



Back Safe, Together!

RWJBarnabasHealth Institute for Prevention and Recovery's Hope and Healing Program offers 4 meetings a week for seniors!

While transitioning back to our lives, we still need connection and support. Our groups offer a place to engage with others, make new friends and learn new things! **No registration necessary!** Come join us **any** or **all** days!

SENIORS – 4 Meetings a week, every day a different topic!

Tuesdays at 3pm

<https://zoom.us/j/97426759376?pwd=emh4NVBxQkhORDk2VGhybDh1aHVYUT09>

1 (929) 205-6099 Meeting ID: 974 2675 9376 Passcode: 275889

Wednesdays at 10am

<https://zoom.us/j/92508417386?pwd=RUFbZmhrUms0R08zOFgwbjZtTUZBdz09>

1 (929) 205-6099 Meeting ID: 925 0841 7386 Passcode: 871829

Thursdays at 10am

<https://zoom.us/j/93629625609?pwd=NWhUQTAYZzhla0dpb0YwZPhiUnZxdz09>

1 (929) 205-6099 Meeting ID: 936 2962 5609 Passcode: 202710

Fridays at 3pm

<https://zoom.us/j/95709779459?pwd=bG1Fd3JGa3U1RDBSWjJFQzBwc2E1dz09>

1 (929) 205-6099 Meeting ID: 957 0977 9459 Passcode: 542469

rwjbh.org/hopeandhealing

**Institute for
Prevention
and Recovery**

**RWJBarnabas
HEALTH**

This program is brought to you through the New Jersey Hope and Healing Crisis Counseling Program (CCP). The CCP is provided by RWJBarnabas Health Institute for Prevention and Recovery in collaboration with the New Jersey Department of Human Services' Division of Mental Health and Addiction Services and is funded through a FEMA/SAMHSA grant.

