

## ALLIED PROGRAMS AND SERVICES

### Community Disaster Response Crisis Counseling

NJ Disaster Mental Health Helpline 877-294-4357  
Ocean County Department of Human Services 732-506-5374  
Psychiatric Emergency Screening Services 732-886-4474

### Substance Use Disorder Hotlines

Hope Sheds Light 855-850-4673  
MHA NJ Connect For Recovery 855-652-3737  
NJ Addiction Services Hotline—Rutgers UBHC 844-276-2777  
Reach NJ reachnj.gov/ 844-732-2465

### Substance Use Disorder Services

Bright Harbor Healthcare 732-575-1111  
Integrity House—Toms River 973-623-0600  
Iron Recovery and Wellness Center 609-394-8988  
Ocean County Health Department 732-341-9700  
Preferred Behavioral Health Group 732-367-4700  
Stress Care of New Jersey 732-679-4500

### Benefit and Entitlement Programs

Medicare and Medicaid ([www.cms.gov](http://www.cms.gov)) 800-633-4227  
NJ Family Care ([www.njfamilycare.org](http://www.njfamilycare.org)) 800-701-0710  
NJ Helps self screen for 28+ social services [www.NJHelps.org](http://www.NJHelps.org)  
Ocean County Board of Social Services 732-349-1500  
Social Security Administration ([www.ssa.gov](http://www.ssa.gov)) 800-772-1213  
Temporary Disability: For information and to submit a claim visit [myleavebenefits.nj.gov](http://myleavebenefits.nj.gov)  
US Department of Veteran's Affairs ([www.va.gov](http://www.va.gov)) 800-827-1000

### Health Care Services, Information & Education

CHEMED Health Center 732-364-6666  
[www.chemedhealth.org](http://www.chemedhealth.org) 1771 Madison Ave., Lakewood  
Ocean County Health Department\* 732-341-9700  
[www.ochd.org](http://www.ochd.org) 175 Sunset Ave., Toms River  
\*Email [info@ochd.org](mailto:info@ochd.org) for a Health Department Resource Guide  
Ocean Health Initiatives, Inc. 732-363-6655  
[www.ohinj.org](http://www.ohinj.org) Toms River | Stafford | Lakewood

### Emergency Housing/Homeless Services

Affordable Housing Alliance 732-389-2958  
Just Believe, Inc. 732-279-6157  
NJ Housing Resource Center 877-428-8844  
[www.nj.gov/njhrc](http://www.nj.gov/njhrc)  
Ocean County Board of Social Services 732-349-1500  
After Hours/Weekends, please call 2-1-1  
The Hope Center 732-341-4447

## ADDITIONAL MENTAL HEALTH PROGRAMS

(most programs require referral and certain eligibility)

### Partial Care Programs

Advanced Behavioral Care Services 732-961-9666  
Bright Harbor Healthcare 732-575-1111  
Center for Vocational Rehabilitation 732-544-1800  
Community Resource Center 732-255-9102  
New Future Dreams 732-886-7128  
Preferred Behavioral Health Group 732-367-4700  
Taylor Care 609-879-2233  
Stress Care of New Jersey 732-679-4500

### Residential Services

Bright Harbor Healthcare 732-575-1111  
Community Enterprises Corporation 732-637-5189  
NJ Supportive Housing Connection 844-216-6988  
Preferred Behavioral Health Group 732-367-4700  
Resources for Human Development 732-920-5000  
Triple C Housing 732-658-6636

### Programs of Assertive Community Treatment (PACT)

Bright Harbor Healthcare 732-575-1111

### Integrated Case Management Services (ICMS)

Preferred Behavioral Health Group 732-323-3664

### Supported Employment Training

Center for Vocational Rehabilitation 732-544-1800  
Community Resource Center 732-255-9102  
Ocean County Career Center 732-240-5995  
PathStone Corporation 732-849-3705  
Pathways to Success 848-480-0913  
Preferred Behavioral Health Group 732-367-5439

### Intensive Family Support Services (IFSS)

Bright Harbor Healthcare 732-575-1111

### Senior Services

Ocean County Senior Services 732-929-2091  
Preferred Behavioral Health Group 732-367-4700  
RWJBarnabas Behavioral Health Center 800-300-0628

### Justice Involved Services

Preferred Behavioral Health Group 732-323-3664  
Bright Harbor Healthcare - On Point Program 732-269-4849  
Psychiatric Emergency Screening Services 732-886-4474  
NJ Reentry Corporation 848-238-7000

There is hope.



If you or someone you know  
needs support now:  
Call or text 9-8-8  
or  
chat [988lifeline.org](http://988lifeline.org)

**988** SUICIDE & CRISIS  
**LIFELINE**

24/7 CALL, TEXT, CHAT

**OCEAN COUNTY  
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**OCEAN COUNTY  
DEPARTMENT OF HUMAN SERVICES  
MENTAL HEALTH (MH) UNIT**  
1005 HOOPER AVENUE  
TOMS RIVER, NJ 08754  
732-506-5374 | [OCEANDHS.ORG](http://OCEANDHS.ORG)

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**JANUARY 2026**

THIS DIRECTORY AIMS TO PROVIDE INFORMATION REGARDING  
COMMUNITY RESOURCES. RESOURCES LISTED ARE NOT EVALUATED  
NOR DO THE PROVISIONS OF INFORMATION ABOUT A RESOURCE  
CONSTITUTE ENDORSEMENT. OMISSION OF A RESOURCE DOES NOT  
SIGNIFY DISAPPROVAL.

# Ocean County Mental Health Resource Directory

2026 Edition



## Crisis Services

<b>Suicide &amp; Crisis Lifeline</b> <i>Call or text to connect with a trained counselor</i>	<b>9-8-8</b> <a href="http://www.988lifeline.org">www.988lifeline.org</a>
<b>Community Medical Center Crisis Center</b> <a href="http://www.rwjbh.org">www.rwjbh.org</a>	<b>732-557-8000</b> 99 Route 37 West, Toms River
<b>CONTACT of Monmouth &amp; Ocean Counties</b>	<b>732-240-6100</b>
<b>Ocean Medical Center Crisis Center</b> <a href="http://www.oceanmedicalcenter.com">www.oceanmedicalcenter.com</a>	<b>732-836-4664</b> 425 Jack Martin Blvd., Brick
<b>Psychiatric Emergency Screening Services</b> <a href="http://www.rwjbh.org">www.rwjbh.org</a>	<b>732-886-4474</b> 600 River Ave., Lakewood

<b>Southern Ocean Medical Crisis Center</b> <a href="http://www.southoceanmedicalcenter.com">www.southoceanmedicalcenter.com</a>	<b>609-978-8972</b> 1140 Rt. 72 West, Manahawkin
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<b>St. Francis Counseling - Sexual Assault Hotline</b> <a href="http://www.stfranciscenterbi.org">www.stfranciscenterbi.org</a>	<b>609-494-1090</b>
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## Early Intervention Support Services

<b>CREST</b> <a href="http://www.brightharbor.org">www.brightharbor.org</a>	<b>732-240-3760</b> Toms River   Manahawkin
<b>Legacy Treatment Services</b>	<b>848-221-3022</b> 2224 Whitesville Rd., Toms River

## Inpatient Services

<b>Carrier Clinic</b> <a href="http://www.carrierclinic.org">www.carrierclinic.org</a>	<b>800-933-3579</b> P.O. Box 147, Belle Mead
<b>Hampton Behavioral Health</b> <a href="http://www.hamptonhospital.com">www.hamptonhospital.com</a>	<b>800-603-6767</b> 650 Rancocas Rd., Westampton Twp.
<b>Jersey Shore University Medical Center</b> <a href="http://www.jerseyshoreuniversitymedicalcenter.com">www.jerseyshoreuniversitymedicalcenter.com</a>	<b>732-776-4369</b> 1945 Rt. 33, Neptune
<b>Northbrook Behavioral Health</b> <a href="http://www.northbrookbh.com">www.northbrookbh.com</a>	<b>856-374-6500</b> 425 Woodbury-Turnersville Rd., Blackwood
<b>Princeton House Behavioral Health</b> <a href="http://www.princetonhcs.org">www.princetonhcs.org</a>	<b>888-437-1610</b> 741 Mt. Lucas Rd., Princeton
<b>RWJBarnabas Behavioral Health Center</b> <a href="http://www.rwjbh.org">www.rwjbh.org</a>	<b>732-914-1688</b> 1691 US Hwy 9 Toms River

## Mental Health Hotlines

<b>Suicide &amp; Crisis Lifeline</b> <i>Call or text to connect with a trained counselor</i>	<b>9-8-8</b> <a href="http://www.988lifeline.org">www.988lifeline.org</a>
<b>2nd Floor Youth Helpline</b> <i>Call or text to connect with a trained counselor</i>	<b>888-222-2228</b> <a href="http://www.2ndfloor.org">www.2ndfloor.org</a>
<b>CONTACT of Monmouth &amp; Ocean Counties</b>	<b>732-240-6100</b>
<b>MHANJ Peer Recovery Warm Line</b>	<b>877-292-5588</b>
<b>NJ Cop2Cop</b>	<b>866-267-2267</b>
<b>NJ Mental Health Cares</b> <a href="http://njmentalhealthcares.org">njmentalhealthcares.org</a>	<b>866-202-4357</b>
<b>NJ Vet2Vet</b>	<b>866-838-7654</b>
<b>Perinatal Mood &amp; Anxiety Disorder</b>	<b>800-328-3838</b>
<b>RWJBarnabas Health Access Center</b>	<b>800-300-0628</b>

## Children's Behavioral Health Services

<b>PerformCare</b> <a href="http://www.performcarenj.org">www.performcarenj.org</a>	<b>877-652-7624</b> <i>For NJ youth, this line is the single point of access to a wide array of behavioral health, I/DD, and SUD services</i>
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<b>Bright Harbor Healthcare</b> <a href="http://www.brightharbor.org">www.brightharbor.org</a>	<b>732-575-1111</b> Bayville   Brick   Manahawkin   Toms River
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<b>Catholic Charities Family Growth Program</b>	<b>800-360-7711</b>
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<b>Lakewood Community Services Corp.</b> <a href="http://www.thelcsc.org">www.thelcsc.org</a>	<b>732-886-6964</b> Lakewood
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<b>Ocean Family Support Organization (FSO)</b> <a href="http://www.oceanfso.org">www.oceanfso.org</a>	<b>732-569-6334</b> 36 Washington St., Suite 2, Toms River
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<b>Ocean Partnership For Children</b> <a href="http://www.oceanpartnership.org">www.oceanpartnership.org</a>   <a href="http://www.oceanresourcenet.org">www.oceanresourcenet.org</a>	<b>732-202-1585</b> 36 Washington St., Suite 1, Toms River
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<b>Preferred Behavioral Health Group</b> <a href="http://www.preferredbehavioral.org">www.preferredbehavioral.org</a>	<b>732-367-4700</b>
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<b>St. Francis Counseling Service</b> <a href="http://www.stfranciscenterbi.org">www.stfranciscenterbi.org</a>	<b>609-494-1554</b> 4700 Long Beach Blvd., Long Beach
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<b>YMCA of Greater Monmouth</b>	<b>732-290-9040</b>
<b>Stress Care of New Jersey( Adolescent)</b>	<b>732-679-4500</b>

## Outpatient Counseling & Psychiatry Services

<b>Bright Harbor Healthcare</b> <a href="http://www.brightharbor.org">www.brightharbor.org</a>	<b>732-575-1111</b> Bayville   Brick   Manahawkin   Toms River
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<b>Lakewood Community Services Corp.</b> <a href="http://www.thelcsc.org">www.thelcsc.org</a>	<b>732-886-6964</b> Lakewood
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<b>Ocean Insight Center</b>	<b>732-930-1020</b> 1749 Hooper Ave., Suite 202, Toms River
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<b>Preferred Behavioral Health Group</b> <a href="http://www.preferredbehavioral.org">www.preferredbehavioral.org</a>	<b>732-367-4700</b> 700 Airport Rd., Lakewood
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<b>RWJBarnabas Health</b> <a href="http://www.rwjbh.org">www.rwjbh.org</a>	<b>800-300-0628</b> 1691 Rt. 9, Toms River
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<b>St. Francis Counseling Service</b> <a href="http://www.stfranciscenterbi.org">www.stfranciscenterbi.org</a>	<b>609-494-1554</b> 4700 Long Beach Blvd., Long Beach
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<b>Stress Care of New Jersey</b>	<b>732-679-4500</b>
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## Intensive Outpatient Treatment & Support Services (IOTSS)

<b>Preferred Behavioral Health Group</b> <a href="http://www.preferredbehavioral.org">www.preferredbehavioral.org</a>	<b>732-267-1510</b> 725 Airport Rd., Suite 7G, Lakewood
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<b>RWJBarnabas Behavioral Health Center</b>	<b>732-914-1688</b>
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## Co-Occurring Services (Mental Illness & Substance Abuse)

<b>Advanced Behavioral Care</b>	<b>732-961-9666</b> 501 Prospect St., Bldg. 1A Suite 8, Lakewood
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<b>Bright Harbor Healthcare</b> <a href="http://www.brightharbor.org">www.brightharbor.org</a>	<b>732-575-1111</b> 160 Rt. 9, Bayville
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<b>New Future Dreams, Co-Occurring Partial Care</b>	<b>732-886-7128</b> 127 7th St., Lakewood
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<b>Preferred Behavioral Health Group</b> <a href="http://www.preferredbehavioral.org">www.preferredbehavioral.org</a>	<b>732-367-4700</b> 700 Airport Rd., Lakewood
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*Looking for other services? Visit [www.oceandhs.org](http://www.oceandhs.org) for an online version of this and other resource guides.*

## Projects for Assistance in Transition from Homelessness (PATH)

<b>Bright Harbor Healthcare</b>	<b>732-575-1111</b>
<b>Preferred Behavioral Health Group</b>	<b>732-367-4700</b>

## Self Help Centers & Consumer-Led Programs

<b>Journey to Wellness Program</b>	<b>732-244-0940</b> 25 South Shore Dr., Toms River
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<b>National Coalition for Mental Health Recovery</b> <a href="http://www.ncmhr.org">www.ncmhr.org</a>	<b>202-642-4480</b>
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<b>New Jersey Self-Help Clearinghouse</b> <a href="http://www.njgroups.org">www.njgroups.org</a>	<b>800-367-6274</b>
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## Family Support /Advocacy Groups

<b>National Alliance on Mental Illness (NAMI)</b> <a href="http://www.namini.org">www.namini.org</a>	<b>732-244-4401</b> P.O. Box 1436, Toms River
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<b>Ocean Family Support Organization (FSO)</b> <a href="http://www.oceanfso.org">www.oceanfso.org</a>	<b>732-569-6334</b> 36 Washington St., Suite 2, Toms River
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## Advocacy Resources

<b>Community Health Law Project</b> <a href="http://www.chlp.org">www.chlp.org</a>	<b>732-380-1012</b> 250 Washington St., Suite 5, Toms River
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<b>Mental Health Association of NJ</b> <a href="http://www.mhanj.org">www.mhanj.org</a>	<b>973-571-4100</b> 673 Morris Ave., Suite 100, Springfield
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<b>South Jersey Legal Services</b> <a href="http://www.isnj.org/sjls">www.isnj.org/sjls</a>	<b>800-496-4570</b> 215 Main St., Toms River
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## Information & Referral Resources

<b>CONTACT of Ocean and Monmouth Counties</b> <a href="http://www.contactoceanmonmouth.org">www.contactoceanmonmouth.org</a>	<b>732-240-6105</b>
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NJ211.org, or dial 2-1-1 from a landline or mobile phone

<b>NJ Div. of Mental Health &amp; Addiction Services</b> <a href="https://www.state.nj.us/humanservices/dmhas/home/">https://www.state.nj.us/humanservices/dmhas/home/</a>	<b>800-382-6717</b>
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<b>New Jersey Self-Help Clearinghouse</b> <a href="http://www.njgroups.org">www.njgroups.org</a>	<b>800-367-6274</b>
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<b>Ocean Resource Net</b>	<a href="http://www.oceanresourcenet.org">www.oceanresourcenet.org</a>
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