

Office for Individuals with Disabilities Resource Guide

2024 - 2025 Edition



1027 Hooper Avenue, Building 2, 3rd Floor
Toms River, NJ 08754
Phone: 732.506.5374 • TTY: 732.506.5062 • Fax: 732.341.4539
www.oceandhs.org

Introduction.....Page 2

Frequently Asked Questions.....Page 4

County Resources.....Page 7

New County Resources.....Page 8

State Resources.....Page 11

Addiction Services & Counseling.....Page 14

Advocacy & Legal Services.....Page 15

Assistive Devices & Home Alterations.....Page 17

Child & Adolescent Resources.....Page 19

Disability Specific Resources.....Page 22

Domestic Violence Resources.....Page 30

Education.....Page 31

Employment Resources.....Page 32

Energy Assistance.....Page 33

Home, Respite & Adult Care.....Page 34

Medical, Dental & Pharmaceutical Services.....Page 36

Nutritional Resources.....Page 38

Recreation.....Page 39

Transportation.....Page 41

Volunteer Opportunities.....Page 42

Notes.....Page 44

Resource Guide Overview

This guide outlines programs and services that may be of interest to individuals living with a disability and is based on frequently requested resources...

This guide does not endorse or evaluate resources listed and is intended to provide information that will help individuals consider which resources best fit their needs. Resources listed do not constitute endorsement; nor does omission of a resource signify disapproval.

This guide highlights a small portion of the information that the Office for Individuals with Disabilities has available to the public.

If there are additional services that should be listed in this guide, or you require additional information, please contact the Office for Individuals with Disabilities at (732) 506-5374.



Scan the QR code to visit our website

Ocean County Office for Individuals with Disabilities

The Office works as an information, advocacy, and referral resource for the residents of Ocean County. Resource information, both public and private, is made available to empower our communities through access to available information and services.

All duties of the Office are aimed at improving the quality of life for all residents of Ocean County.

Ocean County Commission for Individuals with Disabilities

The Ocean County Commission for Individuals with Disabilities (CID) is an advisory board established in 1979 to address issues of inclusion and awareness in the community.

To learn more about the Commission for Individuals with Disabilities, please call the Ocean County Department of Human Services at (732) 506-5374, or email Courtney Scalzullo at cscalzullo@co.ocean.nj.us

Where can I go to find transportation?

Medical transportation services are available through the Ocean Ride Transportation Service, and the Ocean County Board of Social Services (**Medicaid Only**). Medical transportation services require advanced notice and each agency has different requirements. Volunteer transportation services are also available to eligible individuals through Caregivers of Central Jersey, while transportation for eligible individuals for employment purposes is available through the Disability Employment Transportation Service (DETS). New Jersey Transit offers transportation services in Ocean County with a Reduced Fair Program. Applications for the Reduced Fair Program can be accessed through New Jersey Transit Office of Special Services.

Who do I contact if I have a problem with discrimination?

The Americans with Disabilities Act Hotline can help with issues concerning public and private accessibility. The Fair Housing Act has an office that can assist in matters regarding housing discrimination. The Equal Employment Opportunity Commission provides information regarding discrimination in the workplace. Contact the ADA Hotline: 800-514-0301

Where can I find housing and other housing-related assistance?

The Ocean County Housing Resource Guide can be obtained through the Ocean County Department of Human Services, Office of Senior Services as well as the Board of Social Services. The Ocean County Board of Social Services offers rental assistance to those who are eligible, but note that rental assistance resources are limited. If an individual is in an extreme situation resulting in homelessness, the Ocean County Board of Social Services offers Special Response services to those who qualify.

What is Social Security Disability (SSD) and Supplemental Security Income (SSI)?

SSD can be received at any age if an individual has worked long enough and has a severe impairment that prevents or delays future employment or if a medical condition is terminal. SSI is for individuals 65 or older or disabled who are financially needy.

What is Medicare?

Hospital and medical insurance that helps pay for doctors' fees, outpatient hospital visits and other medical services and supplies to individuals who are 65 or older. Call 800-MEDICARE (800-633-4227). For TTY users, call 877-486-2048.

What is Medicaid?

Program that assists in payment of medical services for individuals with disabilities who meet income eligibility requirements. Call 800-356-1561 or the Ocean County Board of Social Services at (732) 349-1500.

What is the Personal Assistance Service Program (PASP)?

Provides attendant services to physically disabled individuals enabling them to be employed, prepare for employment, or live independently in the community. For more information, call the Ocean County Board of Social Services at (732) 349-1500.

What is workers compensation?

Benefits that are available if personal injury is caused to an employee by accident arising out of and in the course of their employment. For more information, call the New Jersey Department of Labor & Workforce Development at (609) 292-4605 or (609) 292-7060.

What is disability insurance?

Under the New Jersey Temporary Disability Benefits Law, benefits may be obtained when an individual cannot work because of sickness or injury not pertaining to work history. For more information, call the New Jersey Department of Labor & Workforce Development at (609) 292-4605 or (609) 292-7060.

What is unemployment compensation?

Provides temporary and partial wage replacement to involuntarily unemployed workers who were recently employed. For more information, call the New Jersey Department of Labor & Workforce Development at (609) 292-4605 or (609) 292-7060.

What is vocational rehabilitation?

Provides evaluation, vocational skills training, counseling, job placement, and post-employment services to individuals who are disabled and qualify for services. For more information, call the New Jersey Department of Labor & Workforce Development at (609) 292-4605 or (609) 292-7060.

County Resources

► The **Ocean County Board of Social Services** provides eligible county residents with financial, medical, and social services assistance. Assistance can be granted for emergency circumstances, as well as to meet ongoing needs.

Offices are located in **Toms River** (1027 Hooper Ave.); **Lakewood** (225 Fourth St.); and **Manahawkin** (333 Haywood Rd.). Not all offices are staffed for all programs.

You can contact the **Toms River office** at (732) 349-1500; the **Lakewood office** at (732) 370-8854; and the **Manahawkin office** at (609) 242-6100; or visit their **website** at www.co.ocean.nj.us/SocialServices

► The **Ocean County Department of Transportation Services** includes the 'Reserve-A-Ride' program, which is a door-to-door, non-emergency medical transportation service to seniors (age 60 and over) and persons with disabilities (age 18 and over). Pre-registration is NOT required. Call (732) 736-8989 when you need your appointment.

► The **Ocean County Health Department** provides high-quality public health services to the residents of Ocean County. Contact the Health Department at (732) 341-9700 or visit their website at www.ochd.org for more information.

► The **Ocean County Office of Senior Services** provides information and assistance regarding programs and services available through their aging network. Contact Senior Services at (732) 929-2091; visit the Toms River office (1027 Hooper Ave., Bldg. 2, 1st Floor); the Manahawkin office (179 S. Main St.); or visit their website at www.co.ocean.nj.us/OC/SeniorServices for more information.

► The **Ocean County Veterans Services Bureau** provides numerous services to veterans, widows, and families of veterans. The Bureau also facilitates transportation to V.A. medical centers, lends wheelchairs and walkers to disabled veterans and serves as a referral source for mental health, medical and social service agencies. Contact the Bureau at (732) 929-2096; visit the Toms River office (1027 Hooper Ave., Bldg. 2, 1st Floor); visit the Manahawkin office (179 S. Main St.); or visit their website at www.co.ocean.nj.us/oc/veterans.

New County Resources

The following programs are being provided through the American Rescue Plan Act.
*Note: All participants **must** reside in Ocean County **and** have been impacted by COVID-19*

Behavioral Health Programs

Bright Harbor Healthcare’s EMBRACE Program offers grief support groups where parents, children, adolescents, young adults, and families can openly share their experiences following a loss. For more information, call 732-349-3535 x707 or email embrace@brightharbor.org.

Lakewood Community Service Corporation serves low-income youth with complex needs, including difficult family situations, behavioral health, social, and academic issues, and more. Each youth receives one-on-one mentorship on a weekly basis, complementing existing clinical services. This holistic model of support, integrating mentorship with clinical interventions, will significantly enhance outcomes in academic performance, social skills, and emotional wellbeing. For more information, call 732-966-4994 or email office@thelcsc.org.

Ocean Partnership for Children’s Social Connections Program fosters wellness behaviors and promotes peer connections amongst youth and young adults with intellectual and developmental disabilities. For more information, call 732-202-1585.

Employment & Training Programs

Mental Health Association’s Opioid Affected Individuals Program provides work-related activities to residents with opioid use disorder such as, but not limited to, life/career skills, career counseling, on-the-job training, resume help, and technology training. For more information, call 732-244-0940.

New County Resources

Employment & Training Programs Cont’d

St. Francis Community Center’s Older Worker Upskill Program provides work-related activities to residents (age 55+) who have retired from one career or been laid off after a lengthy employment and need to seek sustainable employment. For more information, call 732-281-8653.

Girl Scouts of the Jersey Shore’s Troop 100% Program provides access to a wide variety of experiences, from STEM to theater to outdoor education, as well as to adults trained in mentorship relationships. For more information, call 800-785-2090.

NJ Rising Stars, Inc. provides training on youth development, communication skills, healthy boundaries, and goal setting. For more information, call 732-996-4994 or email ystern.itg@gmail.com.

Ocean County PIC’s Enhanced Employment Program assists individuals who do not meet the eligibility (income and work status) to receive assistance through grant funding who are seeking enhanced employment with soft and hard skills that will enable them to obtain and retain enhanced employment, provide on-the-job training which is a subsidized opportunity designed to assist jobseekers obtain training that leads to employment, provide subsidized training, and help individuals with their resume, interview skills and other barriers. For more information, call 732-240-5995.

Housing Programs

Affordable Housing Alliance (AHA) provides emergency shelter, transitional housing, rapid rehousing, prevention, case management, and benefits navigation services for residents who are homeless or at risk of homelessness. For more information, call 732-341-2272.

New County Resources

Housing Programs Cont'd

Community Health Law Project's Eviction, Foreclosure and Homelessness Prevention Legal Services Program provides comprehensive outreach, advocacy, and legal aid to individuals with disabilities and senior citizens facing housing instability. For more information, please call 732-349-6714 or email neptune@chlp.org.

Mental Health Association's The HOPE Project assists residents (age 18+) with non-clinical case management, budgeting, fiscal literacy, employment linkages and training, housing benefit navigation, group support, socialization, and transportation. For more information, call 732-244-0940 or email jgallagher@mhanj.org.

Family Promise of the Jersey Shore provides prevention and case management services for residents who are homeless or at risk of being homeless. For more information, call 609-994-3317.

Resource Navigation & Care Coordination Programs

Mental Health Association's Ocean Allies Resource Center is a program offering non-clinical care management for the aging and disability resource center (ADRC) that assists individuals with disabilities (age 18+) and senior citizens find resources and linkages. For more information, call 732-244-0940.

Mental Health Association's ROOTS Program offers guidance and support to individuals (age 18+) and their families residing that need assistance with any type of benefit navigation, as well as one-to-one case management, group support, and community outreach. For more information, call 732-244-0940 or email hrodriguez@mhanj.org.

New County Resources

Resource Navigation & Care Coordination Programs

Big Brothers Big Sisters provides mentees that are matched one-to-one with a mentor and share activities out in the community. For more information, call 732-544-2224.

CASA (Court Appointed Special Advocates) of Ocean County's Fostering Futures Program seeks to help youth develop life skills, connect to supportive adults, set goals, and learn to self-advocate. CASA mentors also advocate for vulnerable children in the foster care system. For more information, call 732-797-0590.

State Resources

- ▶ The **New Jersey Commission for the Blind & Visually Impaired (CBVI)** provides services in the areas of education, employment, independent living and eye health. These services are provided free of charge to residents of New Jersey. Contact the CBVI at (732) 308-4001; visit the Freehold Service Center (100 Daniels Way); or visit their website at www.state.nj.us/humanservices/cbvi.
- ▶ The **New Jersey Council on Developmental Disabilities (NJCDD)** identifies the most pressing needs of people with developmental disabilities such as housing, employment, transportation, services, and support systems. Contact NJCDD at (800) 792-8858 or (609) 292-3745; or visit their website at www.njcdd.org.
- ▶ The **NJ Department of Human Services** can be contacted at (609) 292-3717. Their website is www.state.nj.us/humanservices.
- ▶ The **New Jersey Division of Aging Services (DOAS)** addresses the needs and concerns of all older persons at the regional and local levels. Contact the DOAS at (800) 792-9745 or visit their website at www.state.nj.us/humanservices/doas.
- ▶ The **New Jersey Division of Disability Services (DDS)** represents the interests of New Jersey residents with disabilities in all areas of life, with a focus on enhancing access, equity and inclusion. Contact the DDS at (888) 285-3036 or via the TDD number at 609) 292-1210; or visit their website at <https://www.nj.gov/humanservices/dds/>.

State Resources

- ▶ The New Jersey Division of Vocational Rehabilitation Services (DVRS) enables eligible individuals with disabilities to achieve an employment outcome consistent with their strengths, priorities, needs, abilities, and capabilities. Contact the DVRS at (732) 505-2310 or via the TTY number at (866) 341-8531; visit the Toms River office (1415 Hooper Ave.); or visit their website at www.nj.gov/labor/career-services/special-services/individuals-with-disabilities.
- ▶ The Disability Information and Access Line (DIAL) helps people with disabilities get connected to information about local community resources such as transportation, housing support, disability rights, and more. Contact DIAL at (888) 677-1199.
- ▶ The New Jersey Division of Developmental Disabilities (DDD) assures the opportunity for individuals with developmental disabilities to receive quality services and supports. Contact the DDD at the state level at (800) 832-9173 or (609) 633-1482; or at the Ocean Monmouth Regional Office in Freehold (Juniper Plaza, Suite 1-J, 3499 Rte. 9 North) via phone at (732) 863-4500.
- ▶ The New Jersey Council on Developmental Disabilities (NJCDD) identifies the most pressing needs of people with developmental disabilities such as housing, employment, transportation, services, and support systems. Contact NJCDD at (800) 792-8858 or (609) 292-3745; or visit their website at www.njcdd.org.
- ▶ The NJ Division of the Deaf & Hard of Hearing (DDHH) provides education, advocacy and direct services that are available to the state’s general population. Contact the DDHH toll free at (800) 792-8339 or visit their website at www.state.nj.us/humanservices/ddhh.
- ▶ The New Jersey Division of Mental Health & Addiction Services (DMHAS) provides a full array of services, including substance use prevention and early intervention, outpatient and inpatient intensive mental health and addiction services, and more. Contact the DMHAS at (800) 382-6717 or visit their website at www.state.nj.us/humanservices/dmhs.

State Resources

- ▶ The New Jersey Division of Family Development (DFD) supervises four programs that support New Jersey families: Child Care Assistance Program, New Jersey Child Support Program, NJ SNAP food assistance program, and WorkFirst New Jersey temporary cash assistance program. Contact the DFD at (609) 588-2400 or visit their website at www.state.nj.us/humanservices/dfd to learn more about these programs.
- ▶ The New Jersey Division of Vocational Rehabilitation Services (DVRS) enables eligible individuals with disabilities to achieve an employment outcome consistent with their strengths, priorities, needs, abilities, and capabilities. Contact the DVRS at (732) 505-2310 or via the TTY number at (866) 341-8531; visit the Toms River office (1415 Hooper Ave.); or visit their website at www.nj.gov/labor/career-services/special-services/individuals-with-disabilities.
- ▶ The New Jersey Division of Child Protection & Permanency (DCPP) is responsible for investigating allegations of child abuse and neglect and, if necessary, arranging for the child’s protection and the family’s treatment. Contact the Child Abuse Hotline at (877) 652-2873.
- ▶ You can contact the DCPP Ocean North Regional Office in Toms River (1510 Hooper Ave., Suite 210) at (732) 255-8015; or the DCPP Ocean South Regional Office in Bayville (Baywick Plaza, 333 US 9) at (732) 908-5900; or visit their website at www.nj.gov/dcf.
- ▶ The Social Security Administration provides financial protection; administers retirement, disability, survivor, and family benefits; and enrolls individuals in Medicare.

You can contact the Brick office (2620 Yorktown Blvd.) at (800) 772-1213 or (732) 262-7920; the Toms River office (190 St. Catherines Blvd.) at (877) 255-1491; or visit their website at www.ssa.gov.
- ▶ The Medicare phone number is 800-MEDICARE. Their website is www.medicare.gov.
- ▶ The Medicaid phone number is (800) 701-0710 and the TTY number is (800) 701-0720. Their website is www.nj.gov/humanservices/dmahs/clients/medicaid.

- ▶ **AGAPE Counseling Services** offers an array of drug and alcohol treatment services.
815 US 9, Lanoka Harbor, NJ 08734 • (609) 242-0086 • www.agapenj.org
- ▶ **Barnabas Behavioral Health (Adults Only)**
1691 Rte. 9, Toms River, NJ 08754 • (732) 914-1688 or (800) 300-0628
- ▶ **Bayshore Medical Center** is a general medical and surgical hospital.
727 North Beers St., Holmdel, NJ 07733 • (732) 739-5900
- ▶ **Bright Harbor Healthcare** provides counseling and mental health services, addiction and detox services, health, wellness, and primary care services.
160 Rte. 9, Bayville, NJ 08721 • (732) 349-5550 • www.brightharbor.org
- ▶ **Healy Counseling Associates** provides group, individual and family therapy sessions for people struggling with addiction.
(732) 797-0400 • www.healycounseling.com
- ▶ The **Narcotics Anonymous** hotline is 1-800-662-4357 • **TTY number:** 1-800-487-4889.
- ▶ **New Hope Integrated Behavioral Healthcare** is dedicated to the treatment of adults and adolescents affected with alcohol, drug and gambling addiction.
2 Monmouth Ave #2, Freehold, NJ 07728 • (732) 308-0113 • www.newhopeibhc.org
- ▶ **Ocean Medical Services, Inc.** provides outpatient methadone treatment.
2001 Rte. 37 East, Toms River, NJ 08753 • (732) 288-9322 • www.oceanmed.net
- ▶ **Preferred Behavioral Health** provides individualized services focused on mental health, addiction recovery, and overall wellness for all ages.
700 Airport Rd., Lakewood, NJ 08701 • (732) 367-4700 • www.preferredbehavioral.org
- ▶ **Iron Recovery & Wellness Center** provides substance use disorder and behavioral health treatment services.
(609) 394-8988 • www.ironwellness.org

- ▶ The **ADA Hotline** is (800) 514-0301 • **TTY number:** (833) 610-1264
- ▶ **Alliance for the Betterment of Citizens with Disabilities (ABCD)** works to improve the lives of people with complex physical and neurological developmental disabilities.
127 Rte. 206, Suite 218, Trenton, NJ 08625 • (609) 581-8375 • www.abcdnj.org
- ▶ **Association for Special Children & Families** is a community organization for families of children with disabilities.
PO Box 494, Hewitt, NJ 07421-0494 • (973) 728-8744 • www.ascfamily.org
- ▶ **Community Health Law Project** provides legal and advocacy services, training, education, and related activities to persons with disabilities and chronic health conditions.
250 Washington St., Suite 5, Toms River, NJ 08754 • (732) 349-6714 • www.chlp.org
- ▶ **Disability Rights NJ (DRNJ)** is a legal advocacy agency that fights for the rights of people with disabilities in New Jersey.
210 S Broad St., Floor 3, Trenton, NJ 08608 • (609) 292-9742 • www.disabilityrightsnj.org
- ▶ The **Equal Employment Opportunity Commission** investigates discrimination in the workplace.
(800) 669-4000 • **TTY:** (800) 669-6820 • www.eeoc.gov
- ▶ **Fair Housing Accessibility FIRST** offers comprehensive, detailed instruction programs, useful online web resources, and a toll-free information line for technical guidance.
(888) 341-7781 • www.fairhousingfirst.org
Call (800) 496-4294 if you think your rights to fair housing have been violated.
- ▶ **Legal Services of New Jersey** coordinates the statewide Legal Services system, which provides free legal assistance to low-income New Jerseyans for their civil legal problems.
PO Box 1357, Edison, NJ 08818 • (888) 576-5529 or (732) 572-9100 • www.lsnj.org

- ▶ **MOCEANS Center for Independent Living** serves all people with any disability, their families and allies in Monmouth and Ocean counties.
Main Office: 565 Broadway, Long Branch, NJ 07740 • (732) 571-4884 or (732) 571-4878
Toms River Office: 1027 Hooper Ave., Toms River, NJ 08754 • (732) 505-2310
- ▶ **New Jersey Division on Civil Rights** is a state agency charged with enforcing New Jersey’s civil rights laws.
1691 Rte. 9, Toms River, NJ 08754 • (732) 914-1688 or (800) 300-0628
- ▶ **New Jersey Self-Advocacy Project** is a program through the Arc of New Jersey that challenges individuals with disabilities to become involved in legislative policies and more.
985 Livingston Ave., North Brunswick, NJ 08902 • (732) 246-2525 x22 • www.arcnj.org
- ▶ **Ocean County Bar Association** is an attorney referral service.
100 Hooper Ave., PO Box 381 • (732) 240-3666 • www.oceancountybar.org
- ▶ **Ocean County Surrogate’s Office** includes probating of wills and guardianships.
118 Washington St., Toms River, NJ 08754 • (732) 929-2011
<https://co.ocean.nj.us/OC/surrogate/>
- ▶ **Ocean County Fair Housing Office** investigates initial allegations of housing discrimination.
(732) 929-2054
- ▶ **South Jersey Legal Services** provides legal representation and advocacy to low-income individuals.
215 Main St., Toms River, NJ 08753 • 1-800-496-4570 or (732) 608-7794
- ▶ **Public Defender’s Office** is located at 236 Main St., Toms River, NJ 08753 and can be reached at (732) 286-6400.

- ▶ **Abby Lifts, Inc.** specializes in helping individuals gain full access to all floors in their homes by providing stair lifts, wheelchair lifts and ramps.
1591 Rte. 37 West, Unit G2, Toms River, NJ 08755 • (732) 240-0446 • www.abbylifts.com
- ▶ **Adaptive Home Therapy, Inc.** provides in-home physical therapy, occupational therapy and speech therapy.
3 Plaza Dr., Suite 12, Toms River, NJ 08757 • (732) 886-6996 • adaptivehometherapy.com
- ▶ **AmRamp Inc.** provides innovative accessibility products.
(732) 446-1951 • www.amramp.com/accessibility-solutions
- ▶ **Community Surgical Supply** offers a full range of home care equipment.
163 Rte. 36 West, Toms River, NJ 08755 • (732) 349-2990 • www.communitysurgical.com
- ▶ **Connect America - Personal Emergency Response System (PERS)** can be reached at (800) 815-5809. Their website is www.connectamerica.com.
- ▶ **Disability Rights New Jersey Back in Action Assistive Technology Advocacy Center** can be reached at (800) 922-7233 or (609) 292-9742. Their website is www.drnj.org
- ▶ **Disability Rights NJ (DRNJ)** is a legal advocacy agency that fights for the rights of people with disabilities in New Jersey.
210 S Broad St., Floor 3, Trenton, NJ 08608 • (609) 292-9742 • www.disabilityrightsnj.org
- ▶ **EZ Way, Inc.** offers safe patient handling, showering, and bathing solutions.
(800) 627-8940 • www.ezlifts.com
- ▶ **Family Resource Associates - TechConnection** offers programs and services to adults with disabilities.
35 Haddon Ave., Shrewsbury, NJ 07702 • (732) 747-5310 • www.frainc.org
- ▶ **Green Cross Surgical** is a surgical supply store located at 1692 NJ-88, Brick, NJ 08723 and can be reached at (732) 477-3222.
- ▶ **The Goodwill Store in Brick** is located at 451 Brick Blvd., Brick, NJ 08723 and can be reached at (732) 477-1059.

- ▶ **Habitat for Humanity** offers home repair services to low-to-moderate income homeowners. www.nohfh.com and www.hfh soc.org
Northern Ocean County: 1214 Rte. 37, Toms River, NJ 08753 • (732) 818-9500 x103
Southern Ocean County: 668 Rte. 9, West Creek, NJ 08092 • (609) 978-9984
- ▶ **Homes for All, Inc.** provides affordable housing and support services for low and moderate income families.
680 Hooper Ave., Toms River, NJ 08753 • (732) 286-7929 • www.homesforallnj.org
- ▶ **Mobility Counseling & Contracting Co.** provides wheelchair ramps, stairlifts and bathroom modifications.
958 Adelphia Rd., Freehold, NJ 07728 • (732) 677-3278 • www.mobilityconstruction.com
- ▶ **Mobility Elevator and Lift Co.** provides elevators and lifts that are affordable and can be customized to fit specific needs.
4 York Ave., West Caldwell, NJ 07006 • (973) 618-9545 • www.mobilityelevator.com
- ▶ **Mobility Works** maintains inventory of wheelchair accessible vehicles.
5105 Rte. 33, Wall Township, NJ 07727 • (732) 751-4524 • www.mobilityworks.com
- ▶ **NJ State Library Talking Book & Braille Center** is located at 2300 Stuyvesant Ave., Trenton, NJ 08618 and can be reached at (800) 792-8333 • www.njstatelib.org
- ▶ **Ocean Home Health** is a medical supply store located at 1000 Airport Rd., Lakewood, NJ 08701 and can be reached at (800) 523-1300 or (732) 961-1301.
- ▶ **O.C.E.A.N. Inc.** provides comprehensive services to low to moderate income residents.
40 Washington St., Toms River, NJ 08753 • (732) 244-5333 • www.oceaninc.org
- ▶ **Rands Surgical** is a surgical supply store located at 1825C Hooper Ave., Toms River, NJ 08753 and can be reached at (732) 255-3211
- ▶ **SOS Group, Inc.** provides home accessibility solutions.
1829 N. Black Horse Pike, Williamstown, NJ 08094 • (856) 740-4000 • www.sosgroup.info

- ▶ **2nd Floor NJ Youth Helpline** is an accessible, confidential and anonymous helpline for all NJ youth and young adults ages 10-24, available 24 hours a day.
(888) 222-2228 • www.2ndfloor.org
- ▶ **Association for Special Children & Families** provides trainings, workshops and support groups.
PO Box 494. Hewitt, NJ 07421 • (973) 728-8744 • www.ascfamily.org
- ▶ **Catastrophic Illness in Children Relief** provides assistance for families whose children have experienced an illness or condition not otherwise covered by insurance.
(800) 355-3863 • www.njcatastrophicfund.org
- ▶ **Chemed Health Center** is a federally qualified health center and provides medical and dental care for low income individuals and families.
1771 Madison Ave., Lakewood, NJ • (732) 364-6666 • www.chemedhealth.org
- ▶ **Children’s Center of Monmouth County** is located at 1115 Greengrove Rd., Neptune, NJ 07753 and their website is www.ccprograms.com
- ▶ **Children’s Home Society of NJ** offers program and resource information for children’s special needs including day care and respite care.
1433 Hooper Ave., Ste. 340 North Wing, Toms River, NJ 08753 • (732) 557-9633
www.chsofnj.org
- ▶ **Children’s Progress Unlimited** offers educational services for preschoolers with autism.
1 Bethany Rd., Hazlet, NJ 07730 • (732) 785-1085
- ▶ **Children’s Specialized Hospital** is located at 94 Stevens Rd., Toms River, NJ 08755 and can be reached at (732) 914-1100 Ext. 3746 • www.childrens-specialized.org
- ▶ **FACES (Families for Autistic Children & Education Support Groups)**
PO Box 2341, Ventnor, NJ 08406 • (609) 380-4251 • www.faces-autismsupport.org
- ▶ **Family Resource Associates** provides home-based early intervention for infants, therapeutic recreation programs, assistive technology, and family and sibling support.
210 Newman Springs Rd., Red Bank, NJ 07701 • (732) 747-5310 • www.frainc.org

- ▶ **New Horizons in Autism** is located at 671 Batchelor St., Toms River, NJ 08753 and can be reached at (732) 341-1661 • www.nhautism.org
- ▶ **New Jersey Family Care** provides healthcare for low-income uninsured children. (800) 701-0710 • www.njfamilycare.org
- ▶ **Ocean County Family Support Organization** provides peer-to-peer support, education, and advocacy to parents and caregivers of children. 36 Washington St., Toms River, NJ 08754 • (732) 569-6334 • www.oceanfso.org
- ▶ **Ocean County Superintendent of Schools** is located at 212 Washington St., Toms River, NJ 08753 and can be reached at (732) 929-2079
- ▶ **Ocean County Women, Infant & Children** is a supplemental nutritional program for pregnant women, infants and children. 175 Sunset Ave., Toms River, NJ 08755 • (732) 341-9700 • www.ochd.org
- ▶ **Ocean’s Harbor House** provides a continuum of care for children, youth and young adults between the ages of 10 through 21 who have suffered abuse, neglect and/or homelessness. (732) 929-0660 • www.oceansharborhouse.org
- ▶ **Ocean Health Initiatives** is located at the following addresses:
Toms River: 10 Stockton Dr. • **Lakewood:** 101 Second St. • **Lakewood:** 686 Rte. 70
Manahawkin: 333 Haywood Rd. • (732) 363-6655 • www.ohinj.org
- ▶ **Ocean Partnership for Children** offers assistance to youth and their families through natural and community supports. 36 Washington St., Toms River, NJ 08754 • (732) 202-1585 • www.oceanpartnership.org
- ▶ **POAC Autism Services** offers peer support, trainings and direct services. 1989 Rte. 88, Brick, NJ 08724 • (732) 785-1099 • www.poac.net
- ▶ **Parents of Blind Children - New Jersey** offers peer supports. 23 Alexander Ave., Madison, NJ 07940 • (973) 377-0976 • www.blindchildren.org

- ▶ **Planned Lifetime Assistance Network of New Jersey (PLAN)**
PO Box 547, Loeser Ave., Somerville, NJ 08876 • (908) 575-8300 • www.plannj.org
- ▶ **Special Child Health & Early Intervention Services** offers program and resource information for children with special health care needs through the Ocean County Health Department. 175 Sunset Ave., PO Box 2191, Toms River, NJ 08754 • (800) 342-9738 Ext. 7602 or (732) 241-9700 Ext. 7602 • www.ochd.org
- ▶ **State Department of Education - Special Education** implements and monitors state and federal laws. (877) 900-6960 or (609) 376-3500 • www.nj.gov/education
- ▶ **Statewide Parent Advocacy Network (SPAN)** is located at 35 Halsey St., Floor 4 Newark, NJ and can be reached at (973) 642-8100 • www.spanadvocacy.org
- ▶ **The Family Resource Network** is located at 50 Millstone Rd., Bldg. #300, Ste. 201 East Windsor, NJ 08520 and can be reached at (800) 372-6510
www.familyresourcenetwork.org
- ▶ **Ocean Resource Net** is an online directory of Ocean County’s many valuable resources. www.oceanresourcenet.org
- ▶ **Very Special Arts of New Jersey** is an art program and provides resource for individuals with disabilities. 703 Jersey Ave., New Brunswick, NJ 08901 • (732) 745-3885
www.middlesexresourcenet.org/search/vsa-nj-the-state-organization-on-arts-and-disability

Blind/Visually Impaired

- ▶ **Association for the Multiple Impaired Blind**
35 Beaverson Blvd., Bldg. 13, Brick, NJ 08723 • (732) 262-0082 • www.amib.net
- ▶ **Eye Openers of Brick & Pt. Pleasant**
349 Shawnee Dr., Brick, NJ 08723 • (732) 892-5117
- ▶ **National Federation of the Blind**
(410) 659-9314 • www.nfb.org
- ▶ **NJ Blind Citizens Association**
18 Burlington Ave., Leonardo, NJ 07737 • (732) 291-0870 • www.njbca.org
- ▶ **NJ Commission for the Blind & Visually Impaired**
100 Daniels Way, Freehold, NJ 07728 • (732) 308-4001
- ▶ **NJ Council of the Blind**
242 Clay St., Trenton, NJ 08611 • (609) • 375-6682
www.njcounciloftheblind.org
- ▶ **The New Jersey State Library Talking Book & Braille Center**
2300 Stuyvesant Ave., Trenton, NJ 08618 • (800) 792-8322
www.njstatelib.org/talking-book-braille-center
- ▶ **The Pines of Whiting**
509 Route 530, Whiting, NJ 08759 • (732) 849-0400
- ▶ **The Seeing Eye**
PO Box 375, Morristown, NJ 07963 • (973) 539-4425 • www.seeingeye.org
- ▶ **Vision Loss Alliance of New Jersey**
155 Morris Ave., Suite 2, Denville, NJ 07834 • (973) 627-0055 • www.vlanj.org

Deaf/Hard of Hearing

- ▶ **American Sign Language Interpreter**
21 Clyde Rd., Ste. 103, PO Box 1161, Somerset, NJ 08873 • (800) 275-7551 • www.aslirs.com
- ▶ **Association of Late-Deafened Adults (ALDA) Garden State**
www.alda.org
- ▶ **AT&T Accessible Communications**
Long Distance Service Center: (800) 355-9547
Customer Care Center: (800) 288-2747 • TTY: (800) 855-2880
www.att.com/relay/nj
- ▶ **HearUSA**
1228 Rte. 37 West, Toms River, NJ 08755 • (732) 504-2309 • www.hearusa.com
- ▶ **Hearing Loss Association of America**
(301) 657-2248 • www.hearingloss-nj.org
- ▶ **International Hearing Society Hearing Aid Helpline**
(800) 521-5247
- ▶ **National Association of the Deaf (NAD)**
8630 Fenton St., Ste. 280, Silver Spring, Maryland 20910
(301) 587-1788 • TTY: (301) 810-3182 • www.nad.org
- ▶ **NJ Registry of Interpreters for the Deaf (RID)**
PO Box 213, Eatontown, NJ 07724 • www.nj-rid.org
- ▶ **NJ Speech-Language-Hearing Association**
174 Nassau St., Princeton, NJ 08542 • (888) 906 5742 • www.njsha.org
- ▶ **Starkey Hearing Foundation**
Hearing Aid Recycling: (866) 354-3254
Hear Now Program Resources: (800) 328-8602

Developmental Disabilities

- ▶ **Arc of Ocean County**
815 Cedar Bridge Ave., Lakewood, NJ 08701 • (732) 363-3335 or (609) 597-4999
www.arcocean.org
- ▶ **Community Options**
202 North Main St., Forked River, NJ 08731 • (609) 693-1700 • www.comop.org
- ▶ **Jersey Shore Down Syndrome Association**
159 Queen Ann Rd., Brick, NJ 08723 • (732) 255-5737 • jsdsa.org
- ▶ **LADACIN Network**
1100 Airport Rd., Lakewood, NJ 08701 • (732) 905-7200 • www.ladacin.org
- ▶ **NJ Council on Developmental Disabilities**
PO Box 700, Trenton, NJ 08625 • (609) 292-3745 or (800) 792-8858 • www.njcdd.org
- ▶ **The Down Syndrome Association of Central New Jersey (DSACNJ)**
(609) 535-3696 or (609) 883-0321 • www.dsacnj.org
- ▶ **Twenty-One Plus, Inc.**
1900 Rte. 70, Ste. 12, Whiting, NJ 08759 • (732) 240-3118 • www.21plus.org
- ▶ **UMDNJ Elizabeth M. Boggs Center on Developmental Disabilities**
335 George St., Floor 3, Ste. 3500, New Brunswick, NJ 08903
(732) 235-9300 • www.rjms.umdnh.edu/boggscenter

Mental/Behavioral Health

- ▶ **Barnabas Behavioral Health Center**
1691 Route 9, Toms River, NJ 08754 • (732) 914-1688 • www.rwjbh.org
- ▶ **Brighter Days Self-Help Center**
268 Bennets Mill Road, Jackson, NJ • 08527 (732) 534-9960 • www.cspnj.org
- ▶ **Bright Harbor Healthcare**
687 Atlantic City Blvd., Bayville, NJ 08721 • (732) 575-1111 • www.brightharbor.org
- ▶ **GenPsych**
940 Cedar Bridge Ave., Brick, NJ 08723 • (855) 436-7792 • genpsych.com
- ▶ **Mental Heath Association in New Jersey**
25 South Shore Dr., Toms River, NJ 08753 and 691 Mill Creek Rd., Manahawkin, NJ 08030
(732) 244-0940
- ▶ **National Alliance on Mental Illness (NAMI)**
PO Box 1436, Toms River, NJ 08754 • (732) 244-4401 • www.nami.org
- ▶ **Preferred Behavioral Health Group**
700 Airport Rd., Lakewood, NJ 08701 • (732) 367-4700 • www.preferredbehavioral.org
- ▶ **Psychiatric Emergency Screening Services (PESS)**
600 River Ave., Lakewood, NJ 08701 • (732) 886-4474
- ▶ **St. Francis Counseling Services**
4700 Long Beach Blvd., Brant Beach, NJ 08008 • (609) 494-1554 • www.stfrancislbj.org
- ▶ **The Center at Advanced Behavioral Care Services, LLC**
501 Prospect St., Bldg. 1A, Lakewood, NJ 08701 • (732) 961-9666
www.advancedbehavioral.com

Organizations by Alphabetical Order

- ▶ **Advanced Opportunities**
31005 Whitehead Road Extension, Ste. 1, Ewing NJ 08638
(609) 882-4182 • TTY: (609) 882-0260 • www.advopps.org
- ▶ **ALS Association**
(215) 643-5434 • www.webpa.alsa.org
- ▶ **Alzheimer's Association - Greater New Jersey Chapter**
(800) 272-3900 or (973) 437-7391 • www.alznj.org/nj
- ▶ **American Autoimmune Related Diseases**
(586) 776-3900 • www.autoimmune.org
- ▶ **American Diabetes Association - New Jersey Chapter**
1160 Rte. 22 East, Ste. 103, Bridgewater, NJ 08807 • (732) 469-7979 • www.diabetes.org
- ▶ **American Heart Association**
1 Union St., Ste. 301, Robbinsville, NJ 08691 • (609) 208-0020 • www.heart.org
- ▶ **American Lung Association - New Jersey Chapter**
1-800-LUNG-USA • www.lung.org
- ▶ **Arthritis Foundation**
555 Rte. 1 South, Ste. 320, Iselin, NJ 08830 • (800) 283-7800 • www.arthritis.org
- ▶ **Asperger Syndrome Education Network - Ocean County Chapter**
PO Box 109, Oceanport, NJ 07757 • (732) 321-0880 • www.aspennj.org
- ▶ **Attention Deficit Disorder Association**
(800) 939-1019 • www.add.org
- ▶ **Autism New Jersey, Inc.**
500 Horizon Dr., Robbinsville Twp., NJ 08691 • (609) 588-8200 • www.autismnj.org

- ▶ **Bancroft Neuro Rehab**
Toms River Office: 1433 Hooper Ave., Ste. 131 • **Brick Office:** 1200 Rte. 70 West
(844) 234-2387
- ▶ **Brain Injury Alliance of NJ**
825 Georges Rd., Floor 2, North Brunswick, NJ 08902 • (732) 745-0200 • www.bianj.org
- ▶ **Central Jersey Spinal Cord Association**
PO Box 74, New Brunswick, NJ 08903 • (732) 828-5418 • www.greatnonprofits.org
- ▶ **Children & Adults with Attention-Deficit Hyperactivity Disorder (CHADD)**
1-800-233-4050 • www.chadd.org
- ▶ **Christopher and Dana Reeve Foundation**
636 Morris Turnpike, Ste. 3A, Short Hills, NJ 07078 • (800) 225-0292
- ▶ **Community Access Unlimited**
80 West Grand, Elizabeth, NJ 07202 • (908) 354-3040 • www.caunj.org
- ▶ **Crohn's & Colitis Foundation of America**
766 Shrewsbury Ave., Tinton Falls, NJ 07724 • (732) 786-9960 • (800) 932-2423
- ▶ **Cystic Fibrosis Foundation - New Jersey Chapter**
111 Littleton Rd., Ste. 221, Parsippany, NJ 07054 • (973) 656-9200 • www.cff.org
- ▶ **Epilepsy Foundation of NJ**
1 AAA Dr., Ste. 203, Trenton, NJ 08691 • (609) 392-4900 • www.efnj.com
- ▶ **Families for Autistic Children Education & Support Groups (FACES)**
2900 Fire Rd., Egg Harbor Twp., NJ 08234 • (609) 380-4251
- ▶ **Food Addicts Anonymous - New Jersey Helpline**
(772) 878-9657 • www.faacanhelp.org
- ▶ **HearUSA, Hearing Center**
1228 Rte. 37 West, Ste. 5, Toms River, NJ 08755 • (732) 504-2309

- ▶ **Huntington’s Disease Society of America - New Jersey Chapter**
PO Box 268, Ridgewood, NJ 07457 • (212) 242-1968 • www.hdsanj.org
- ▶ **Hyacinth AIDS Foundation**
317 George St., Ste. 203, New Brunswick, NJ 08901 • (732) 246-0204
- ▶ **Learning Disabilities Association of America - New Jersey Chapter**
614 Cranbury Rd., Unit 2628, East Brunswick, NJ 08816 • (732) 645-2738
- ▶ **Little People of America**
65 E Northfield Rd., Livingston, NJ 07039 • (973) 379-3226
- ▶ **Multiple Sclerosis Association of America - National Headquarters**
375 Kings Hwy N, Cherry Hill, NJ 08034 • (800) 532-7667 • mymsaa.org
- ▶ **Muscular Dystrophy Association**
25 East Spring Valley Ave. #210, Maywood, NJ 07607 • (210) 843-4452 • www.mda.org
- ▶ **National Multiple Sclerosis Society - NJ Metro Chapter**
1480 US Hwy 9N #301, Woodbridge Twp., NJ 07905 • (800) 344-4867
- ▶ **Neuromuscular & ALS Center**
125 Paterson St., Ste. 6100, New Brunswick, NJ 08901 • (732) 235-7733
- ▶ **New Jersey Coalition on Women & Disabilities - Ocean County Chapter**
1471 Toms River Rd., Jackson, NJ 08527 • (732) 678-5226
- ▶ **NJ American Parkinson’s Disease Association - New Jersey Chapter**
1 Robert Wood Johnson Pl., New Brunswick, NJ 08901 • (732) 745-7520
- ▶ **NJ Center for Tourette Syndrome**
50 Division St., Ste. 205, Somerville, NJ 08776 • (908) 575-7350 • www.njcts.org
- ▶ **NJ Chronic Fatigue Syndrome Association**
PO Box 477, Florham Park, NJ 07932 • www.njcfsa.org

- ▶ **NJ Institute for Disabilities**
Toms River Office: 951 Old Freehold Rd. • (732) 914-1447
Barnegat Office: 311 S. Main St. • (609) 698-1118
- ▶ **NJ Self-Help Group Clearing House**
674 Morris Ave. #100, Springfield Twp., NJ 07081 • (800) 367-6274 • www.njgroups.org
- ▶ **NJ Stroke Activity Center, Inc**
725 Joralemon St., Ste. 191, Belleville, NJ 07109 • (873) 450-4114
- ▶ **POAC Autism Services**
1989 Rte. 88, Brick, NJ 08724 • (732) 785-1099 • www.poac.net
- ▶ **Scleroderma Foundation**
385 Kings Hwy N, Cherry Hill, NJ 08034 • (856) 779-7225 • www.scleroderma.org
- ▶ **Sickle Cell Disease Association of America**
(215) 471-8686 • www.sicklecelldisorder.com
- ▶ **Spina Bifida Resource Network**
84 Park Ave., Ste. 6-106, Flemington, NJ 08822 • (908) 782-7475 • www.thesbrn.org
- ▶ **The International Dyslexia Association - New Jersey Branch**
PO Box 32, Long Valley, NJ 07853 • www.interdys.org
- ▶ **United Spinal Association**
(718) 803-3782 • www.unitedspinal.org

- ▶ **180 Turning Lives Around**
1 Bethany Rd., Bldg. 3, Ste. 42, Hazlet, NJ 07730 • (732) 264-4111 or (888) 843-9262
Sexual Assault Line: (999) 264-RAPE • www.180nj.org
- ▶ **Adult Protective Services**
1027 Hooper Ave., Toms River, NJ 08754 • (732) 349-1500
- ▶ **Alternatives to Domestic Violence**
1 Bergen County Plaza, Floor 2, Hackensack, NJ 07601 • (201) 336-6000
- ▶ **Coalition Against Rape & Abuse, Inc**
PO Box 774, Cape May Courthouse, NJ 08210 • (609) 522-6489 • www.cara-cmc.org
- ▶ **Domestic Violence Hotline**
1530 Brunswick Ave., Lawrenceville, NJ 08648 • (609) 394-0136 • **Hotline:** (800) 799-7233
- ▶ **Domestic Violence Unit of the Family Court**
Ocean County Justice Complex, 120 Hooper Ave., Toms River, NJ 08753 • (732) 504-0700
- ▶ **Dottie’s House**
(732) 262-2009 • www.dottieshouse.org
- ▶ **Ocean’s Harbor House**
2445 Windsor Ave., Toms River, NJ 08753 • (732) 929-0660
- ▶ **Providence House of Catholic Charities**
88 Schoolhouse Road, Whiting, NJ 08759 • (732) 350-2120
- ▶ **Resource Center of Somerset**
427 Homestead Rd., Hillsborough, NJ 08844 • (908) 359-0003 • **Hotline:** (866) 685-1122
- ▶ **St. Francis Counseling Services**
4700 Long Beach Blvd., Long Beach Twp., NJ 08808 • (609) 494-1554
Hotline: (609) 494-1090 • www.stfrancislbj.org/counseling-service

- ▶ **Alpha School**
2210 West County Line Rd., Ste. 1, Jackson, NJ 08527 • (732) 370-1150
www.alphaschool.com
- ▶ **Department of Children & Families Regional School - Ocean Campus**
1141 Old Freehold Rd., Toms River, NJ 08753 • (732) 505-4180
- ▶ **Head Start Programs**
(732) 244-5333 Ext. 927
- ▶ **Minding Miracles Learning Center**
1 Woodchuck Dr., Aberdeen, NJ 07747 • www.mmlcfamily.com
- ▶ **New Road School of Ocean County**
810 Towbin Ave., Lakewood, NJ 08701 • (732) 886-6888 • www.newroadschool.com
- ▶ **Ocean County CIACC Education Partnership**
1027 Hooper Ave., Bldg. 2, Floor 3, Toms River, NJ 08754 • (732) 506-5374
- ▶ **Ocean County Superintendent of Schools**
(732) 929-2079 • www.co.ocean.nj.us/oc/ocschools
- ▶ **Regional Day School at Jackson**
890 Toms River Rd., Jackson, NJ 08527 • (732) 928-1500 • www.manchestertwp.org/rds
- ▶ **State Department of Education**
PO Box 500, Trenton, NJ 08625 • (609) 376-3500 • www.nj.gov/education
- ▶ **St. Francis Educational Support Services - GED & ESL**
4700 Long Branch Blvd., Long Beach Twp., NJ 08008 • (609) 494-8861 Ext. 185
- ▶ **Toms River Regional School District - Special Ed Parent Teacher Association (PTA)**
(732) 505-5500 • www.trschools.com
- ▶ **JFK Johnson Rehabilitation Institute - Vocational Rehabilitation Programs**
425 Jack Martin Blvd., Brick, NJ 08724 • (732) 321-7050 • www.jfkhealthsystem.org

- ▶ **NJ Department of Labor & Workforce Development** offers information on worker protections, career services, labor market information, disability insurance, family leave insurance, maternity leave, unemployment insurance, social security disability, and more. PO Box 387, Trenton, NJ 08625 • (609) 292-7060 • www.nj.gov/labor
- ▶ **NJ Division of Vocational Rehabilitation Services (DVRS)**
1415 Hooper Ave., Toms River, NJ 08754 • (732) 505-2310 • TTY: (732) 505-2319
- ▶ **NJ WINS (Social Security Work Incentives & Planning Program)**
(732) 503-5959 • 1-866-968-7842 • www.njwins.org
- ▶ **Ocean County Business Resource Center**
1433 Hooper Ave., Toms River, NJ 08753 • (732) 736-7221
- ▶ **Ocean County One Stop Career Center**
1433 Hooper Ave., Ste. 214, Toms River, NJ 08753 • www.careeronestop.org
- ▶ **Plan to Achieve Self-Support (PASS)** is a Social Security Administration work incentive program for individuals seeking to start a business.
(800) 772-1213 • TTY: (800) 325-0778 • www.ssa.gov
- ▶ **SEARCH Adult Activities**
79 Wickapeeko Dr., Ocean, NJ 07712 • (732) 531-4106
- ▶ **Ticket to Work Incentives**
(866) 968-7842 • www.yourtickettowork.com
- ▶ **Waters & Sims** offers assistance in developing work skills and finding employment.
1800 Rte. 9, Unit 7, Toms River, NJ 08755 • (848) 480-2109 • www.watersandsims.com

- ▶ **Home, Heat & Hope - Emergency Services Catholic Charities**
200 Monmouth Ave., PO Box 364, Lakewood, NJ 08701 • (732) 363-5322
www.catholiccharitiestrenton.org
- ▶ **Jersey Central Power & Light (JCP&L) Customer Service Center**
25 Adafre Ave., Toms River, NJ 08753 • (800) 662-3115 • www.firstenergycorp.com
- ▶ **NJ Division of Community Resources** assists elderly disabled, low-income individuals in weatherizing home, improving heating system efficiency and conserving energy.
101 South Broad St., Trenton, NJ 08625 • (609) 633-6286 • www.energyassistance.gov
- ▶ **NJ Lifeline - Department of Health & Senior Services**
PO Box 715, Trenton, NJ 08625 • (800) 792-9745
- ▶ **NJ Weatherization & Home Energy Assistance Program** offers heating and cooling assistance to eligible residents.
(800) 510-3102
- ▶ **O.C.E.A.N., Inc.** offers weatherization and home energy assistance.
22 Hyers St., Toms River, NJ 08753 • (732) 244-9041 • www.oceaninc.org
- ▶ **Ocean County Board of Social Services**
1027 Hooper Ave., Toms River, NJ 08754 • (732) 349-1500
- ▶ **St. Francis Center - Human Concerns** offers support to low-income families through help with utilities payments.
4700 Long Beach Blvd., Brant Beach, NJ 08008 • (609) 494-8861
www.stfranciscenterlbi.org
- ▶ **Verizon Center for Customers with Disabilities** helps consumers who have hearing, visual, cognitive or physical disabilities.
PO Box 848, Marlboro, MA 01752 • (800) 974-6006 • TTY: (508) 251-5301

- ▶ **Assisting Hands Home Care** provides non-medical services that assist with activities of daily living.
1500 Meetinghouse Rd., Ste. 2, Sea Girt, NJ 08750 • (732) 272-0222
www.assistinghands.com
- ▶ **Ambassador Medical Day Care** provides adult day care, transportation, meals, full-time nursing staff, and activities.
619 River Ave., Lakewood, NJ 08701 • (732) 367-1133
- ▶ **Bayada Nurses** provides medical attention, ongoing support, and rehabilitative care.
888-4-BAYADA / (888) 253-6187 • **Toms River Office:** (732) 818-9898 • www.bayada.com
- ▶ **Caregiver Volunteers of Central Jersey (Adults 60+)**
201 Hooper Ave., Floor 1, Toms River, NJ 08755 • (732) 505-2273
www.caregivervolunteers.org
- ▶ **Care Street Home Care** offers home care services, live-in caregivers, and hourly caregivers.
54 East Water St., Toms River, NJ 08753 • (732) 771-2273 • www.carestreetnj.com
- ▶ **Cavalier Senior Care** provides in home care, and transportation.
365 North Main St., Barnegat, NJ 08805 • (609) 607-8300 or (888) 832-2228
- ▶ **Comfort Keepers** provides assisted living services in home and non-medical in home care
600 Mule Rd., #6, Toms River, NJ 08757 • (732) 355-3856 • www.comfortkeepers.com
- ▶ **Community Medical Center Home Health Program**
(800) 338-3131 or (732) 818-6800
- ▶ **Family Support Center of New Jersey** provides information on national, state and local family support programs, services and disabilities.
2516 Rte. 35 North, Manasquan, NJ 08736 • (732) 528-8080 • www.fscnj.org
- ▶ **First Choice Home Care** provides assistance with bathing, dressing, walking assistance, medication reminders and more.
108 Indian Head Rd., Toms River, NJ 08753 • (732) 240-9333

- ▶ **Gentle Care Home Services, Inc.** provides home healthcare and behavioral services.
1180 Stelton Rd., Piscataway, NJ 08854 • (732) 777-0021 • www.gchshome.com
- ▶ **Griswold Special Care** provides personal care, hospice, and more.
610 Main St., Toms River, NJ 08753 • (732) 914-4660 • www.griswoldspecialcare.com
- ▶ **Home Care for You, Inc.** provides home care and community support services.
933 Lacey Rd., Forked River, NJ 08731 • (609) 971-9009 • <https://homecare.family>
- ▶ **Home Helpers** provides home healthcare for seniors with disabilities, illness or recovering from injury or surgery.
1800 Lanes Mill Rd., Brick, NJ 08724 • (732) 202-0411 • www.homehelpershomecare.com
- ▶ **Home Sweet Home Care, Inc.**
1072 Madison Ave., Lakewood, NJ 08701 • (732) 886-2273 • www.qualityhshc.com
- ▶ **LADACIN Network, Inc.** offers continuum of care services.
1703 Kneeley Blvd., Ocean Township, NJ 07712 • (732) 493-5900 • www.ladacin.org
- ▶ **Ocean County Board of Social Services**
1027 Hooper Ave., Toms River, NJ 08754 • (732) 349-1500
- ▶ **Ocean County Health Department**
175 Sunset Ave., PO Box 2191, Toms River, NJ 08754 • (732) 341-9700 • www.ochd.org
- ▶ **Personal Assistance Services Program (PASP)**
1027 Hooper Ave., Toms River, NJ 08754 • (732) 505-3779
www.nj.gov/humanservices/dds/projects/pasp
- ▶ **Visiting Home Care Services of Ocean County**
PO Box 2010, Toms River, NJ 08754 • (732) 244-5565

- ▶ **AIDS Community Care Alternatives**
1027 Hooper Ave., Toms River, NJ 08754 • (732) 349-1500
- ▶ **American Cancer Society**
2310 Rte. 34, Ste. 1D, Manasquan, NJ 08736 • (732) 292-4241 • www.cancer.org
- ▶ **American Diabetes Association**
Center Pointe II, Ste. 103, 1160 Rte. 22 East, Bridgewater, NJ 08807 • (732) 469-7979
www.diabetes.org
- ▶ **American Heart Association**
1 Union St., Ste. 301, Robbinsville, NJ 08691 • (609) 208-0020 • www.heart.org
- ▶ **American Lung Association**
1031 Rte. 22 West, Ste. 203, Bridgewater, NJ 08807 • (908) 685-8040 • www.lung.org
- ▶ **American Red Cross - Jersey Coast Chapter**
201 Hooper Ave., Toms River, NJ 09753 • (732) 349-2131
- ▶ **CHEMED Health Center**
1771 Madison Ave., Lakewood, NJ 08701 • (732) 364-6666 • www.chemedhealth.org
- ▶ **Coastal Volunteers in Medicine** is a non-emergency family clinic for those without medical insurance.
730 Lacey Rd., #206, Forked River, NJ 08731 • (609) 384-0102 • www.coastalvim.org
- ▶ **Dental Database by Matheny Institute**
PO Box 39, Peapack, NJ 07977 • (908) 234-0011 Ext. 716 • www.matheny.org
- ▶ **Dental Lifeline Network** provides dental services for individuals over 65 years of age, and/or permanently disabled.
PO Box 2117, Edison, NJ 08818 • (303) 534-5360
- ▶ **Hyacinth AIDS Foundation** helps people living with HIV.
317 George St., Ste. 203, New Brunswick, NJ 08901 • (732) 246-0204 • www.hyacinth.org

- ▶ **NJ AIDS/STD Hotline** offers referrals to testing, prevention and treatment services.
(800) 624-2377
- ▶ **NJ Chronic Fatigue Syndrome Association, Inc.**
PO Box 477, Florham Park, NJ 07932 • www.njcfsa.org
- ▶ **NJ Medicaid Program**
(800) 356-1561
- ▶ **NJ Medicare Program**
800-MEDICARE • www.medicare.gov
- ▶ **Ocean County Health Department**
175 Sunset Ave., PO Box 2191, Toms River, NJ 08754 • (732) 341-9700 • www.ochd.org
- ▶ **Ocean Health Initiatives** offers primary healthcare regardless of ability to pay.
(732) 363-6655 • www.ohinj.org
- ▶ **Partnership for Prescription Assistance**
(888) 477-2669 • www.pparx.org
- ▶ **Pharmaceutical Assistance to the Aged & Disabled (PAAD)** helps eligible older adults and individuals with disabilities save money on prescription drug costs.
(800) 792-9745
- ▶ **Rutgers School of Dental Medicine** is a dental school providing a dental clinic for public care.
110 Bergen St., PO Box 1709, Newark, NJ 07103 • (973) 972-4242 • www.sdm.rutgers.edu
- ▶ **Rx Outreach** offers affordable medications.
(888) 796-1234 • www.rxoutreach.org
- ▶ **Sickle Cell Disease Association of America** offers services for individuals, families, and communities affected by sickle cell disease and related conditions.
5300 Wynnefield Ave., Philadelphia, PA 19131 • (215) 471-8686

- ▶ **Hope Center**
253 Chestnut St., Toms River, NJ 08753 • (732) 341-4447
- ▶ **Mom’s Meals** offers private pay home-delivered meals, preselected menu or customized available, and over 45 diabetic-friendly dishes.
(877) 508-6667
- ▶ **NJ Anti-Hunger Coalition** provides food to struggling families
192 Wests Demarest Ave., Englewood, NJ 07631 • (201) 569-1804
- ▶ **Ocean County Board of Social Services**
1027 Hooper Ave., Toms River, NJ 08754 • (732) 349-1500
- ▶ **Ocean County Women, Infant and Children (WIC)** is a supplemental nutritional program for pregnant women, infants and children.
175 Sunset Ave., PO Box 2191, Toms River, NJ 08754 • (732) 341-9700 Ext. 7520
- ▶ **The Salvation Army** assists with food, shelter, clothing, and financial assistance.
(732) 270-8393 • www.salvationarmyusa.org
- ▶ **Fulfill**
3300 Rte. 66, Neptune, NJ 07753 • (732) 918-2600
- ▶ **People’s Pantry**
1769 Hooper Ave., Toms River, NJ 08753 • (732) 731-1417 • www.fulfillnj.org
- ▶ **The B.E.A.T. Center (Fulfill, JBJ Soul Kitchen, and People’s Pantry)**
1769 Hooper Ave., Toms River, NJ 08753 • (732) 731-1400 • www.thebeatcenter.org

- ▶ **ARC of Ocean County** offers programs and services for individuals with disabilities.
815 Cedarbridge Ave., Lakewood, NJ 08701 • (732) 363-3335 • www.arcocean.org
- ▶ **Camp Discovery** is a summer camp for children with developmental disabilities.
1810 Warren Point Rd., Toms River, NJ 08753 • (732) 341-1000 Ext. 8418
- ▶ **Chariot Riders, Inc.** is a therapeutic riding academy.
3170 Chariot Court, Manchester, NJ 08759 • (732) 657-2710 • www.chariotriders.org
- ▶ **Children’s Specialized Hospital - Camp Chatterbox** is a therapy camp for children ages 5-16 who use augmentative and alternative communication devices.
150 New Providence Rd., Mountainside, NJ 07092 • (908) 333-3720
- ▶ **Handicapped High Riders Club** is a horseback riding program for those with physical and cognitive challenges.
145 Rte. 526, Allentown, NJ 08501 • (609) 259-3884 • www.ridinghighfarm.org
- ▶ **LBI Beach Wheelchair Reservations**
(609) 361-1200 • www.lbtbp.com/programs/beach-wheels
- ▶ **Lightning Wheels at Children’s Specialized Hospital** offers wheelchair sports.
150 New Providence Rd., Mountainside, NJ 07902 • (888) 244-5373 Ext. 5424
- ▶ **Meadowedge Social Club** is available for people ages 14 and up with special needs.
550 East Bay Ave., Barnegat, NJ 08005 • (609) 698-0080 Ext. 122 • www.barnegat.net
- ▶ **NJ Department of Community Affairs Division of Housing & Community Resources, Office of Recreation**
PO Box 806, 101 South Broad St., Trenton, NJ 08625 • (609) 633-6286
www.nj.gov/dca/divisions/dhcr/rec
- ▶ **Ocean County Parks & Recreation**
1198 Brandon Rd., Toms River, NJ 08753 • (732) 506-9090 • www.oceancountyparks.org

- ▶ **RWJBarnabas Health Field of Dreams**
1511 North Bay Ave., Toms River, NJ 08753
Register online to become a member at <https://rwjbhfieldofdreams.com>
- ▶ **Special Olympics**
1234 12th Ave., Toms River, NJ 08757 • (732) 367-1533 • www.sonj.org
- ▶ **Team Randy, Inc.** provides services for handicapped and under-privileged children.
213 Rte. 37 East, Toms River, NJ 08753 • (732) 914-9500
- ▶ **The Guided Tour, Inc.** provides travel for persons with developmental and physical challenges
7900 Old York Rd., Ste. 111-B, Elkins Park, PA 19027-2310 • (215) 782-1370
www.guidedtour.com
- ▶ **Toms River East Little Challenger Baseball** is a little league baseball team for physically and mentally disabled children.
www.tomsrivereast.com/site
- ▶ **United States Association of Blind Athletes (USABA)** provides athletic opportunities nationwide for people who are blind and visually impaired.
1 Olympic Plaza, Colorado Springs, CO 80909 • (719) 866-3224 • www.usaba.org
- ▶ **YMCA**
1088 West Whitty Rd., Toms River, NJ 08755 • (732) 341-9622 • www.ocymca.org
- ▶ **Very Special Arts of New Jersey**
703 Jersey Ave., New Brunswick, NJ 08901 • (732) 745-3885
www.middlesexresourcenet.org/search.vsa-nj-the-state-organization-on-arts-and-disability

- ▶ **Access Link**
1 Penn Plaza East, Floor 7, Newark, NJ 07105 • (800) 955-2321 • TTY: (800) 955-6765
- ▶ **Caregiver Volunteers of Central Jersey** offers medical transportation, grocery shopping, Alzheimer's respite care, pet therapy and more.
Plaza 2, Riverwood, 67 NJ-37, Toms River, NJ 08755 • (732) 505-2273
www.caregiversvolunteers.org
- ▶ **Community Services, Inc. of Ocean County**
225 4th St., Lakewood, NJ 08701 • (609) 978-6869 • www.csimow.org
- ▶ **Dial A Ride of Stafford Township** offers shopping assistance and transportation.
(609) 597-1400
- ▶ **Interfaith Health & Support Services of Southern Ocean County, Inc** offers strictly medical transportation on a limited basis.
1140 Rte. 72 West, Manahawkin, NJ 08050 • (609) 978-3839 • www.interfaithsoc.com
- ▶ **NJ Transit Office of Special Services** provides commuter services through bus route and rail lines in New Jersey
One Penn Plaza East, Newark, NJ 07105 • (973) 275-5555 • www.njtransit.com
- ▶ **Ocean County Board of Social Services**
1027 Hooper Ave., Toms River, NJ 08754 • (732) 349-1500
- ▶ **Ocean Ride**
2820 Ridgeway Blvd., Manchester, NJ 08765 • (732) 736-8989
www.co.ocean.nj.us/OC/Transportation
- ▶ **Reduced Fare Program - NJ Transit** offers special rates for senior citizens ages 62 or older and people with disabilities.
(973) 378-6401 • TTY: (800) 772-2287 • Lift Equipped Buses: (973) 275-5555
www.njtransit.com

- ▶ **CERT - Ocean County Office of Emergency Management (OEM)**
RJ Miller Airpark, Rte. 530, Bayville, NJ 08721 • (732) 341-3451 • www.citizenscorp.gov
- ▶ **Community Medical Center Volunteer**
99 Rte. 37 West, Toms River, NJ 08755 • (732) 557-8129
- ▶ **Easter Seal Society of New Jersey, Inc.**
25 Kennedy Blvd., Ste. 600, East Brunswick, NJ (732) 257-6662 • www.eastersealsnj.org
- ▶ **Interfaith Health and Support Services of Southern Ocean County, Inc.**
(609) 978-3839
- ▶ **Medical Reserve Corps - Ocean County Health Department**
175 Sunset Ave., Toms River, NJ 08754 • (732) 341-9700 • www.medicalreservecorps.gov
- ▶ **NJ Disaster Response Crisis Counselor Program**
www.njdrcc.org
- ▶ **Ocean County Library Homebound Program** is a mobile delivery and home borrowers service.
101 Washington St., Toms River, NJ 08753 • (732) 349-6200 Ext. 5330
www.theoceancountylibrary.org
- ▶ **Providence House**
PO Box 414, Whiting, NJ 08759 • (732) 350-2120 • www.catholiccharitiestrenton.org
- ▶ **Red Cross**
(732) 493-9100 • www.redcross.org
- ▶ **Retired & Senior Volunteer Program (RSVP)** matches individuals 55 and older to volunteer positions in non-profit agencies and organizations.
(609) 894-9311 Ext. 1583

- ▶ **Southern Ocean Medical Center**
(609) 597-6011 Ext. 2040
- ▶ **St. Dominic Parish (Brick Residents ONLY)**
250 Old Squan Rd., Brick, NJ 08724 • (732) 840-1410
- ▶ **United Way of Ocean County** offers help for people and families to be financially secure.
253 Chestnut St., Toms River, NJ 08753 • (732) 938-5988 • www.uwocnj.org

Jamie Busch, PhD, Director
Rose Marie Bulbach, Assistant Director

Courtney Scalzullo, Coordinator
Terri Battaglio, Support Staff



Robert S. Arace
Jennifer Bacchione
Virginia E. Haines, Liaison
John P. Kelly
Frank Sadeghi

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