOCATION: Boat Dock, County Parks Administration Office, Toms River

DATE: Wednesday, July 23 Dinner at Water Street.....

TIME: 4:00 - 8:00pm FEE: \$10.00 per person

Barnegat Bay At Twilight

AGE: 4 years - Adult

Few things are as beautiful as a Barnegat Bay sunset. The ribbons of color racing across the sky are reflected in the rippling water. No place allows you to bear witness to this sight better than a seat on Ocean County Park's Bay Cruiser II. As day surrenders to night, darkness allows for a new perspective on the shoreline and sky. Please join us for a relaxed cruise along the shores of Cattus Island. A naturalist will be on board to answer questions and interpret the sights and sounds of twilight. LOCATION: Boat Dock, County Parks Administration Office, Toms River

.....262096 – 2Z DATE: Thursday, August 14...

TIME: 6:30 - 8:00 pm FEE: \$10.00 per person AGE: 4 years - Adult

NEW! Plein Air at Historic Cedar Bridge

Join us for an inspiring and creative morning on our beautiful Cedar Bridge grounds and learn how to paint En Plein Air, a French expression which translates to "in the open air." In this program, participants will paint from nature while capturing the beauty of the surrounding area and learn how to simplify shapes and capture light in a

Rain Date: Thursday, July 24

TIME: 10:00 am - 12:00 pm

FEE: \$5.00 per person AGE: Adult

Wading River Canoe (Evans Bridge – Beaver Branch)-4.5 miles

Traveling to Burlington County PICK-UP: Parking Lot, Wells Mills County Park, Waretown

DATE: Monday, July 21

CANOE (rental) or BRING OWN BOAT......264126 – 4Y RIVER KAYAK (rental)....

DEPARTURE/RETURN: 8:00 am - 1:30 pm

RATING: A, B, D, G, H (see page 14 for description) AGE: 11 years - Adult

FEE: \$5.00 per person

Late Afternoon - Early Evening Freedom Kayak Float Join us as we paddle, float and de-stress on scenic Lake Oswego Burlington County. Avoiding the heat of the day, paddling conditions should be ideal as the sun sits lower in the sky and nature comes alive in the cooler hours of the day and early evening. You must have some prior kayaking experience. Pack a light dinner or snack, plenty of water and insect repellent.

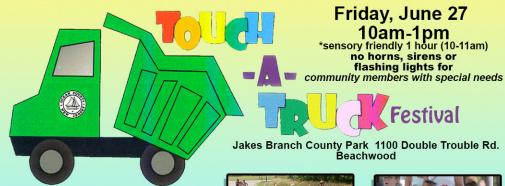
PICK-UP: Soccer Field Parking Lot, Freedom Fields County Park, Little Egg Harbor DATE: Sunday, September 14......DEPARTURE/RETURN: 4:30 – 8:30 pm

RATING: B, D

FEE: \$5.00 per person AGE: 16 years - Adult



JAKES BRANCH COUNTY PARK



Kids will be allowed to touch,get behind the wheel, climb, explore, learn and have fun ~ALL IN ONE PLACE~













Ocean County Parks & Recreation Administration Office 1198 Bandon Road Toms River *Start time 6:30pm*

> 80s Revolution June 27

Underwater Airlines

July 4

The Chiclettes July 11

Jukebox Legends July 18

70s Rock Parade

July 25

Sensational Soul Cruisers

August 1

One Hit Wonderers

August 8

The Kootz Band

August 15

Mushmouth

August 22

Erich Cawalla & The Uptown Band August 29

Gille Park

102 Manchester Ave. Forked River *Start Time 6:30pm*

The Wag: A Beatles Tribute Band

July 30

Str8Up

August 27

Heritage Gazebo Bay Ave., Lavallette *Start Time 7pm*

> Wilbur Wittemann Big Band August 24

Veterans Park: 489 Forest Hills Pkwy **Berkeley Township**

Start Time 7:30pm

Naked Jake Band July 2

We May Be Right July 16

Mid-life Crisis

July 30

Suit \$ Mai Tai August 13

23rd Ave. Seaside Park *Start time 5pm* Alotta Colada

August 24

Ocean County Library 101 Washington Street **Toms River** *Start Time 6:30pm*

> Soul Sounds June 19

63rd Army Band June 26

Toms River Municipal Band July 3

Toms River Municipal Band July 10

Bob Kulik: A Salute to Frank Sinatra

July 17

Strictly 60s July 24

Toms River Municipal Band July 31

Toms River Municipal Band August 7

Toms River Municipal Band August 14

Wilbur Wittemann Big Band August 21

Sentimental Journey Big Band August 28

> **Brass Tacks** September 4

Waterfront Park 10th Street & Shore Ave. **Ship Bottom** *Start time 6:30pm*

> The Jersey Tenors July 3

Simmerr

July 10

Dread Pilot Roberts July 17

The Counterfeiters July 31

The Chris Fritz Band August 7

Danny's 52 Street Band August 21

Jimmy and the Parrots August 28



The following programs are designed for preschool children without parent participation. These are drop-off programs only. Please Note: Children must be potty-trained. Please dress for the weather as many of the classes will be held outside.

Mermaid Tales

Splash into the ocean and swim with the mermaids. We will make bejeweled mermaid crafts and listen to mermaid tales.

LOCATION: Program Room, Parks Administration Office, Toms River

DATE: Wednesday, July 30......261021 – 1K

TIME: 10:00 - 11:00 am

FEE: \$5.00 per child AGE: 3 - 5 years

Pirate Treasure

Cast off for a fun adventure! Come and act like a pirate for the day. We will set sail in search of pirate treasure with stories, crafts, and games.

LOCATION: Program Room, Parks Administration Office, Toms River

DATE: Thursday, July 31......261021 – 1L

TIME: 10:00 – 11:00 am

FEE: \$5.00 per child AGE: 3 - 5 years

Ice Cream Sundae Party

Have a double dip of fun as we celebrate everyone's favorite frozen treat. We will sprinkle the hour away with yummy stories, cool ice cream crafts, and finish up with a super sundae party. **PLEASE LIST ANY FOOD ALLERGIES AT TIME OF REGISTRATION**

LOCATION: Program Room, Parks Administration, Toms River

TIME: 1:00 – 2:00 pm

FEE: \$5.00 per child AGE: 3 - 5 years

Frog Frolics

Join us and lean about the slippery adventures of frogs. We will make fun, Froggy crafts, play games and share a story all about frogs.

LOCATION: Program Room, Parks Administration Office, Toms River

TIME: 10:00 - 11:00 am

FEE: \$5.00 per child AGE: 3 - 5 years

The Cat's Meow

Who doesn't love a funny, frisky, fur-ball kitty? We will have some whisker twitching fun with the Roaring Lion's little cousin.

LOCATION: Program Room, Parks Administration Office, Toms River

DATE: Wednesday, August 13......261021 – 10

TIME: 10:00 - 11:00 am

FEE: \$5.00 per child AGE: 3 - 5 years

Radical Reptiles

They crawl, they climb, and some even swim! Join us as we explore the world of "Radical Reptiles" through crafts, stories, and games.

LOCATION: Program Room, Parks Administration Office, Toms River

DATE: Thursday, August 14......261021 – 1P

TIME: 10:00 - 11:00 am

FEE: \$5.00 per child AGE: 3 - 5 years

I Want S'more

Let's get together and celebrate everyone's favorite gooey, campfire treat! We'll make campfire crafts, read a story and the best part of all, and eat a gooey s'more.

PLEASE LIST ANY FOOD ALLERGIES AT TIME OF REGISTRATION

LOCATION: Program Room, Parks Administration Office, Toms River

DATE: Tuesday, August 19......261021 – 1Q

TIME: 1:00 - 2:00 pm

FEE: \$5.00 per child AGE: 3 - 5 years

Little Picasso

Do you have a budding Picasso in your family? Your preschooler will experience finger painting, fabric painting, sponge painting and much more in this class.

LOCATION: Program Room, Parks Administration Office, Toms River

DATE: Thursday, August 21......261021 – 1R

TIME: 10:00 - 11:00 am

FEE: \$5.00 per child AGE: 3 - 5 years

Railroad Fun

CHOO! CHOO! All aboard the OC Parks railroad to FUN! We will read stories, play games, and make crafts, all about trains.

LOCATION: Program Room Parks Administration Office, Toms River

DATE: Tuesday, September 2.......261021 – 1S

TIME: 10:00 -11:00 am

FEE: \$5.00 per child AGE: 3 - 5 years

Adorable Owls

HOO-HOO HURRAY it's Owl day! Take a flight of fancy and we will "Owl" make adorable crafts and listen to owl tales.

LOCATION: Program Room, Parks Administration Office, Toms River

DATE: Thursday, September 4......261021 – 1T

TIME: 10:00 - 11:00 am

FEE: \$5.00 per child AGE: 3 - 5 years

An Apple A Day

Red, green or yellow, apples are a tasty treat any time. We will create tasty apple crafts, read a story or two and finish with a crunchy apple snack.

PLEASE LIST ANY FOOD ALLERGIES AT TIME OF REGISTRATION

LOCATION: Program Room, Parks Administration Office, Toms River

DATE: Tuesday, September 9.......261021 – 1U

TIME: 10:00-11:00 am

FEE: \$5.00 per child AGE: 3 - 5 years

Puppy Dog Tales

Join us for a barking good time! We will make canine crafts and listen to tail wagging stories. Woof! Woof!

LOCATION: Program Room, Parks Administration Office, Toms River

DATE: Wednesday, September 10.......261021 – 1V

TIME: 10:00 – 11:00 am

FEE: \$5.00 per child AGE: 3 - 5 years

Princess Tea Party

The palace is having a tea party and you are invited. We will spend our time telling princess stories, making elegant crafts and having a mini tea party. All little princess' may dress the part!

PLEASE LIST ANY FOOD ALLERGIES AT TIME OF REGISTRATION

LOCATION: Program Room Parks Administration Office, Toms River

DATE: Wednesday, September 17......261021 – 1W

TIME: 10:00 – 11:00 am

FEE: \$5.00 per child AGE: 3 - 5 years

Sunny Sunflowers

Join us as we take a look at our gigantic sunny friend, the "sunflower". We will spend the morning making flower crafts, reading stories, and playing games.

LOCATION: Program Room, Parks Administration Office, Toms River

TIME: 10:00 -11:00 am

FEE: \$5.00 per child AGE: 3 - 5 years

Autumn Explosion

Orange, red, gold and brown, falling leaves are all around! Fall is just around the corner, so join us as we have some fun with the radiant colors of fall with stories, games and colorful fall crafts!.

LOCATION: Program Room, Parks Administration Office, Toms River

DATE: Wednesday, September 24......261021 – 1Y

TIME: 10:00 - 11:00 am

FEE: \$5.00 per child AGE: 3 - 5 years

SUMMER FUN FOR KIDS

Camp Crafty

Camp Crafty will be a week filled with crafts, games and FUN! Each day will be a different theme and some activities may be outdoors, weather permitting.

Please bring a water bottle for your child.

LOCATION: Program Room, Parks Administration Office, Toms River

DATE: Monday - Friday, July 14 - 18......261112 - 1A

TIME: 10:00 – 12:00 noon

FEE: \$20.00 per child AGE: 3 - 5 years

Youth 3 Day Sports Sampler

This is the perfect class to introduce your preschooler to a variety of different sports. Our sports staff will introduce different activities and fun games to allow your child the opportunity to develop skills specific to the sport being taught on that day. Sports in this sampler class will include tennis, soccer, and t-ball/kickball. **Please wear sneakers and bring a drink.**

LOCATION: Tennis Courts 1 & 2, Jakes Branch County Park, Beachwood

DATE: Tuesday - Thursday, July 15 - 17.......263112 - 3A

TIME: 9:00 - 10:00 am

FEE: \$10.00 per child AGE: 3 - 6 years

SUMMER FUN FOR KIDS

NEW Splash Into Swimming

Learning to swim is one of the most effective ways designed to prevent drowning. The YMCA Safety Around Water program is a water safety swimming program to teach children and their families water safety skills to prevent drowning. This program helps youth overcome fears they might have and gives them a sense of pride and accomplishment. YMCA instructors provide a safe and supportive environment where everyone can learn this life saving skill

LOCATION: Ocean County YMCA

SESSION 1: 6/23-7/16 SESSION 2: 7/21-8/13

TIMES: Weekday Lessons- Mondays: 5:00 pm- 5:30 pm, Wednesdays: 6:30- 7:00 pm

Weedend Lessons- Saturdays: 9:40 am- 10:10 am

FEE: \$50.00 per child AGE: 3-5 years

SESSION 1: 6/23-7/16 SESSION 2: 7/21-8/13

TIMES: Weekday Lessons- Mondays: 5:40- 6:10 pm, Wednesdays: 5:50- 6:20 pm

Weedend Lessons- Saturdays: 10:30- 11:00 am

FEE: \$50.00 per child AGE: 6-11 years

Registration can be completed in person or by phone at Ocean County YMCA (732) 341-9622

For more information email Jaclyn Wyzykowski at jwyzykowski@ocymca.org

Make a Splash

Water you waiting for?! Dive into the splash zone and have some summer fun in our Make a Splash class where we will be playing various summer-themed games that are bound to help kids cool off while having a great time playing and being active in the sun! Make sure to wear appropriate clothing because many of the games that will be played include water!

LOCATION: Soccer Field E, Patriots County Park, Jackson

TIME: 11:00 am - 12:00 pm

LOCATION: Soccer Field, Beaver Dam County Park, Point Pleasant

TIME: 11:00 am - 12:00 pm

LOCATION: Soccer Field 1, Freedom Fields County Park, Little Egg Harbor

TIME: 11:00 am - 12:00 pm

FEE: \$5.00 per child AGE: 4 – 7 years

Dino Day

Does your little one love dinosaurs and want to be a Paleontologist when they grow up? For this fun filled day we will learn about the dinos that roamed our area millions of years ago, how paleontologist's discover fossils, play dino themed games, go on a dino hike and even make our own fossils. This will be an indoor/ outdoor adventure so please be prepared with closed-toed shoes, sunscreen, bug spray, a hat and water.

LOCATION: Cooper Environmental Center, Lecture Room, Cattus Island County Park, Toms River

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FEE: \$10.00 per child AGE: 4 - 7 years

SUMMER FUN FOR KIDS

Science and Craft Lab

In this class, we will put a different spin on some classic science experiments by adding crafts into the mix. Children will paint, mold, and make a variety of creations which they can take home at the end of the day.

LOCATION: Classroom, Jakes Branch County Park, Beachwood

TIME: 10:00 - 11:00 am

FEE: \$10.00 per child AGE: 5 - 7 years

Shorebird Painting

Become a folk artist and paint your first flattie decoy! Learn about decoy carving, Red Knot birds and Horseshoe Crabs while you paint flat, wooden shorebird cutouts called "flatties" to take home. Paint your decoy like the real thing or in your own style! Painting will be done outside. Please dress for the weather, wear clothes that can get paint on them, and use bug spray.

LOCATION: Cedar Bridge Tavern Historic Site, 200 Old Half-Way Road, Barnegat

August 18.......269112 – 9C

TIME: 10:00 - 11:00 am

FEE: \$5.00 per person AGE: 5 - 12 years

NEW! Crazy for Crazy Quilts

Learn about the colorful and intricate asymmetrical design known as the crazy quilt. Make your own one of a kind crazy quilt using a no sew technique that is great for little hands. .LOCATION: Cedar Bridge Tavern Historic Site, 200 Old Half-Way Road, Barnegat

DATE: Monday, July 21......269112 – 9D

TIME: 1:00 - 2:00 PM FEE: \$5.00 per person

AGE: 5 - 13 years

Field Day Games

Come join us as we are hosting our version of FIELD DAY! Be prepared to get WET as several of our games will involve WATER to help cool you down during the heat of summer! Fun will be had by all. There will be medals for all participants. Please wear sneakers and bring a drink.

LOCATION: Soccer Field, Beaver Dam County Park, Point Pleasant

DATE: Wednesday, July 30.......263112 – 3G

TIME: 9:30 - 10:30 am

LOCATION: Soccer Field 1, Freedom Fields County Park, Little Egg Harbor

DATE: Thursday, July 31......263112 – 3H

TIME: 9:30 - 10:30 am

FEE: \$5.00 per child AGE: 6 - 9 years

Nature Explorers

Does your child have a curious mind about nature? Give your little explorer the opportunity to learn and play through environmental exploration. Join a park naturalist with hikes, exploratory activities, crafts, live animal interactions and more. Please be prepared for outdoor fun and dress for the weather with closed toed shoes, sunscreen, bug spray and water. Rain or Shine.

LOCATION: Cooper Environmental Center, Lecture Room, Cattus Island County Park,

Toms River

DATE: Tuesday, August 19 – Friday, August 22.......262112 – 2C

TIME: 1:00 -3:00 pm

FEE: \$40.00 per child AGE: 6 - 10 years

SUMMER FUN FOR KIDS

Andy Goldsworthy Leaf Art

Andy Goldsworthy is a British sculptor and photographer known for creating art using existing materials of nature such as rocks, leaves, branches, ice, thorns, and mud. We will be using leaves and other natural items to craft our own Andy Goldsworthy inspired masterpiece! This nature activity packs a fun filled crafting session and an art lesson into one!

LOCATION: Classroom, Jakes Branch County Park, Beachwood

TIME: 11:00 am - 12:00 pm

FEE: \$5.00 per child AGE: 6 – 12 years

Traveling Tennis

We're bringing tennis to a court near you. Staff will teach the basics of tennis to children and teens throughout the county. Instruction will include basic rules and court positioning. Participants will practice many skills including groundstrokes, volleying, and serving. Kids will be divided into age groups. Tennis rackets and balls will be provided.

Pre-registration is mandatory. Please wear sneakers and bring a drink.

*LOCATION: Tennis Courts, Ocean County Park, Lakewood

DATE: Monday through Thursday, July 7 - 10......263112 - 3I

TIME: 11:30 am - 12:30 pm

*LOCATION: Tennis Courts, Magee Ave & The Bay Front, Lavallette

DATE: Monday through Thursday, July 14 - 17......263112 - 3J.

TIME: 11:00 am - 12:00 pm

*LOCATION: Tennis Court, Wildwood Ave & E. Atlantic Ave, Ocean Gate

DATE: Monday through Thursday, July 21 - 24......263112 - 3K

TIME: 11:30 am - 12:30 pm

*LOCATION: Tennis Courts, Jakes Branch County Park, Beachwood

DATE: Monday through Thursday, July 28 - July 31......263112 - 3L

TIME: 11:00 am - 12:00 pm

*LOCATION: Pickleball Courts, Stanley "Tip" Seaman County Park, Tuckerton

DATE: Monday through Thursday, August 4 - 7......263112 - 3M

TIME: 11:00 am - 12:00 pm

FEE: \$12.00 per child AGE: 6 – 15 years

Science Experiments for Kids

Join a Park Naturalist as we perform a variety of different hands-on experiments and learn the basic science behind them. From elephant toothpaste volcanoes to film canister rockets, your child is sure to have a good time.

LOCATION: Classroom, Jakes Branch County Park, Beachwood

DATE: Friday, July 18.......265112 – 5C

TIME: 10:00 - 11:30 am

FEE: \$10.00 per child AGE: 7 – 9 years

3-Day Sports Sampler

This 3-day sports sampler allows participants to try something new every time they step onto the field! We will go over some of the basic rules followed by some drills so participants will have the skills necessary to play. Sports will include basketball, disc golf, and wiffle ball/kickball. **Please wear sneakers and bring a drink.**

LOCATION: Basketball Court, Jakes Branch County Park, Beachwood

TIME: 10:30 - 11:30 am

FEE: \$12.00 per child AGE: 7 - 12 years

NEW Generation Pound

Generation Pound combines fitness with fun! The kids will be making lots of noise with lightly weighted ripstix while building confidence and coordination. Sneakers, a mat, and water are needed for this class. This is a drop off program. Have a check for \$15.00 made payable to Gabrielle Molino on the first day of class.

LOCATION: Beach Complex Program Room, Ocean County Park, Lakewood

LOCATION: Beach Complex Program Room, Ocean County Park, Lakewood

DATE: Thursdays, July 17 & July 24......263112 – 3P

TIME: 6:15 pm - 7:00 pm

FEE: \$5.00 registration fee per person AGE:11 – 15 years

Youth Quarterback & Wide Receiver Clinic

This quarterback and wide receiver clinic is designed for children who have little to no experience playing football but are interested in those positions. Children will learn the proper mechanics of throwing, catching, and handing the ball off to running backs. Instruction will also include proper footwork, agility exercises, and running different routes. No equipment is required only comfortable clothing, sneakers or cleats and please bring a drink.

LOCATION: Soccer Field 1, Freedom Fields County Park, Little Egg Harbor

DATE: Monday & Wednesday, August 4 & 6......263112 – 3Q

TIME: 9:30 – 10:30 am FEE: \$8.00 per child

Beginners Beach Volleyball Clinic

AGE: 8 - 12 years

Do you like playing in the sand? Come join us for for this fun 2- week volleyball clinic. We will start every session with basic skills and drills followed by a match. Teams will be changed up several times to allow children to play with new teammates. This class will be taught by a former college volleyball player. **Please dress appropriately and bring a**

LOCATION: Beach Front, A. Paul King County Park, Manahawkin

DATE: Tuesdays, July 29 & August 5......263112 – 3R

TIME: 9:30 - 10:30 am

FEE: \$8.00 per child AGE: 9 - 12 years

Kids Fossil Adventure Van Trip

We will be traveling to a fossil formation in Monmouth County where fossils were deposited during the late Cretaceous Period. During this trip we will walk a narrow trail to a Monmouth County fossil stream where we will have to climb down the bank to the stream. We will then walk in the stream searching for fossils with a trowel and sieve. Wear old sneakers or water shoes. NO sandals, flip flops or crocs please! Be able to walk on uneven ground, climb over downed trees and be able to descend and ascend muddy, slippery stream banks. Pack a lunch, water, a change of shoes, a towel, a small bag to store your findings, and garden trowel with a blade no longer than 6 inches (if you have one). We will have some to borrow. You will be allowed 5 fossils each.

PICK-UP: Nature Center Parking Lot, Jakes Branch County Park, Beachwood

DATE: Tuesday, August 19......264112 – 4A

DEPARTURE/RETURN: 9:00 am - 2:00 pm

FEE: \$14.00 per person AGE: 9 - 15 years

Bumming around the Barrier Island Van Trip

Long Beach Island is more than a vacation destination; it is a place of ecological importance for both animals and people alike. We will travel to the norther tip of LBI to explore Barnegat Lighthouse State Park. We will learn about the history of Old Barney and then walk along the inlet and through the last remaining maritime forest on LBI, discussing what we see along the way. Then we will head to the bayside to go seining and see what we find living in the bay. If weather and time permits we may climb the lighthouse. You will be contacted if there is a fee for the climb. Come prepared to get wet and sandy. Shoes must be worn in the water while seining. We may walk up to a mile in the sand. Bring a change of shoes, towel and pack a lunch with plenty of water, insect repellant, and sunscreen. Also, bring binoculars if you have them. Van transportation will be provided.

PICK-UP: Nature Center, Wells Mills County Park, Waretown

DEPARTURE/RETURN: 9:00 am - 3:00 pm

FEE: \$14.00 per child AGE: 10 - 15 years

Lawn Games

Lawn games galore! Come play your favorite lawn games like bocce ball, spikeball, and corn hole. This is a great class for kids who want to learn how to play games that are easy to set up and play at barbeques, on the beach, or even in your own backyard!

LOCATION: Bocce Courts, John C. Bartlett Jr. County Park, Berkeley Twp.

DATE: Monday, June 30......263112 – 3S

TIME: 9:30 – 10:30 am

FEE: \$5.00 per child AGE: 10 - 16 years

Archery for Kids

Be a part of the exciting world of archery by learning the essentials, including safety, equipment and technique. Our NASP certified instructor will get you hitting the bullseye in no time! Students will practice what they have learned on our outdoor range. This class is suitable for beginners and all equipment is provided. **Participants should wear sneakers and bug spray.**

TIME: 1:00 - 3:00 pm

FEE: \$10.00 per person per session AGE: 10 – 17 years

Kids Days on the Bay Camp

Traveling by van to various locations in Ocean County

Come explore the Barnegat Bay with us on this multiday camp. We will go on a different adventure each day using different tools, like snorkeling or seining, to explore different parts of the bay. We will board the Parks pontoon boat, Bay Cruiser II, for an informative trip around Cattus Island. Please be prepared each day with a packed lunch, plenty of water, sunscreen, bug spray, hat, sunglasses, a bathing suit (or quick drying clothes), shoes fit for the water, towel & and extra outfit. This will be an outdoor program only so it is weather dependent. Must be able to swim.

LOCATION: Cooper Environmental Center, Lecture Room, Cattus Island County Park,

Toms River

DATE: Tuesday, August 5 – Thursday, August 7.......262112 – 2D

TIME: 9:00 am - 2:00 pm

FEE: \$65.00 per child AGE: 11– 15 years

Surf Fishing Clinic

Traveling by van to various locations in Ocean County

With the help of a prize-winning, professional fisherman you will learn hands-on what baits, hooks, rods and reels to use to catch yourself a keeper! No experience necessary. All supplies and bait will be provided by Grumpy's Bait & Tackle. **Bring a packed lunch, plenty of water, sunscreen, sunglasses, bug spray, towel, hat & quick drying clothes (bathing suits welcome)**. This will be an outdoor program only so it is weather dependent.

LOCATION: Cooper Environmental Center, Lecture Room, Cattus Island County Park,

Toms River

DATE: Wednesday, July 9......262112 – 2E

TIME: 9:00 am - 2:00 pm

FEE: \$30.00 per child AGE: 12 -16 years

Crime Scene Investigation Camp

This week long camp is offered to students who have an interest in law enforcement or forensic science. Students will learn how to identify and lift fingerprints, cast their own footprint at a crime scene, and learn about how police use DNA and other disciplines to solve crimes. All students will work as a team to process a mock crime scene by collecting evidence and other techniques. This week long camp is designed to challenge all students while having fun solving the crime.

LOCATION: Cooper Environmental Center classroom,

Cattus Island County Park, Toms River

DATE: Monday - Friday, July 14 -18261112 - 1B

TIME: 9:00 am – 12:00 noon

FEE: \$180.00 per person AGE: 12 – 17 years

Intermediate Beach Volleyball Clinic

This class is for intermediate volleyball players looking to hone their skill in this 2- week clinic. This class will consist of more advanced drills and strategies followed by a match. This class will be taught by a former college volleyball player.

Please dress appropriately and bring a drink.

LOCATION: Beachfront, A. Paul King County Park, Manahawkin

DATE: Tuesdays, July 29 – August 5263112 – 3T

TIME: 11:00 am - 12:00 pm

FEE: \$8.00 per child AGE: 13 - 16 years

Homeschool Gym - North

This class is designed for children who are being homeschooled but still want that gym class atmosphere. Every week, new activities will be introduced to allow children the opportunity to get some exercise, learn new skills, and play with other children. The instructor will bring various pieces of equipment for all to use depending on the activity planned for the day. **Please wear sneakers and bring a drink**. We will have two instructors from 10:30-11:30 am teaching separately.

LOCATION: Soccer Field, Beaver Dam County Park, Point Pleasant

 DATE: Mondays, September 8 – October 6.
 263112 – 3W

 TIME: 10:30 – 11:30 am
 AGE: 5 – 6 years

 DATE: Mondays, September 8 – October 6.
 263112 – 3X

 TIME: 10:30 – 11:30 am
 AGE: 7 – 8 years

TIME: 12:00 – 1:00 pm AGE: 9 – 14 years

FEE: \$14.00 per child

Homeschool Gym - South

This class is designed for children who are being homeschooled but still want that gym class atmosphere. Every week, new activities will be introduced to allow children the opportunity to get some exercise, learn new skills, and play with other children. The instructor will bring various pieces of equipment for all to use depending on the activity planned for the day. **Please wear sneakers and bring a drink.**

LOCATION: Softball Field 1, Stanley "Tip" Seaman County Park, Tuckerton

LOCATION: Softball Field 1, Stanley "Tip" Seaman County Park, Tuckerton

HORTICULTURAL HAPPENINGS

How to Plant a Terrarium

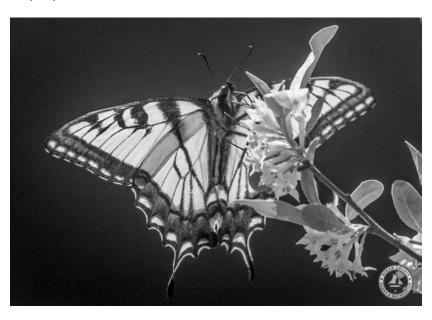
Terrariums are not only a great way to bring nature indoors; they can purify the air we breathe. Add a little green to your home or office. Come join us for this easy step by step program on how to create your own beautiful terrarium.

LOCATION: Ocean County Tree Nursery, 499 Stump Tavern Road, Jackson

DATE: Monday, June 2......267186 – 7A

AGE: Adult

TIME: 12:00 – 1:00 pm FEE: \$15.00 per person



Beautiful, Beneficial Butterflies

Why are different species of butterflies attracted to certain plants? Are you curious to learn more about butterflies and other pollinators? What does it take to develop and maintain your very own butterfly garden? Learn all this and more at Cattus Island's beautiful and fragrant Butterfly Garden, located in front of the Cooper Environmental Center. A naturalist will be on hand to show you around and answer your questions.

No registration is required. This program is weather dependent.

LOCATION: Cooper Environmental Center, Garden, Cattus Island County Park,

Toms River

DATE: Thursdays, July 3 - August 28

TIME: 2:30 - 3:30 pm

FEE: Free AGE: All

HORTICULTURAL HAPPENINGS

Growing Strawberries in Containers

Strawberries are a wonderful choice of plant to grow in containers, especially if you are short on space in the garden. Come join us for this fun, new program, and reap the rewards of picking sweet strawberries from your own yard.

LOCATION: Ocean County Tree Nursery, 499 South Stump Tavern Road

DATE: Wednesday, July 2......267186 – 7B

TIME: 11:00 am – 12:00 pm

FEE: \$5.00 per person AGE: Adult

Native Plants in Containers

Discover how to create a beautiful container garden using New Jersey native plants. This engaging program features a live hands-on planting demonstration and expert insights on the environmental benefits of plants that naturally thrive in Ocean County—from supporting pollinators to enhancing climate resilience. Make a sustainable impact right from your own backyard! Leave with your own container and native plant. This program is offered by the Master Gardeners of Ocean County. All supplies will be provided.

LOCATION: Ocean County Park Beach Complex Pavilion, Lakewood

DATE: Wednesday, July 9.......268186 – 8A

TIME: 10:00 - 11:30 am FEE: \$5.00 per person

5.00 per person AGE: Adult

Flower Arranging With Flowers From Your Garden

Bring the natural beauty of your garden indoors. Join us for this fun instructional class on how to create delightful flower arrangements using flowers from your garden.

LOCATION: Ocean County Tree Nursery, 499 Stump tavern Road, Jackson

TIME: 11:00 am - 12:00 pm

FEE: \$5.00 per person AGE: Adult

Create a Sensory Garden

Sensory gardens bring attention to the five senses, sight, smell, sound, taste and touch. Adding a sensory element to your garden allows you to fully immerse yourself in the beauty of your garden plants. Learn about the large variety of plants you can introduce to a sensory garden.

LOCATION: Ocean County Tree Nursery, 499 South Stump Tavern Road

DATE: Wednesday, July 23.......267186 – 7D

TIME: 11:00 am – 12:00 pm

FEE: \$5.00 per person AGE: Adult

Create Your Own Twig Trellis

A DIY twig trellis is easy to make by using small branches, and twigs from your own back yard. Spend a fun hour creating a piece of unique art for your climbing plants. Supplies will be provided.

LOCATION: Ocean County Tree Nursery, 499 South Stump Tavern Road

TIME: 11:00 am – 12:00 pm

FEE: \$10.00 per person AGE: Adult

Add a Water Feature to Your Garden

Water features can bring a wonderful calming ambiance to your garden. You can add a lush pond to a bubbling urn, any size garden can have a water feature. Learn about the basic techniques in setting up water features in your back yard.

LOCATION: Ocean County Tree Nursery, 499 South Stump Tavern Road

DATE: Wednesday, August 27......267186 – 7F

TIME: 11:00 am - 12:00 pm

FEE: \$5.00 per person AGE: Adult

CREATIVE EXPRESSIONS

Moravian Stars

Join Gale Maddaloni for an early Fourth of July crafting adventure as we try our hands at the ancient art of origami by creating three classically designed Moravian Stars. The three stars you create will vary in size and offer a unique twist to your home décor. No origami experience is needed. Please bring \$25.00 in exact change for the instructor and materials. Additional star kits can be purchased for \$3.

LOCATION: Program Room, Cloverdale Farm County Park, Barnegat

TIME: 10:00 am 12:00 pm

FEE: \$5.00 per person registration AGE: Adult

Natural Dyes

This spring and summer, the Cloverdale staff is diving into various types of natural dyes and experimenting with different techniques. Each month we will offer a new dye, technique, or application process. Join us for this fun and exploratory journey as we brighten your world and learn right alongside you!

Please dress for the weather as this program will take place outside.

LOCATION: Program Room, Cloverdale Farm County Park, Barnegat

DATES:

TIME: 10:00 am - 12:00 pm

FEE: \$10.00 per person AGE: 12 years – Adult

Macramé Sea Glass Necklace

This simple macramé project lets you wear your favorite beach finds all summer! You will have the option of making a necklace or keychain- or both if time allows. Supplies will be provided, including sea glass, but feel free to bring your own for a more personalized touch. If you plan to bring your own beach finds, sea glass should be 1-3" in both length and width.

LOCATION: Classroom, Jakes Branch County Park, Beachwood

TIME: 11:30 am - 12:30 pm

FEE: \$8.00 per person AGE: 12 years - Adult

Christmas in July Wheat Snowflake

During this program, Christine Metzler will help you beat the heat with a few of your friends and get your hands moving by creating a classically beautiful snowflake ornament. No prior experience is needed, just nimble fingers! Please have \$25 in exact change to cover instructor fees and material costs.

LOCATION: Program Room, Cloverdale Farm County Park, Barnegat

TIME: 10:00 am - 3:00 pm

FEE: \$5.00 per person registration AGE: Adult

Nautical Nick-nacks

Ahoy and cast off for a creative cruise of crafting. It will be smooth sailing through several nautical accents for your home.

LOCATION: Program Room, Parks Administration Office, Toms River

DATE: Thursday, July 17......261186 – 1A

TIME: 6:30 - 8:30 pm

FEE: \$20.00 per person AGE: Adult

CREATIVE EXPRESSION

Recycled Wind Chimes

Create a beautiful, colorful wind chime made from pre-made kiln wine bottle glass rounds alongside instructor, Mary May. This project is sure to offer you and your friends some summertime fun while creating a whimsical, decorative piece of art for your porch.

Please bring \$45.00 in exact change for the instructor and materials. A \$3.00 fee will apply if you wish to add an additional glass round.

LOCATION: Program Room, Cloverdale Farm County Park, Barnegat

DATE: Friday, July 18......266186 – 6E

TIME: 10:00 am - 2:00 pm

FEE: \$5.00 per person registration AGE: Adult

Summery Paper Flower Wreath

We will be using pre-cut flower patterns in a variety of tropical styles to create a beautiful 3D paper flower wreath that will never wilt.

LOCATION: Classroom, Jakes Branch County Park, Beachwood

DATE: Sunday, July 27......265186 – 5B

TIME: 10:30 am - 12:30 pm

FEE: \$8.00 per person AGE: 12 years - Adult

Pressed Flower Bookmarks

Create your very own bookmark utilizing beautiful pressed flowers – just in time for your summer reading! Make one for yourself and another for a gift. This is a wonderful opportunity for anyone interested in learning a new hobby. We will give a brief demonstration on how to press plants/flowers for your future projects. ***Please note that we will be using real dried flowers for allergy planning purposes***

LOCATION: Classroom, Jakes Branch County Park

DATE: Saturday, August 2......265186 – 5C

TIME: 10:30 – 11:30 am

FEE: \$10.00 per person AGES: 12 years - Adult

Summer Needle Felting

Needle felting is the art of using specialized needles to condense natural wool fibers in order to create beautiful soft sculptures. Join us for our summer needle felting class, where the theme will be "bees". You will learn basic needle felting techniques and leave with your very own needle felted bee! No experience necessary, all supplies will be provided by the instructor.

LOCATION: Classroom, Jakes Branch County Park, Beachwood

DATE: Sunday, August 3...... **FULL...** 265186 – 5D

TIME: 9:00 am – 12:00 pm

FEE: \$10.00 per person AGE: 16 years - Adult

NEW! Make Your Own Charcoal Ink

The Declaration of Independence was written using iron gall ink with a quill pen. For this program we will learn how to make a similar ink using charcoal and trying our hand with the writing utensils of the time.

LOCATION: Cedar Bridge Tavern Historic Site, 200 Old Half-Way Road, Barnegat DATE: Thursday, August 7......269186 – 9A

TIME: 10:00 – 10:45 am

FEE: \$7.00 per person AGE: Adult

CREATIVE EXPRESSION

2D Felting: Summertime Landscape Scene

During this class led by Lisette of The Needling Fox, you will learn the fine art of creating 2D wool-felt landscape scenes by layering colors to make your artwork truly pop and capture the eye. All supplies and a take-home kit will be provided so participants can keep honing their skills with this fun, new hobby.

Please have \$45 in exact change to cover instructor fees and material costs.

LOCATION: Program Room, Cloverdale Farm County Park, Barnegat

TIME: 9:00 am - 12:30 pm

FEE: \$5.00 per person registration AGE: Adult

Sea Treasure Clay Plate

This craft will involve the use of air-dry clay and decorative sea shells and other treasures. We will have some sea treasures to use but feel free to bring your some from your own collection!

LOCATION: Classroom, Jakes Branch County Park, Beachwood

DATE: Saturday, August 9.......265186 – 5E

TIME: 10:30 – 11:30 am FEE: \$10.00 per person

NEW! Paint-along: Shore Birds of Ocean County

AGES: 10 years - Adult

Time to spread your creative wings with our NEW paint-along class! We will paint a shore bird of Ocean County on canvas with acrylic paint. No experience needed! All participants will leave with something they can be proud of. Canvas, paint, and use of brushes included. Wear clothing that can get paint of it. Please pack a bagged lunch and have \$100.00 in exact change for instructor fees and material costs.

LOCATION: Community Center, Stanley "Tip" Seamen County Park, Tuckerton

DATE: Wednesday, August 13......269186 – 9B

TIME: 10:00 am - 3:00 pm

FEE: \$5.00 per person registration fee AGE: 12 years - Adult

Deep Blue Summer

Sun, sea and sand that's what summers all about. Come and make 2 different craft projects in this summer class. One craft will be a 3 tiered starfish set and the other is a miniature 4 piece coastal ornament set.

LOCATION: Program Room, Parks Administration Office, Toms River

TIME: 6:30 - 8:30 pm

FEE: \$25.00 per person AGE: Adult

Water Color Scenery

Painting scenery with water color is a popular activity. We will spend some time painting scenery of local nature from photography throughout Ocean County. In this summer meeting, we will be painting beach dunes. Water color pallets will be supplied, however, if you have your own that you would like to bring, you are encouraged to do so!

LOCATION: Classroom, Jakes Branch County Park, Beachwood

DATE: Saturday, September 6.......265186 – 5F

TIME: 11:00 am - 12:00 pm

FEE: \$10.00 per person AGES: 14 years - Adult

CREATIVE EXPRESSION

2D Felting: Fall Pumpkin

During this beginner-level class led by Lisette of The Needling Fox, you will learn how to create a 2D wool-felt pumpkin that can be used as home décor or as a fun, fall greeting card. All supplies and a take-home kit will be provided so participants can keep honing their skills with this fun, new hobby. Please have \$35 in exact change to cover instructor fees and material costs.

LOCATION: Program Room, Cloverdale Farm County Park, Barnegat

TIME: 10:00 am - 12:30 pm

FEE: \$5.00 per person registration AGE: Adult

What's Cooking

The kitchen is the heart of the home, so let's cook up some county kitchen accents that will inspire any chef.

LOCATION: Program Room, Parks Administration Office, Toms River

DATE: Thursday, September 18.......261186 – 1C

TIME: 6:30 - 8:30 pm

FEE: \$20.00 per person AGE: Adult

Hello Sunshine

Come and make a beautiful wooden door hanger for this "fall season" or even to keep up all year round. This 14 inch wooden circle will read in vinyl lettering "hello sunshine." You will be creative using greenery, sunflower décor, ribbon and many other great touches.

LOCATION: Program Room, Parks Administration Office, Toms River

TIME: 6:30 - 8:30 pm FEE: \$25.00 per person

AGE: Adult

GETAWAYS

Rice's Market & Peddlers Village

Join us for a fall day in the Pennsylvania Countryside. Our first stop will be at Rice's Market, the oldest in Bucks County. Then, on to quaint Peddlers Village. The rest of the afternoon will be on your own for lunch, shopping and enjoying the rest of your day!

PICK-UP: Depart from the Beach Complex, Ocean County Park, Lakewood

DATE: Tuesday, September 30.......RICE25

TIME: Bus departs 8:30 am approximate return time home is 6:30 pm

FEE: \$60.00 per person





September 30

Bus Trip

Peddlers Village Village & Rice's Market

Join us for an early colorful fall day in the Pennsylvania Countryside.

Bus leaves 8:30am from OC Park-Lakewood Returns 6:30pm



HEALTH & WELLNESS

Awaken Your Soul with Meditation

If you've ever considered introducing a meditation practice into your life, this is the class for you! You'll learn different styles of meditation and take home methods to begin an at-home practice of your own. Meditation done on a daily basis reduces stress, improves memory as well as your ability to focus, improves the quality of sleep and helps you develop the mental discipline needed to avoid unhelpful habits. If you think you don't have the time, let me change your mind! (Please bring a mat, blankets, and pillows and wear comfortable clothes.) Aromatherapy will be provided.

Please bring exact cash or check payable to Instructor, Karen English for \$60.00.

LOCATION: Program Room, Parks Administration Office, Toms River

DATE: Session 1: Tuesdays, July 8 – August 12261544 – 1A DATE: Session 2: Tuesdays, August 19 – September 23......261544 – 1B

TIME: 6:00 - 7:00 pm

FEE: \$5.00 per person registration fee AGE: Adult

Quick Relief Acupressure Points for Self-Care:

This program will provide background on using acupressure for self-care based on ancient Chinese medicine principles and practices. Learn simple, quick acupressure points for: pain, headaches, nausea, sinus complaints, tension, anxiety, calming, insomnia, indigestion, and balancing emotions. *Please bring exact cash or check payable to Instructor Regina Rosenthal for \$20.00*

LOCATION: Program Room, Parks Administration Office, Toms River

TIME: 6:30 – 8:30 pm

FEE: \$5.00 per person registration fee AGE: Adult

What's in Your Self-Care Toolkit?

Practicing self-care can be a daily challenge. Learn how to meet the challenge and develop your self-care tool kit using five simple self-care practices: Awareness Journal, six-position breath practice, acupressure for balancing the whole being, movement, and the Ten Loves.

Please bring exact cash or check payable to Instructor Regina Rosenthal for \$20.00

LOCATION: Program Room, Parks Administration Office, Toms River

DATE: Thursday, September 4......261544 – 1D

TIME: 6:30 - 8:30 pm

FEE: \$5.00 per person registration fee AGE: Adult

Qigong for Pulmonary Health

During this workshop participants will learn and practice simple Qigong for Pulmonary/ Lung Health. Qigong is a 5,000 year old Chinese traditional practice that uses meditation, breathing, movement, and massage to enhance lung health and physical well-being. Recent research has shown that practicing Qigong may enhance lung function and physical activity for individuals living with respiratory health issues, anxiety, and stress. *Please bring exact cash or check payable to Instructor Regina Rosenthal for \$20.00*

LOCATION: Program Room, Parks Administration Office, Toms River

HEALTH & WELLNESS

Self-Care with Essential Oils

Discover the numerous ways of using essential oils while creating your own personal wellness kit. You will have a choice of making 2 products for yourself. Choices will be an inhaler, a rollerball blend, an aromatic spray, a salt scrub, or a skin lotion. All of these will be customized for your specific needs. Whether it be for calming, relaxing, respiratory, muscle aches, headaches, immune support, or an aromatic spray for your pillow. Learn some basic tips for the proper and safe way to blend the essential oils for the full benefits.

Please bring exact cash or a check payable to Certified Holistic Aromatherapist Kathy Gabrielli for \$25.00

LOCATION: Program Room, Parks Administration Office, Toms River

DATE: Wednesday, September 17......261544 – 1F

TIME: 6:00 - 8:00 pm

FEE: \$5.00 per person registration fee AGE: Adult

ACTIVE RECREATION

Seniorcise Exercise

Let's get moving. This gentle exercise class includes low-impact aerobics, stretching, and strengthening routines. Improve your joint flexibility, balance, range of motion, and muscular strength. Participants may perform these exercises while seated. Some equipment will be supplied. Linda is an AAAI-certified personal trainer with over 20 years of experience.

LOCATION: Program Room, Jakes Branch County Park, Beachwood

DATE: Tuesdays and Fridays

TIME: 9:15 - 10:00 am FEE: \$60.00 per person

AGE: Adult

Chair Stretch

This new and exciting stretch class will improve balance, strength, mobility, flexibility, and reduce stress. All movements will be safely performed in and around a chair. Adaptable for all fitness levels and physical challenges. In this class, you will be doing exercises that involve multiple body parts and muscle groups. You will be working the FULL BODY, not just body parts. Please have a check for \$60.00 made payable to Linda Osowski on the first day of class. Linda is an AAAI-certified personal trainer with over 20 years of experience.

LOCATION: Program Room, Parks Administration Office, Toms River

DATE: Tuesdays and Fridays

TIME: 1:15 - 1:45 pm

FEE: \$5.00 registration fee per person AGE: Adult

Tai Chi with a Yoga Twist

This program improves the quality of life for people with joint pain without any knowledge of Tai Chi. This ancient practice combines agile steps, joint safe exercise, and mental strength to improve mobility, breathing, and relaxation in ways that help you feel better. In this class, you will learn warm-up and cool-down exercises and eight basic movements along with some meditation. Please have a check for \$60.00 made payable to Linda Osowski on the first day of class. Linda is an AAAI-certified personal trainer with over 20 years of experience.

LOCATION: Program Room, Parks Administration Office, Toms River

DATE: Tuesdays and Fridays

TIME: 2:00 - 2:45 pm

FEE: \$5.00 registration fee per person AGE: Adult

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ACTIVE RECREATION

Gentle Yoga

Join us for this class teaching the essentials of yoga. This 6 week-long class is for anyone new to yoga, as well as those with experience. Exercise, meditation, and breathing are key components of this practice. Connect with yourself...relax. **Please wear loose comfortable clothing and bring a yoga mat.** Lores Way is a registered yoga instructor with the Yoga Alliance.

LOCATION: Program Room, Parks Administration Office, Toms River

TIME: 6:00 - 7:00 pm

FEE: \$ 40.00 per person AGE: 16 years – Adult

Lakeside Yoga

Finish your day off with some serene lakeside yoga. This 5-week program is open to all levels. You'll start the evening off with a pranayama breathing exercise and maybe a short meditation. You'll move into yoga postures and sun salutations before ending the class with a relaxing savasana (rest time!) ... all the while experiencing the beauty of the lake and the outdoors. Please wear comfortable clothing and bring a beach towel and/or yoga mat. Long pants and bug spray are recommended. Lores Way is a registered yoga instructor with the Yoga Alliance.

LOCATION: Beach, A. Paul King County Park, Manahawkin

SESSION 1: Wednesdays, July 9 - August 6.......263123 - 3I

TIME: 6:00 - 7:00 pm

SESSION 2: Wednesdays, August 20 – September 17......263123 – 3J

TIME: 5:00 – 6:00 pm FEE: \$ 30.00 per person

Walk N' Workout

AGE: 16 years - Adult

Calling all energetic adults. If you love being social and being out in nature, then this is the perfect class for you. We will walk up to an hour and experience the beautiful trails of Cattus Island County Park. This class would include some warm-up exercises and end with a few stretches. In each class, we will walk a different trail weather permitting. Please wear comfortable clothing and proper footwear. Please have a check for \$60.00 made payable to Linda Osowski on the first day of class. Linda is an AAAI-certified personal trainer with over 20 years of experience.

LOCATION: Meet Outside Nature Center, Cattus Island County Park, Toms River DATE: Tuesdays and Fridays, Sept 2 – Sept 23 (7 total classes)......263123 – 3K

TIME: 11:00 am - 12:00 pm

FEE: \$5.00 registration fee per person AGE: Adult

Intro to Bocce and Cornhole

Interested in learning how to play bocce and cornhole? Well, get ready to toss some bags & bocce balls! We will teach you the rules and basics of these games and give you the chance to practice your skills and jump right into some friendly match play. The four classes will be split, with the first two classes being for bocce ball, and the second two classes for cornhole.

LOCATION: Bocce Courts, John C. Bartlett Jr. County Park, Berkeley Twp.

DATE: Tuesdays, September 23 – October 14......263123 – 3L

TIME: 1:00 – 2:30 pm

FEE: \$12.00 per person AGE: Adult

ACTIVE RECREATION

Disc Golf Social

Are you new to disc golf and want to get a bit more experience before hitting the course by yourself? If so, participate in our disc golf social. Come meet new people also interested in playing disc golf and hone your skills on our 18-hole course here at Ocean County Park! You can bring your own discs or we can provide you with a driver, mid-range, and putting disc to use for the day.

LOCATION: Disc Golf Course, Ocean County Park, Lakewood

DATE: Mondays, July 7 & 14......263123 - M

TIME: 1:00 – 2:30 pm FEE: \$8.00 per person

AGE: 16 years – Adult

Archery for Adults

Be a part of the exciting world of archery by learning the essentials, including safety, equipment and technique. Our NASP certified instructor will get you hitting the bullseye in no time! Students will practice what they have learned on our outdoor range. This class is suitable for beginners and all equipment is provided. **Participants should wear sneakers and bug spray.**

LOCATION: Cedar Bridge Tavern Historic Site, 200 Old Half-Way Road, Barnegat

September 18......269123 – 9B

TIME: 1:00 - 3:00pm

FEE: \$10.00 per person AGE: Adult

Intro to Pickleball

Join in on the fastest-growing sport in the country. Pickleball is a sport that combines tennis, badminton, and ping pong. The game is played with a solid pickleball paddle and a plastic ball on a court about 1/3 the size of a tennis court. Learn how to play the game in this fun and exciting 4-day clinic. Pickleball is a fun and social sport you can learn quickly. All equipment will be supplied. Please wear sneakers and bring a drink. You must complete this class BEFORE taking the Pickleball Rally Class.

LOCATION: Pickleball Courts 1-3, Ocean County Park, Lakewood

DATE: Wednesdays, September 17 – October 8......263123 – 3N

TIME: 4:00 - 5:30 pm

LOCATION: Pickleball Courts 3 & 4, Jakes Branch County Park, Beachwood

DATE: Thursdays, August 14 – September 4.......263123 – 30

TIME: 5:00 – 6:30 pm

FEE: \$12.00 per person AGE: Adult



ACTIVE RECREATION

Traveling Pickleball

We are bringing Pickleball to a court near you! Have you been wanting to give this strange-sounding sport a try but didn't know where? This beginner's workshop will get you playing in no time. The parks department will be traveling to different locations to teach the game which is a combination of tennis, badminton, and ping pong. Come join in on the fun at one of the following locations. All equipment will be supplied. Please wear sneakers and bring a drink. Rain dates cannot be rescheduled and no credits issued.

*LOCATION: Tennis Courts, Ocean County Park, Lakewood

DATE: Monday through Thursday, July 7 - 10

TIME: 10:00 - 11:00 am.......263123 – 3P

*LOCATION: Pickleball Courts, Magee Ave & The Bay Front, Lavallette

DATE: Monday through Thursday, July 14 - 17

TIME: 9:30 – 10:30 am......263123 – 3Q

*LOCATION: Tennis Court, Wildwood Ave & E. Atlantic Ave, Ocean Gate

DATE: Monday through Thursday, July 21 - 24

TIME: 10:00 – 11:00 am.......263123 – 3R

*LOCATION: Pickleball Courts, Jakes Branch County Park, Beachwood

DATE: Monday through Thursday, July 28 – July 31

TIME: 9:30 – 10:30 pm......263123 – 3S

*LOCATION: Pickleball Courts 1-3, Stanley "Tip" Seaman County Park, Tuckerton

DATE: Monday through Thursday, August 4 - 7

TIME: 9:30 – 10:30 am......263123 – 3T

FEE: \$12.00 per person AGE: Adult

Pickleball Rally

This 3-day Pickleball Rally class is designed for newer players who have some experience playing pickleball but want to play more matches to practice their newly acquired skills. Players should have a basic understanding of the rules of pickleball before signing up for this class. Staff will be available to answer questions and go over positioning and strategy to help get you on your way. Equipment will be available if needed. Please wear sneakers and bring a drink. You must have taken the Intro to Pickleball BEFORE taking this class.

LOCATION: Pickleball Courts 2, 3, & 4, Ocean County Park, Lakewood

TIME: 9:00 - 10:30 am

LOCATION: Pickleball Courts 2, 3, & 4, Ocean County Park, Lakewood

DATE: Tuesdays, August 19 – September 2.......263123 – 3V

TIME: 5:00 – 6:30 pm

LOCATION: Pickleball Courts 3 & 4, Jakes Branch County Park, Beachwood

TIME: 5:00 - 6:30 pm

FEE: \$10.00 per person AGE: Adult



TEACHERS!...Borrow-A-Naturalist

Calling all Ocean County teachers. Sick of fluorescent lights? Tired of cutting through the red tape to run a field trip? Invite a naturalist to do a nature walk on your school's grounds. Most of Ocean County's schools are located in some of the richest and most unique natural areas in the county. The naturalist can also answer questions and provide program ideas. Perfect for all grade levels.

Contact Christopher Claus at (732) 506-5122

or

cclaus@co.ocean.nj.us

for more information or to set up an appointment.

CPR & Basic Life Support

Adult/Child/Infant CPR AED Certification

Did you know that four out of five cardiac arrests happen at home? If called on to administer CPR in an emergency, the life you save is likely to be that of a child, spouse, parent or friend. Prepare yourself!! Come and learn life-saving CPR and AED use, as well as how to relieve choking in adults, children and infants. This hands-on course is taught in a relaxed and comfortable environment by certified instructors and is designed for anyone with limited or no medical training. Upon completion, participants will receive a CPR AED Course Completion Card.

Please bring a check for \$55.00 payable to Ocean Side CPR.

TIME: 6:30 - 9:00 PM

FEE: \$5.00 per person registration fee AGE: 14 years – Adult

Basic Life Support (BLS) for the Healthcare Provider

Designed for the health care professional, this extensive hands-on course will prepare you to recognize and confidently respond to several life – threatening emergencies. Participants will actively engage in simulated clinical scenarios mastering CPR, use of an AED, and relieving choking in a safe, timely, and effective manner. Certified instructors will guide you through various learning stations to test ability and ensure proficiency in performing these life – saving skills. Upon the conclusion of skills testing, participants must also complete a written exam. Participants will receive a BLS for the Healthcare Provider Completion Card.

Please bring a check for \$85.00 payable to Ocean Side CPR.

LOCATION: Program Room, Parks Administration Office, Toms River

 DATE: Wednesday, July 9
 .261166 – 1D

 DATE: Wednesday, Aug 13
 .261166 – 1E

 DATE: Wednesday, September 10
 .261166 – 1F

TIME: 6:30 - 9:00 PM

FEE: \$5.00 per person registration fee AGE: 14 years - Adult

Recreation Program Policy and Information

- 1. Recreation personnel in charge of each program will have the final decision in all matters, especially where participant safety is concerned.
- 2. Due to the strenuous nature of some of our activities, recreation personnel reserve the right to deny a participant entry into a program. If the participant has already paid a fee, this fee will be reimbursed in accordance with our refund/credit policy.
- 3. Alcoholic beverages are strictly prohibited on all recreational programs.
- 4. All participants and their guardians must realize there may be some unavoidable hazards involved in all recreation programs. At the start of the program you will be asked to sign a Waiver of Liability Form, which is mandatory in order to attend the program and must be signed.
- 5. It is the participant's or guardian's responsibility to inform staff members of any medical problems that may inhibit your participation in a program. Please consult your doctor if you are not sure.
- 6. Please be advised that all return times are approximate. The actual times depends on the ability of the participants, prevailing weather, field conditions, and unforeseen circumstances.
- 7. All children under 18 years of age must be accompanied by an adult, except programs specifically designed for young children.
- 8. Age range for programs have been designated according to program content and will be strictly adhered to.
- 9. WARNING! Ticks may be present on all outdoor programs. To protect yourself from Lyme Disease, we recommend participants spray clothing with insect repellent which contains DEET, wear light color clothes, tuck pants into your boots or socks, always change clothes as soon as you return home and check yourself over closely for ticks. Deer ticks are present all year round.
- 10. WARNING! The rabies epidemic is present throughout the state. For your safety, please enjoy wildlife from a distance, report any wildlife behaving strangely to park staff.

REGISTRATION INFORMATION

Unless otherwise stated, all programs require registration along with payment in full at time of **registration**. Anyone attending a program or trip, without registering in advance, must pay by check or money order (cash is unacceptable). Participants will only be permitted upon availability. When a program/trip has been advertised in a previous newsletter we will accept enrollment prior to the registration date listed in this newsletter issue.

SPECIAL ASSISTANCE/ACCOMMODATIONS available upon request.

For program availability or a newsletter please call:

1-877-0CPARKS (627-2757) TOLL FREE REGISTRATION LOCATIONS:

TIME: 8:30a.m. • 3:30p.m. Monday-Friday
Jakes Branch County Park, Beachwood 732-281-2750
Parks & Recreation Administration Office, Toms River 732-506-9090
Wells Mills County Park, Waretown 609-971-3085
Visit our WEBSITE: www.oceancountyparks.org

PROGRAM REGISTRATION APPLICATION

When registering by mail or in person, you must complete and sign the entire **Program Registration Application.** For your convenience you can print our "**Program Registration Application**" right from our website or you may copy this application; however, an original signature must be on each application. Incomplete and unsigned applications will be returned unprocessed. Please return your completed Program Registration Application along with your payment to:

Ocean County Parks & Recreation Administrative Offices 1198 Bandon Road, Toms River, N.J. 08753-3138 MAKE CHECK PAYABLE TO "COUNTY OF OCEAN"

If you would like to register in person, please visit one of our three locations listed above. Mail ins are also accepted.

Refund and Cancellation Policy

Once a program has started, fees will not be refunded nor credit issued, regardless of the reason.

REFUND POLICY

- 1. When the **Department** reschedules or cancels a program costing \$15 or more per person, a full refund will be issued by means of **a properly completed and signed Program Registration Application.**
- 2. When the Customer cancels participation in a program costing \$15 or more per person, having given at least two weeks notice prior to the scheduled program start date, a full refund will be issued by means of a properly completed and signed Program Registration Application.
- 3. Vouchers or credits will only be issued to the **individual whose name appears** on the check and/or reservation.

CREDIT POLICY

- 1. When a program costing less than \$15 per person is cancelled or rescheduled by the **Department**, the customer will receive a credit which is valid up to one year from the original date of that program. The credit will be applied to the household that the class was registered to.
- When the Customer cancels participation in a program costing less than \$15
 per person, having given at least two weeks notice prior to the scheduled
 program start date, the customer will receive a credit which has no expiration
 date.
- 3. If a Customer cancels a program less than two weeks prior to the scheduled program start date, regardless of the cost per person, the customer **does not** receive a credit or a refund on that program.
- 4. Once a credit has been issued, it may not be **exchanged for a cash refund**This includes all credits applied to future registrations. NO EXCEPTIONS.

The Department of Parks & Recreation reserves the right to cancel or postpone any trip or program. NOTE: See application for Refund and Cancellation Policy.

REGISTRATION FORM

Each of the undersigned, with the intention of binding himself or herself and any other persons for whom his or her signature is requested as parent or legal guardian, and the heirs, executors, administrators, and assigns of the undersigned or said other persons, does hereby knowingly and voluntarily release and discharge the County of Ocean and its officers, employees and agents, from any and all claims, demands, actions, judgements, and executions which each of the undersigned or the persons for whom his or her signature has been requested ever had, or now has, or may have or claim to have out of participation or any activity conducted, sponsored or approved by the Ocean County Parks and Recreation Department or the County of Ocean whether occasioned by the negligence of the county, its officers, agents or employees, or otherwise.

This Release and Waiver is given in consideration of the efforts of the County of Ocean in making these activities available to undersigned of the person for whom his or her signature is requested as parent or legal guardian and allowing the undersigned or such person to participate in

these activities.

Each undersigned declares that prior to the execution of this Release he or she apprised him or herself of sufficient relevant data in order to intelligently exercise his or her own judgement in deciding whether to execute this Release and he or she further declares that this decision was not predicated on or influenced by any declarations or representations of the County of Ocean or its agent, officers or employees.

Each undersigned expressly agrees that the foregoing Release and Waiver is intended to be as broad as is permitted by the laws of the State of New Jersey and that if any portion thereof is held invalid, it is agreed that the balance shall notwithstanding, continue in full legal force and effect.

EACH UNDERSIGNED ACKOWLEDGES THAT HE/SHE HAS READ AND VOLUNTARILY SIGNS THIS RELEASE AND WAIVER OF ALL LIABILITY.

I need a reasonable modification for a disability to enjoy this activity Yes No

Upon completion of this application, please sign the Claimant's Certification & Declaration box below. In the event a program refund is necessary, for programs costing more than \$15.00 per person, this application will serve as a County Refund Voucher.

County of Ocean - Parks & Recreation Vendor Claimant's Certification & Declaration I do solemnly declare and certify under the penalties of the law that the within bill is correct in all its particulars; that no bonus has been given or received by any person or persons within the above claim; that the amount therein stated is justly due and owing.

It is understood and agreed that park visitors and participants in Ocean County Park System programs, activities, and events may have their names and pictures used, without fee, in broadcast, telecast, and print media accounts for promotional and publicity purposes.

	Participant's Signature	Today's Date
Event #:	Refund Amount	Refund Date//
Event #:	Refund Amount	Refund Date//

REGISTRATION FORM

CUSTOMER: please print the following information and return the entire signed and completed application to the address noted below.

OCEAN COUNTY PARKS & RECREATION

OCEAN COUNTY PARKS & RECREATION PROGRAM REGISTRATION APPLICATION

LAST		_FIRST
ADDRESS		-033230794 S
APT #/BUILDING		_TOWN
STATE	ZIP	_4 DIGIT EXT
HOME # ()		
WORK # ()		_EXT #
EMERGENCY # ()	CELL # ()
EMAIL ADDRESS		200
Total Amount Enclosed: \$	Check #	

Make check payable to "COUNTY OF OCEAN" and mail to: Ocean County Parks & Recreation, ADMINISTRATIVE OFFICE 1198 Bandon Road, Toms River, N.J. 08753-3138

MAIL IN REGISTRATION WILL BE ACCEPTED BEGINNING THURSDAY, JUNE 5 FOR PROGRAMS IN THIS ISSUE

PROGRAM #	TITLE	LOCATION	TIME / DATE
Last Name/First: Date of Birth:	FEE:		
Staff Use:			
PROGRAM #	TITLE	LOCATION	TIME / DATE
Last Name/First: Date of Birth:			FEE:
Staff Use:	Jes.	60	
PROGRAM #	TITLE	LOCATION	TIME / DATE
Last Name/First: Date of Birth:	FEE:		
Staff Use:			
PROGRAM #	TITLE	LOCATION	TIME / DATE
Last Name/First: Date of Birth:	FEE:		
Staff Use:			
PROGRAM #	TITLE	LOCATION	TIME / DATE
Last Name/First: Date of Birth:			FEE:
Staff Use:	A-1000000000000000000000000000000000000		
PROGRAM #	TITLE	LOCATION	TIME / DATE
Last Name/First: Date of Birth:	FEE:		
Staff Use:	2)		
PROGRAM #	TITLE	LOCATION	TIME / DATE
Last Name/First: Date of Birth:		9/2	FEE:
Staff Use:			

YOU MUST SIGN THE OPPOSITE SIDE OF THIS FORM

Save The Dates!Mark Your Calendars

SUMMER PICNIC PARTY June 26

John C. Bartlett Jr. County Park at Berkeley Island Berkeley Township

TOUCH A TRUCK June 27

Jakes Branch County Park Beachwood

BARNEGAT LIGHT CAMPFIRE June 28

Barnegat Lighthouse State Park Long Beach Island

OCEAN COUNTY FAIR July 9-13

Robert J. Miller County Park Berkeley Township

BEACH BALL BLAST July 24

Ocean County Park's Administration Bayfront Fields
Toms River

CRABBING CONTEST July 26

Mantoloking Bridge County Park Brick Township

GIANT FLEA MARKET September 24

Ocean County Park
Lakewood

OLD TIME BARNEGAT BAY DECOY & GUNNING SHOW

September 27-28
Tip Seaman County Park, Tuckerton

PINE BARRENS JAMBOREE October 11

Wells Mills County Park Waretown



"LIKE" us on Facebook Follow us on Instagram for DAILY UPDATES

& www.oceancountyparks.org
Trail Conditions, Weather Related Closings etc...



OCEAN COUNTY PARKS & RECREATION ADMINISTRATION OFFICE

1198 Bandon Road Toms River, New Jersey 08753-3138 (732) 506-9090 PRSPT STD U.S. POSTAGE PAID

PERMIT #544 LAKEWOOD, NJ 08701

Mail in Registration is Preferred
REGISTRATIONS WILL BE ACCEPTED BEGINNING
THURSDAY, JUNE 5th for PROGRAMS IN THIS ISSUE
Early Main-Ins Will Be Returned
Parks & Recreaction Administrative Office, Toms River 732-506-9090
www.oceancountyparks.org



Vistis our website: www.oceancountyparks.org for full information on all our parks, trail maps, rental forms, rules and regulations, etc. FOLLOW US ON SOCIAL MEDIA

